



Dedicated to the Preservation of the Carolina Shag and Beach Music

May 2004

Keep on Shaggin'

Vol. XI, No. 5

Shag Rag

from your Editor *KEPINT*

President's Message *by Cathy Metcalf*

Although the Washington area traffic tried to hinder our April workshops and dance, a good time was had by all. Jac White (formerly Crowder) and Erin Olson challenged us in their workshops and delighted us with fast feet in their exhibition dance. Thanks to Dallas Campbell and Joan McKinney for hosting them in their home for the weekend and allowing our guests a place to teach private lessons.

I hope that all who went to SOS at North Myrtle Beach had a spectacular time. I'd love to hear what the first-timers thought of the event. I was very happy to see many of our new members attending their first SOS and participating in our SOS Free Pour parties. For those of you who remained in town, I'm sure you noticed that our Club must have been well represented at North Myrtle—our crowd at Nostalgia's will always be slim during that week. Perhaps, in the fall you will want to be there too since this 10-day event does happen twice each year. Start making your plans for September.

Don't forget to add our Margarita Party on June 5th to your calendars. The Washington area Ski Club will join us and be preparing margaritas and pina coladas. (Yum!) There will be a beginner shag lesson taught just prior to the dance, so start inviting your friends.

Consider a trip to Virginia Beach for the Beach Music Weekend on May 19-23. Many live beach bands will be playing. There will also be a Competitive Shaggers Association (CSA) contest where several of our members and juniors will be competing. Good luck to all.

On Memorial Day weekend, many of our members will be Atlanta-bound for the USA Grand Nationals. This event is put on by Charlie Womble and Jackie McGee and offers the very best of all types of swing dancing. The competition is unbelievable and there are plenty of opportunities for social dancing. Check out www.usagrandnationals.com. Plan to be there to support our Club's competitors.

Many thanks to Ann West and Larry Boyer for their recent donation to our Club. They taught a Shag class through Catholic University and donated their proceeds to the Club. Thanks for sharing our dance and for your generosity to the Club.

Have you noticed that we typically have a large class near the entrance to Nostalgia's? These are our newest Shaggers. Please ask them to dance, buy them a drink, introduce yourself, talk to them about our Club events and help them to feel at home with us. Don't you remember what it was like on your first night?

We all come out on Wednesday nights to dance, dance, dance—try asking someone new to dance each week that you have never danced with before. And, yes, ladies—you can ask the men to dance too.

"The Classic", our weekend-long shag party, is coming. Tickets are limited so don't delay. Registration forms should be available very soon. Put these dates on your calendar—**July 23-25**.

ATTENTION: ALL NVSC MEMBERS

General Membership meeting will be held Wednesday, May 12th, at Nostalgia's immediately following the dance lessons. We want your input!

SHAG-A-THON FOR HOSPICE

By Vaughn Royal

Please turn in your pledge money to Marcia Conway or me by Wednesday, May 5th. You can mail your pledge money to NVSC, P.O. Box 5522, McLean, VA 22103, but do not mail cash. The Shag-a-Thon is over in terms of the dancing, but it is not over as far as fundraising is concerned. Try to collect the money which has been pledged, and remember that even though the dancing part is over, you can still make or accept donations, as we try to approach our fundraising goal of \$20,000. The money is needed by Hospice and will be put to good use.

CONGRATULATIONS!

NVSC members Donna Harrington and Keith Abernathy were MARRIED March 20th. The newly weds will reside in Portsmouth, Virginia. We send our blessings and best wishes to them.



Welcome - New Members in April

Janet Cave
John Harrington
Jessie March
Carolyn Bainer
John Parks

**WANTED:
DONATIONS OF DOOR PRIZES
YOU ASK WHY? FOR THE UPCOMING
CLASSIC !!**

**BRING YOUR GIFTS (UNWRAPPED) TO DAVE RAPSON OR BEVERLY FARRIS
@NOSTALGIA'S ON WEDNESDAY NIGHTS OR AT ANY CLUB FUNCTION**



NOTICE: FRIDAY NIGHT DANCES AT THE COAST GUARD HAVE BEEN CANCELLED. STAY TUNED FOR INFORMATION REGARDING A NEW LOCATION

Dee Jay's and Dance Steps for May

Dee Jay's for May 2004

♣ GERRY SCOTT MAY 5TH

♣ CRAIG JENNINGS MAY 12TH



♥ EDDY FARMER

MAY 19TH

♣ GERRY SCOTT

MAY 26TH

PRACTICE YOUR DANCE STEPS, HERE'S THE AGENDA FOR MAY/JUNE

Advanced Level Shag Steps: May 5th & June 2nd

Intermediate Level Dance Steps:

May 5th – Kick Basic, Half Turn & Belly Roll

May 12th – Pivot & Hug Pivot

May 19th – Handshake Wrap Pivot & Pivot Into a Belly Roll

May 26th – Side to Side Basic, Front Prep & Walk-Up

June 2nd – Double Kick Basic, Front Prep & Lean

Beginner Level Shag Steps: May 5th, 12th, 19th, 26th and June 2nd

Introductory Level Shag Steps: May 12th and 19th

Night Club Two Step: May 26th

We want others to learn the Shag—Great social activities

Are you a member of a club, church or other organization who may have an interest in learning about the Carolina Shag? NVSC will gladly put together dance demos, talks and/or special introductory shag lessons for YOUR organizations. For more information contact our dance committees chair, David Rodgers at rodgersd3@cox.net.

There's a new shag web site available to dancers of all ages... the link is www.juniorshaggers.com and has several pages of information relevant to both "young" and not-so-young" dancers. Shaggers may obtain information about junior shag events and also about the Junior Shag Association, including how to join. Check it out today!

IN SEARCH OF YOUNG DANCERS (UNDER 21)
NVSC ENCOURAGES SUPPORT FOR JUNIOR SHAGGERS

Part of preserving our dance involves sharing our enthusiasm for the dance with younger dancers. Our Club offers free admission to junior shaggers at many of our events and all events are open to them, which is not the case with some clubs. Recently, we have not had a lot of juniors involved on a regular basis so we are looking for a way to stimulate the growth of a junior shag program. We would like to build a list of prospective junior shaggers and we need your help to do this. Perhaps when we have a list of prospects, we can plan a special event and invite them all out at the same time. Do you know of an individual that might be interested? Do you know of a contact for a Scout troop, church group, athletic team, dance group, etc. that might want to participate? Please contact Doodah at zippity143@aol.com or Cathy Metcalf at ccmetcalf@earthlink.net to help us to start building the list. We have some wonderful junior shaggers who are members of our club that we will be calling on to help in planning and teaching. Thank you for your assistance.

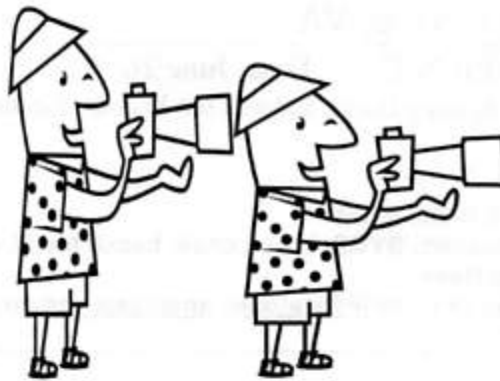


May Birthday Babies



Andy Playso	5/4	Dennis Heath	5/19
Penny Weinhold	5/4	Bob Lutz	5/19
Charlotte Ashby Savoca	5/5	Tim Ferris	5/20
Sonya Joel	5/5	Joan McKinney	5/20
Rick Mesmer	5/5	David Kositzke	5/23
Barry Fine	5/6	Ann Shimel	5/24
Hilda Clemann	5/7	David Blanco	5/26
Chickie Cahill	5/9	Betty Elliott	5/26
Jeff Kincheloe	5/9	Nancy Polisky	5/27
Patrick Sipe	5/15	Jean Teele	5/27
Linda Coffeen	5/16	Mary Groom	5/28
Theresa Mullinax	5/16	Ann Reza	5/29
Donna Harrington	5/18	Joey Fanini	5/30
		Tom Lufkin	5/30





Do you have a digital camera? Would you like to be one of our club photographers? If so, provide any board member with CD(s) of photos which you have taken at any of our events. We'd love to post them on the Web!

NVSC LOGO ITEMS:

Have you noticed the NVSC log items that club members are proudly displaying? These items are available to everyone. We have the following:



NVSC Shirts & T-Shirts	\$15 - \$35
Shoe Bags	\$20
CD Cases	\$10
Large Coffee Mugs	\$9

The CD Cases, Shoe Bags and Coffee Mugs are in stock, however the shirts are by special order. If you are interested in purchasing any of the above items, please contact **Marcia Conway**. She is at Nostalgia's on Wednesday nights, or you may call her at 703/361-8159. Her e-mail is NCLady11@aol.com.

Mark Your Calendars

May 12th	◆ NVSC General Membership Meeting, Nostalgia's
June 5th	◆ Margaritaville Party Springfield VFW
June 26 th	◆ NVSC Summer Picnic at Don & Audrey Borja's*
July 24-26th	◆ NVSC Capital Classic Holiday Inn, Old Town Alexandria
Sept 11 th	◆ Pre-SOS Party, Springfield VFW
Nov 6th	◆ Workshops and Dance Ft. Myer (note: originally scheduled for 10/9)
Dec 11th	◆ Holiday Party Springfield VFW

*A Note from the Social Committee: The menu for the upcoming picnic is standard cookout fare – hamburgers, hot dogs, beans, slaw, etc. If you have special dietary requirements, please bring your own. We will gladly help prepare to your liking. (Keith T. may bring a huge submarine.) [comment from editor—is he bringing a sandwich or is this a new water adventure for the Teele's this year??]

NVSC PICNIC – Locust Grove, VA

ANNUAL NVSC SUMMER PICNIC Date: June 26, 2004

Location: At the home of Don & Audrey Borja, Lake of the Woods, Locust Grove, VA.

Cost: Free Time: 1:00-5:00

Rain date: Sunday June 27, 2004

To be provided: burgers, hot dogs, buns, sodas

Please bring salad, vegetable or dessert; BYOB, beach chair, beach towel, swim suit, dance shoes; DJs:

Dennis and Nancy Gehley and Jim Rose

Must RSVP to Borja's 540-972-6198 or email ledgestonemanor@aol.com to be added to the list for the gate guards at the community entrance.

Virginia Beach, VA

Beach Music Weekend May 19-23

Last year the Beach Music community felt the passing of a legend, Bill Deal. This year's **Beach Music Weekend on May 19-23** will be dedicated to his memory and contributions. Virginia Beach Mayor Meyera Oberndorf has proclaimed it "Bill Deal Weekend" and invites beach music fans and "shaggers" along the east coast to participate.

The weekend will be a true celebration of Bill Deal's life and beach music. Before each nightly show fans, friends and family will share stories to honor Bill Deal. A professional slide show featuring Bill Deal as a musician and as a person will be projected on a large screen onstage.

If you have any questions contact .

Marcie Vitrano
Brickell & Partners Public Relations
Phone: 757-463-4500
Fax: 757-498-5948
E-mail: info@brickellpr.com

Also, the website for Virginia Beach Events may be viewed at www.vbfun.com

FREDRICKSBURG, VA

DO YOU KNOW WHERE YOU NEED TO BE AT 7:00 PM Thursday night?

UNCLE SAM'S... THAT'S WHERE!

FOR THE MUSIC...FOR THE DANCE...FOR THE FRIENDS...

NO COVER CHARGE FREE DANCE LESSONS: 7:30 - 8:00 PM

MUSIC & DANCING: 7:00 - 10:00 PM

Directions: Take I-95 to exit 130, Rt. 3 WEST. Make a right at the first light onto Carl D. Silver Parkway. Go to the third light and make a left onto Central Park Blvd. Uncle Sam's is on the right at 1440 Central Park Blvd.

Dancing is in the upstairs bar area to the right.

For more info, contact DJ, Jim Rose at beachdj51@yahoo.com

May 8: LASC Spring Fling in Lynchburg, VA. Hosted by Lynchburg Area Shag Club. Location: Knights of Columbus Building on Sweeney Drive in Forest, VA. Time: 8:00 p.m. - 12:00 midnight. Cost: \$8 per person . DJ: Rockin Ron Russ on Randleman, NC. Set-ups and light snacks provided, BYOB or your own favorite drink; bartender on site. Contact: Carolyn Thomas - email ccthomasx2@aol.com, or David Carter - email carter@centralva.net.

KUDOS

You probably notice something different about your *SHAG RAG*. After many years of dedicated service to our club, **Valerie Swiger** has passed the torch to a new editor, who will be hard pressed to fulfill her duties. Val has been our newsletter editor since 199(?). Val took over the daunting task so that Janis Grimes could focus more on teaching, competing and mentoring our Junior Shaggers. (Janis was the original editor.) With Janis' start and Val's continuation, our *SHAG RAG* is one of the premier newsletters in the shag community. Our sincerest thanks go to Val for all of her volunteer efforts, duties and responsibilities that went with it. I'm sure many club members were unaware of her behind the scenes efforts. Valerie, enjoy your grandsons, enjoy life. Go out and have more fun! Keep on shaggin'!! From your new editor *KEPINI*

The Northern Virginia Shag Club
and
The Ski Club of Washington DC
Join Together for

***Shaggin'
In
Margaritaville!***

***FREE Beginner Shag Lesson
7:30 -8:30
With Larry Boyer
No Partner Required***

Party Starts at 8:30

***Featuring an almost endless
supply of Frosty Margaritas,
Beer, Wine, Pina Coladas, and
Sodas with hors d'oeuvres***

**Springfield VFW
7905 Kincannon Place
Lorton, VA 22079**

**Shag and Beach Music by
NVSC DJ's
Gerry Scott & Eddy Farmer**

**Members \$15
Guests \$17**

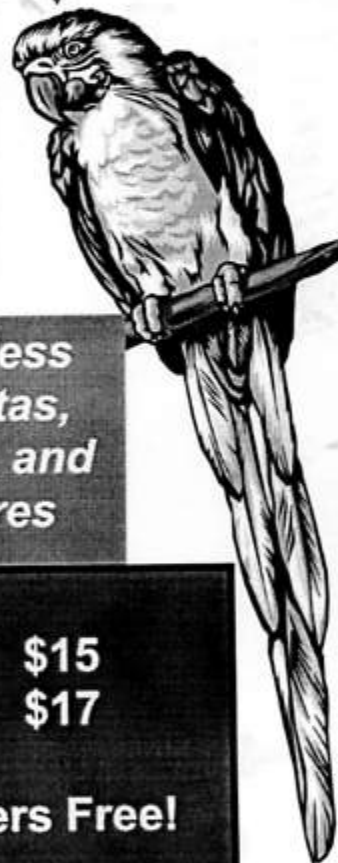
Junior Shaggers Free!



Hotline 703-960-4254
www.nvshag.org

Location & Directions: Springfield VFW. Take I-495 Beltway to I-95 South. Exit at 166A, Fairfax County Parkway. Get into the left lane, turn left at first stop light onto Newington Road. Stay to the right on Newington Road and go under one-lane bridge. Go approximately 1/4 mile, take HARD left onto Cinderbed Road. Go approximately 1/2 mile, turn right onto Hillpark Drive. At the end of Hillpark and turn left onto

**June 5th
7:30PM
till
Midnight**



SCWDC

www.scwdc.org

Northern Virginia Shag Club's Ninth Annual Capital Shag Classic

July 23 - 25, 2004



Billy Waldrep and Wilkie Whaley

From the

Association of Beach and Shag Club DJs

With our Club's ABS CDJ DJs

Eddy Farmer, Nancy & Dennis Gehley, Craig Jennings, Jim Rose, and Gerry Scott

Holiday Inn Hotel and Suites
625 First Street

Alexandria, Virginia 22314

Reservations: 703-548-6300

Special Rate: \$94.00 per night, plus tax
Tickets \$70 through July 1st, then \$80

Free Workshops by Pro Competitors

Michael Norris & LeAnn Best

National Shag Dance Champions, USA Grand Nationals
Shag Champions, Members of the National Shag Dance
Championships Team

Extend your stay and see the
Nation's Capital!

Northern Virginia Shag Club
P.O. Box 5522, McLean, Virginia 22103

E-Mail shag@nvshag.org

Visit our Website for the latest information and
other details as they develop.

www.nvshag.org

Delicious All-You-Can-Eat Menu
Special Guest Entertainment

Free Pours of Your Favorite Beverages
Large Dance Floor and Limited Attendance
Pool Party

Free Parking at Hotel

Smoke-Free, Junior-Friendly Environment

