



# Shag Rag

Dedicated to the Preservation of the Carolina Shag and  
Beach Music

April 2004

Keep on Shagging'

Vol XI, No 4

## President's Message *by Cathy Metcalf*

I know everyone will be wondering how much money was raised for Hospice at our recent **Shag-a-Thon**. It will be a bit longer before these results are in, but I must extend my thanks to the many Club members who participated. It was very touching to see so many who came out to dance, work the tables, play music, watch, or stopped by to make their donation—all in support of our Club's chosen charity, Hospice of Northern Virginia. A special thanks to Vaughn Royal for Chairing the event in 2003 and 2004 and to Marcia Conway, Chairman of the Charity/Fundraising Committee, for her enthusiastic assistance. Also, I want to extend sincere thanks to **Pamela Alfano** and the staff of **Reed Smith** for their sponsorship of the event. With Pamela as the instigator, the law firm raised over **\$7000** through donations, a silent auction, purchasing the opportunity to wear jeans to work, and a couple of Happy Hour fundraisers. Thanks to all for your generosity in making our sixth Shag-a-Thon for Hospice a success. Stand by for the total (for some reason, I am hearing Doodah asking for a drum roll but . . . we must wait).

I'd like to attempt to explain another term that gets thrown around as if everyone knows what it is—"THE CLASSIC". "The Classic" is a nickname for our Club's annual weekend party, **The Capital Shag Classic**, that will take place July 23rd through July 25<sup>th</sup>--yes—a full weekend. This is another "must" for all levels of dancers—no one should feel excluded. Please block off those dates on your calendar now. The party begins around 4:00 on Friday afternoon and does not end until noon on Sunday. Our home for "The Classic" for several years has been in Old Town Alexandria at the Holiday Inn on First Street. A weekend pass is purchased for the event and that provides you with endless opportunities for dancing, workshops, food, beverages, great music, special entertainment, new shag friends, old shag friends and more. Many of our members will take up residency at the hotel for the weekend so as not to miss any aspect of the event. Many will come from surrounding areas to join in the fun. This year our guest instructors will be Michael Norris and LeAnn Best, who have seemingly endless accomplishments in shag competition. To see them dance and to take advantage of their 3 workshops on Saturday (included in the price of your weekend pass) is worth the price of admission. Hope I have at least given you the urge to be there though I could never adequately describe the event. Please make plans to experience "The Classic" yourself. The party really starts on Thursday evening at the hotel when we decorate the ballroom and install our own Classic dance floor. And the party hasn't really ended until the decorations are down and the floor is packed away on Sunday afternoon. Contact one of our Classic Coordinators, Beverly Farris or Dave Rapson, to volunteer for opportunities before and during the event. Look for more information on our website or on the flyer table at Nostalgia's.

You had better hurry if you have not made your arrangements for **Spring SOS** at North Myrtle Beach later in the month—April 23rd through May 2<sup>nd</sup>. Join other Club members there for one or both of our **NVSC Free Pour Parties** that are held on both the 1<sup>st</sup> and the 2<sup>nd</sup> Saturday of the 10-day event. Further details are included in this issue of *The Shag Rag*.

*Next dance/workshop is Saturday, April 3<sup>rd</sup>. Save me a dance!*







NORTHERN VIRGINIA SHAG CLUB

Join us for a  
beginner / intermediate  
workshop with guest  
instructors

**Jac Crowder &  
Erin Olsen!**

Learn new steps and get  
ready for SOS with our  
big Pre-Party !!!

**Directions to the Springfield VFW:**

Take 495 to I-95 South. Exit at 166A (Newington/  
Ft. Belvoir) Get into the left lane, turn left at  
stop light onto Newington Road. Stay straight  
on Newington Road and go under 1-lane bridge.  
Go approximately 1/8 mile, take HARD left onto  
Cinderbed Road. Go approximately 1.2 miles,  
turn right onto Hillpark Drive. At the end of  
Hillpark, turn left onto Kincannon. VFW is on  
the right.

**This is a non-smoking facility!**

**Visit our website for club information and  
events!**

**[www.nvshag.org](http://www.nvshag.org)**

**April 3rd**

**Workshop: 6:30—7:30**

**Dance: 8:00 - 11:30**

**Spring Workshop  
& Pre-SOS  
PARTY!!!!**

**Music Provided by**

**David Sessoms!**

FREE admission to  
Junior Shaggers!!!

<b>Members:</b>	<b>\$15</b>
<b>Non-Members:</b>	<b>\$20</b>

**Chips, Soft Drinks  
and Beer Provided**  
**Bring Hor d'oeuvres**  
**to share!**

## ANOTHER SUCCESSFUL SHAG-A-THON FOR HOSPICE

*By Vaughn Royal*

We haven't counted the money or tallied the pledge sheets yet. To make the publication deadline for the April *Shag Rag*, this article is being written on the day after the Shag-a-Thon. Of course, we will let you know how the fundraising went, but we anticipate another highly successful fundraiser for our charity, Hospice of Northern Virginia. In its first five years, the NVSC Shag-a-Thon raised over \$75,000 for Hospice of Northern Virginia, every dollar of which went directly to the charity, with not a penny coming out of donated dollars to pay for overhead expenses.

This year, for the first time, we had a major corporate partner in the fundraising. Our former NVSC president, Pamela Alfano, arranged to have her employer, Reed Smith, one of the largest law firms in the United States, adopt Hospice as its charity for the first quarter of the year. Reed Smith worked with NVSC to raise money for Hospice from its attorneys and staff through various forms of fundraising, including two evening receptions to which NVSC members were invited and which featured shag dancing. We don't know the contribution total from Reed Smith yet, but we know it will be several thousand dollars. We are most appreciative of Reed Smith's interest and enthusiastic support. Maybe we'll even see some Reed Smith people take up the shag!

Putting together the Shag-a-Thon requires the volunteer efforts and talents and time of many NVSC members, all of which are gratefully acknowledged. Those efforts and talents and time include the wonderful shag demo dances done by NVSC members and juniors, the areas of public relations and publicity, making signs and graphics, providing music and sound equipment, donating snack items, cups, napkins, setting up, tearing down, registering dancers, answering questions for, smiling at and passing out information to interested shoppers, taking photographs, carrying and refilling water jugs and, yes, dancing for up to five hours on a hard tile surface! Thanks to my event co-chair, Marcia Conway, for the hard work, which she put into this year's Shag-a-Thon. We are also fortunate to have the experience of those leaders of the Club who created the Shag-a-Thon and brought it so successfully through its first years, leaving behind good records and suggestions for their successors on how to improve the event from year to year. Most of all, what makes the event work are the NVSC members who are willing to take the fundraising packets and go to their friends, relatives and co-workers, tell them about Hospice and ask for their support on behalf of this worthy charity. That is not always an easy thing to do. Thanks to you all for making it work!

Please turn in your pledge money to Marcia Conway or me by Wednesday, May 5th. You can mail your pledge money to NVSC, P.O. Box 5522, McLean, VA 22103, but do not mail cash. The Shag-a-Thon is over in terms of the dancing, but it is not over as far as fundraising is concerned. Try to collect the money which has been pledged, and remember that even though the dancing part is over, you can still make or accept donations, as we try to approach our fundraising goal of \$20,000. The money is needed by Hospice and will be put to good use.



*Northern Virginia Shag Club's*  
**Ninth Annual  
Capital Shag Classic**

**July 23 – 25, 2004**

**Holiday Inn Hotel and Suites**

625 First Street

Alexandria, Virginia 22314

Reservations: 703-548-6300

Special Rate: \$94.00 per night, plus tax

Tickets \$70 through July 1<sup>st</sup>, then \$80

**Billy Waldrep and Wilkie Whaley**

From the

Association of Beach and Shag Club DJs

*With our Club's ABSCDJ DJs*

**Eddy Farmer, Nancy & Dennis Gehley, Craig  
Jennings, Jim Rose, and Gerry Scott**

**Free Workshops by Pro Competitors**

**Michael Norris & LeAnn Best**

National Shag Dance Champions, USA Grand Nationals  
Shag Champions, Members of the National Shag Dance  
Championships Team

**Extend your stay and see the  
Nation's Capital!**

Delicious All-You-Can-Eat Menu  
Special Guest Entertainment  
Free Pours of Your Favorite Beverages  
Large Dance Floor and Limited Attendance  
Pool Party  
Free Parking at Hotel

*Smoke-Free, Junior-Friendly Environment*

Northern Virginia Shag Club  
P.O. Box 5522, McLean, Virginia 22103

E-Mail [shag@nvshag.org](mailto:shag@nvshag.org)

*Visit our Website for the latest information and  
other details as they develop.*

[www.nvshag.org](http://www.nvshag.org)

The Northern Virginia Shag Club welcomes John and Joan Rippengale and their Lions Club to Nostalgia's on Wednesday, April 21st.

**New Members in March**

**Anne Beeton, Lanny Blaine, Dale Rinker, Fern  
Siegler, Darleen Small, Dennis Stewart, Marie  
Stewart, Nancy Thomsen**

## Information on Places to Stay for SOS

### North Myrtle Beach, SC

**Important tip:** When making reservations, you want to be sure to ask about the proximity to Main Street in North Myrtle Beach (sometimes referred to as the Ocean Drive section) since this is the area where the concentration of dance clubs can be found. Parking is available but limited, especially on the busier weekends. Accommodations within walking distance are considered best but--not required.

### Helpful Websites

<http://northmyrtlebeachchamber.com/>

<http://www.we-can.com/rentals/scmb/brokers.htm>

<http://www.century21thomas.com/rentals.htm>

<http://www.j-mcmillanco.com/manage.htm>

<http://c21myrtlebeach.com/>

<http://www.elliottrealty.com>

<http://www.white-realty.com/rentals.html>

### Hotels, Motels, and Condos

<b><i>Ocean Drive Beach &amp; Golf Resort</i></b>	<b><i>1-800-438-9590</i></b>
Tilghmans Beach Resort Condos	1-800-248-1481
Buccaneer Motel	1-800-548-7552
Coastal Condos	1-800-951-4880
Ambassador East	1-800-553-5996
Comfort Inn	1-800-494-4489

### Pet Friendly Accommodations

<b><i>Edgewater Inn</i></b>	<b><i>1-866-878-8363</i></b>
High Tide Motel	1-800-228-8178
Sea Sands Motel	1-800-505-8297
Retreat Myrtle Beach	1-800-645-3618

Also, all Red Roof Inns are advertised to be pet friendly.

## Intermediate Dance Steps

April 7 - Hesitation Basic; Classic

April 14 - Forward Sailor Basic; Pivot

April 21 - Leg-Up Basic; Arch

April 28 - Crossover Basic; Applejack; Male Half Turn

Introductory Level Shag Steps: April 14 & 21

Beginner Level Shag Steps: April 7, 14, 21 & 28

Night Club 2 Step - April 28

## NVSC Instructional Video now Available

Have you ever taken a class on a Wednesday night and gone home to practice only to discover that you can't remember exactly how to do the step? Well, you're not alone and now there's a FUN solution! In order to help our fellow club members, the NVSC Dance Committee has recorded a "video notebook." The videotape contains most of the steps taught every Wednesday at Nostalgia's and is available for \$10. Yours to keep!!! No returning or deposits!!! See David Rodgers at Nostalgia's or call David at 703-239-8978 or email David at [rodgersd3@cox.net](mailto:rodgersd3@cox.net) to purchase your "video notebook."

## We want to Spread the Shag

Are you a member of a club, church or other organization which might be interested in learning about the Carolina Shag? NVSC can put together dance demos, talks and special introductory shag lessons for other organizations. For more information contact our dance committees chair David Rodgers at [rodgersd3@cox.net](mailto:rodgersd3@cox.net).

## DJ's for April 2004



April 7 - Dennis and Nancy Gehley

April 14 - Craig Jennings

April 21 - Eddy Farmer

April 28 - Dennis and Nancy Gehley



Going to SOS, here's where you can hear

Craig Jennings.

Sunday	April 25 <sup>th</sup>	3-6pm	Ducks
Friday	April 30th	1-5pm	Ducks Too
Saturday	May 1st	1-5pm	Ducks

### **WANTED:**

#### **Junior Shaggers**

Part of preserving our dance involves sharing our enthusiasm for the dance with younger dancers. Our Club offers free admission to junior shaggers at many of our events and all events are open to them, which is not the case with some clubs. Recently, we have not had a lot of juniors involved on a regular basis so we are looking for a way to stimulate the growth of a junior shag program. We would like to build a list of prospective junior shaggers and we need your help to do this. Perhaps when we have a list of prospects, we can plan a special event and invite them all out at the same time. Do you know of an individual that might be interested? Do you know of a contact for a Scout troop, church group, athletic team, dance group, etc. that might want to participate? Please contact Doodah at [zippity143@aol.com](mailto:zippity143@aol.com) or Cathy Metcalf at [ccmetcalf@earthlink.net](mailto:ccmetcalf@earthlink.net) to help us to start building the list. We have some wonderful junior shaggers who are members of our club that we will be calling on to help in planning and teaching. Thank you for your assistance.

#### ***REMEMBERING THE 90's*** ***The First Seven Years of the NVSC***

*Beginning as an idea and a request made by incoming president Joan McKinney more than three years ago, the Shag Club history, Remembering the 90's, has been completed. Assisted by Janis Grimes, I spent many long days and hours last winter preparing this yearbook. We attempted to capture as closely as possible the odds against 15 founding members introducing a new dance club to VA, DC & MD that would grow to become what NVSC is today. We did our best to portray the spirit, teamwork, leadership, determination, perseverance, effort and the excitement that went into creating the Northern Virginia Shag Club.*

*We would like to share this history with as many members as would like to have it, and especially all of you who are mentioned in it and who took part back then, not only the founding 15 members who were presented a copy at the Reunion.*

*If you would like to have a copy of this book and you're willing to pay in advance for the cost of printing it, I will take your order, have it printed and arrange delivery. It is a beautiful book. It was written for you and contributed with love. I think you will enjoy it.*

***The cost is \$20, deadline April 30, 2004.***  
***To order, call me, Patricia Parrott, at 703-318-7246***  
***or write to [pparrott@cs.com](mailto:pparrott@cs.com)***  
***or send a check with your name and address to: 2441 Monroe Chase Ct. Herndon, VA 20171.***

## National Shag Final Results

### Pro

- 1) Sam West & Sarah Kemp
- 2) Scott Campbell & Mandy Holt
- 3) Joey Sogluizzo & Jennifer Beaver
- 4) Jeff Hargett & Nikki Kontoulas
- 5) Geoff Burdick & Dana Barton (she used to dance w/ Sy Creed)
- 6) Kevin Payne & Jennifer Parsons
- 7) Jimmy & Cameron Caruso
- 8) Craig & Heather Jennings

### Junior I

- 1) Brennar Goree & Autumn Jones (also won overall Junior)
- 2) Tori Robinette & Justin Poston
- 3) Chastin Seely & Ashton Marcano

### Junior II

- 1) Matthew & Kristen Floyd
- 2) Ricky Ward & Brittney Miller
- 3) Adam Shpeherd & Kari Jones
- 4) Josh Key & Christina Woodruff

### Non-Pro

- 1) Melanie Milone & Brad White
- 2) Brenna Bedenbaugh & Garrett Humphries
- 3) Ricky & Tammy Shoemaker
- 4) Darren Williamson & Shelly Medlin

### Masters

- 1) Bob & Mary Lynn Myrick
- 2) John & Pee Wee Teel
- 3) Ellen Taylor & Don Bunn

### Seniors

- 1) Rick & Maureen Little
- 2) Bill & Brenda Barber
- 3) AC & Cathy Williams

Congratulations to Dennis and Nancy Gehley on the birth of their grandson, Matthew David Gehley, born March 27<sup>th</sup>, while the Gehley's were DJ'ing at the Shag A Thon. Matthew weighed in at 6lbs, 4oz, everyone is doing fine.

Congratulations to Ann West on the birth of her second grandchild, Lauren Claire Richardson, born March 23, 8 lbs 7 oz, and "perfect" per Ann.

General Membership meeting will be held May 12<sup>th</sup>, at Nostalgia's immediately following the dance lessons.

*Condolences go out to Buzz and Carolyn Payne, their daughter passed away February 29<sup>th</sup>.*

