



Shag Rag

Dedicated to the Preservation of the Carolina Shag and Beach Music

March 2004

Keep on Shagging'

Vol XI, No 3

President's Message *by Cathy Metcalf*

In February, we enjoyed a Super Bowl party and a weekend with pro shaggers, Charlie and Jackie. At the Super Bowl party, I couldn't help but notice the calmness in the room when New England scored and even won. It sounded as if many Redskin fans converted to Panther fans for the evening. This is only right since our dance is, after all, the Carolina Shag. The staff at Nostalgia's served us well, helping to make the evening special. What a great weekend with Charlie and Jackie in town. We enjoyed three workshops and a dance that evening at the Ft Myer Community Center. Many of us were also "tortured" in private lessons during the weekend as we worked on the basics of the dance-that can be a very humbling experience. What great teachers to learn from-we are so fortunate to have them here on an annual basis. If you missed it this year, don't make that same mistake next year. A special round of applause to our new kitchen queen, Judy Hales. She had some tough shoes to fill after Betty Abshire stepped down from the position as the Social/Hospitality Committee Chairman where she had served so loyally for 7 years. How fortunate we are to have these two ladies in our Club with such special talents to please our palates! Thanks to Judy, Gary, and all of your assistants who set such a nice atmosphere for our party. Also a hearty thanks to David and Jerry Rodgers for hosting Charlie and Jackie in their beautiful home as they have done for so many years. They prepare gourmet meals, handle tedious scheduling of the approximate 24 hours of private lessons, open their home to so many people coming and going all weekend, and so many other things that I am sure are unimaginable to me. David also does the coordinating with Ft Myer. Having Charlie and Jackie here is always wonderful, but David and Jerry make this weekend even more special for all of us. Thanks to ALL who helped to make these two events memorable.

I trust that you all are making plans to be at our sixth annual **Shag-a-Thon** at Springfield Mall. This is our major fundraiser for Hospice of Northern Virginia, the Club's chosen charity. Over this period, the Club has raised approximately **\$75,000** in conjunction with the Shag-a-Thon. Prior to the event on March 27th, when we arrive at the mall to dance, I hope you will be contacting other Club members, friends, relatives, and co-workers to give them an opportunity to make a donation to this worthy cause. We have at least two special Club members who also donate their time in working as part of the Hospice staff--we are very fortunate to have them as part of our Club. In addition to the fact that we are raising money for a worthy cause, we are also having fun sharing our music and dance with the Saturday shoppers. If you have not had a chance to participate in this event previously, I hope you will make the choice to do so right away and pick up a pledge and information packet from **Vaughn Royal**, 2003 and 2004 Shag-a Thon Chairman, or from **Marcia Conway**, Charity/Fundraising Committee Chairlady. The packets are being distributed at Nostalgia's on Wednesday nights. Thanks, Vaughn and Marcia!

Also in March, the finals of the National Shag Dance Championship will take place at Myrtle Beach. We have several members of our Club and local junior shaggers who will be dancing in this event. All the best to each of you: Brennar Goree, Craig and Heather Jennings, Kari Jones, Tory Robinette, Justin Poston, and Rodger Woodson. If you would like to make plans to be there to see some amazing dancing and to cheer on our contestants, you can find more details at www.shagnationals.com.

Another option for a shagging road trip in March could include a trip to Pittsburgh for a weekend party hosted by the **Pittsburgh Steel City Boogie Club** called Boogie in the Burgh. Our own DJ, **Craig Jennings**, will be a guest DJ for the event. Keep the floor packed, Craig. Look for a flyer on our information table at Nostalgia's.

Save me a dance!

6th ANNUAL NVSC SHAG-A-THON

On March 27, 2004 at Springfield Mall, the Northern Virginia Shag Club will sponsor the sixth annual Shag-a-thon! *Now, what is a Shag-A-Thon?* This is our primary fundraiser of the year for the Club's charity, **Hospice of Northern Virginia**. In addition to raising money for such a good cause, we will be able to promote the dance we love and hopefully attract new dancers to our group. It is a fun event that dancers of all levels will want to participate in.

To participate in the event, you first need to **sign-up and receive a packet**. Packets are available at the club on Wednesday nights. Next, you need to take your pledge sheet to as many friends, family and co-workers as possible and ask them to "sponsor" you for this event. By sponsoring you, they agree to pay a certain amount for each dance you do during the event or they may choose to make a flat amount donation. This is *not* an endurance event - you may dance as many or as few dances as you like. Each sponsor needs to fill out a pledge sheet with their name, address and pledge amount - it is as simple as that! Please try and get as many pledges as possible!

On the day of the event, our DJ's will play our favorite tunes in the court **in front of Macy's at Springfield Mall**. Dancing will begin at noon and end at 5:00. Some of our friends from Hospice will be there to provide information about Hospice while we dance, dance, dance.

Over the years, NVSC has raised over \$75,000 in support of Hospice. If you can't dance that day, consider sponsoring one of the other dancers or just come by and cheer us on.

Volunteers will be needed to set up, work at a registration or information table, provide snacks, and clean up. Please put this on your calendar, pick up a packet to start gathering pledges/donations, and volunteer before being asked! For further information, you can contact either Vaughn Royal (vroyal@royal-law.com) or Marcia Conway (ncldyl1@aol.com).

READ THIS MESSAGE

When I sent out our last "Hello Shaggers" email on February 24, to 539 people, AOL thought I was sending out SPAM and put a stop on my account.

In order to continue sending informative emails to our Northern Virginia Shag Club members and other dance friends we have to establish a **GROUP** within AOL Groups. Our group is called **nvscgroup@aol.com**. This will be a **private GROUP** to be joined by invitation only.

I CANNOT TYPE IN YOUR EMAIL ADDRESSES. To continue receiving "Hello Shagger" emails you must respond to an invitation.

Invitations to join were sent out **Saturday February 28**.

DID YOU GET YOUR invitation?

Did you respond to the invitation where indicated in the message?

If you **did not** get an invitation please email me, at valerievms@aol.com and I will send you an invitation.

6th Annual Northern Virginia Shag Club

Shag-A-Thon!!



All proceeds benefit Hospice of
Northern Virginia

More than \$75,000 raised in the past
five years by NVSC Shaggers



Saturday, March 27, 2004

Noon until 5:00 pm

Springfield Mall

Macy's Court, Lower Level

(Franconia Road Exit from I-95. Exit is less than one mile south of I-495)

Springfield, Virginia 22150-1701

Hospice of Northern Virginia provides expert care, comfort and support for individuals and families facing terminal illnesses. It is a non-profit organization, which turns no one away for inability to pay for care or for lack of a caregiver. ***There is still time to participate in the Shag-a-Thon.*** If you would like to raise funds to help support NVSC's official charity, contact Vaughn Royal (703-354-2463, vroyal@royal-law.com) or Marcia Conway (703-361-8159, nclady11@aol.com) for information. If you can't participate, please consider a donation to Hospice of Northern Virginia, through one of the following dancers, who have volunteered to raise funds and dance in support of Hospice:

Betty Abshire

Pamela Alfano

Charlotte Ashby

Don and Audrey Borja

Larry Boyer

Hilda & Victor Clemann

Marcia Conway

Joe Cornish

Doodah

Lisha Frail

Cris and Jeff Gaines

Ernie Garcia

Dennis Gehley

Nancy Gehley

Janis Grimes

Judy and Marion Hales

Ted Hanger

Jane James

Craig/Heather Jennings

Kari Jones

Vesta Jones

Liz Kestler

Jeff Kincheloe

Beverly Larson

H.K. Lee

Bob Lutz

Joan McKinney

Cathy Metcalf

April 3, 2004

Northern Virginia Shag Club Presents

Spring Workshop and Pre-Sos Dance

6:30 to 7:30

*Beginner/intermediate dance lesson by
Jac White and Erin Olson*

Dance 8 to 11

Place: *Springfield VFW*

NVSC will supply: *chips, soft drinks and beer*

You supply: *hors d'oeuvres to share*

Cost:

Members:

Dance and Workshop \$15.00

Just dance \$10.00

Non members:

Dance and Workshop \$20.00

Just dance \$15.00

NIGHTCLUB 2 STEP CLASSES BEGIN MARCH 3RD

The Dance Committee at its February meeting approved a change in the dance instruction schedule. Beginning on March 3rd classes in nightclub 2 step will replace the line dance classes which had been on the schedule once every four weeks. Ann West and Ernie Garcia have agreed to teach the nightclub 2 step classes for the next three months. They will be teaching beginner level nightclub 2 step classes on March 3rd, March 31st, and April 28th.

If you have noticed some of the couples in our shag club dancing this beautiful dance step to slower songs and want to know how to do this dance, then plan to take the nightclub 2 step classes and join Ann and Ernie beginning on March 3rd. The nightclub 2 step classes will be taught on the wooden dance floor while other shag classes are also going on at Nostalgia's on Wednesday nights.

After the first three nightclub 2 step dance classes, the Dance Committee will decide if the nightclub 2 step classes will be continued into the summer months. The decision to keep the nightclub 2 step classes on the schedule will depend on how many members are taking the classes and whether we can get instructors to teach the classes.

"She Just Wants To Dance." *By the NVSC Dance Committee*

It's a shag tune. It's also a description of a lady we know who comes to Nostalgia's on Wednesday nights.

She's often a newcomer --- but maybe not. She's often standing near the dance floor, maybe leaning on the divider wall 'tween floor and social area. She's sometimes with a girlfriend or two. She's very often all the way across the room, in the quiet sofa-and-coffee-table area.

She just wants to dance. But --- no matter that this is old-fashioned, or is politically incorrect, or is reverse-sexism, or is just plain silly --- no matter all that, she just can not make herself ask for the first dance.

Meanwhile, across the room, most often near the bar, groups of men are chatting with each other. One of the things they're talking about is --- women. They, too, wanna dance.

It's one of life's great mysteries why these two groups of very nice people take SOOOO long to find each other. ... And sometimes they never do, because she who just wants to dance and he who just wants to dance give up after a couple of weeks and stop coming to Nostalgia's.

There are a few things the **Dance Committee** can do to help build a bridge across the great Dance Divide

Make sure students are introduced to each other.

Call the Red Dot Dances, so that club veterans can get Red Dot newcomers out on the floor.

Provide name tags for those who want to wear them. Try to think up some dance "mixers."

But, Folks, -- Gentlemen and Ladies --- eventually somebody's gotta ask somebody else to dance.

She, he, they --- us --- we all just wanna dance.

Andy Miller
Ed Mixon
Barry Newman
Debra Parrish
Terrie Patullo
Bruce Piner
Nancy Polisky
Joan Rippingale
Jerry & David Rodgers
Linda Romero
Vaughn Royal
Linda Silbaugh
Darleen Small
Valerie Swiger
Jean Teele
Carolyn Thomas
Ann West
Russ White

We want to Spread the Shag

Are you a member of a club, church or other organization which might be interested in learning about the Carolina Shag? NVSC can put together dance demos, talks and special introductory shag lessons for other organizations. For more information contact our dance committees chair David Rodgers at rodgersd3@aol.com

New Members in February

Matthew Cosgrove, Karen Crawford, Riley Crawford, Dale Denning, Christine Dodd, Marty Lenehan, Joe Peoples

DJ's for March 2004



March 3 - Craig Jennings
March 10 - Dennis and Nancy Gehley
March 17 - To be Announced
March 24 - Gerry Scott
March 31 - To be Announced

WANTED: Junior Shaggers

Part of preserving our dance involves sharing our enthusiasm for the dance with younger dancers. Our Club offers free admission to junior shaggers at many of our events and all events are open to them, which is not the case with some clubs. Recently, we have not had a lot of juniors involved on a regular basis so we are looking for a way to stimulate the growth of a junior shag program. We would like to build a list of prospective junior shaggers and we need your help to do this. Perhaps when we have a list of prospects, we can plan a special event and invite them all out at the same time. Do you know of an individual that might be interested? Do you know of a contact for a Scout troop, church group, athletic team, dance group, etc. that might want to participate? Please contact Doodah at zippity143@aol.com or Cathy Metcalf at ccmetcalf@earthlink.net to help us to start building the list. We have some wonderful junior shaggers who are members of our club that we will be calling on to help in planning and teaching. Thank you for your assistance.

**GOOD LUCK TO ALL NORTHERN VIRGINIA SHAG CLUB
MEMBERS and local Junior Shaggers competing in the National
Shag Dance Champions**

Brennar Goree
Craig and Heather Jennings
Kari Jones and Adam Sheppard
Tory Robinette and Justin Poston
Rodger Woodson

Intermediate Dance Steps

March 3 Side to Side Basic; Front Prep; Front Walk-up

March 10 Double Kick Basic; Front Prep; Lean

March 17 Behind Sailor Basic; Pivot; Hug Pivot

March 24 Back Prep; Sugarfoot; Tuck

March 31 Stutter Basic; Boogie Walk; Joanie

April 7 Hesitation Basic; Classic

NVSC Instructional Video now Available

Have you ever taken a class on a Wednesday night and gone home to practice only to discover that you can't remember exactly how to do the step? Well, you're not alone and now there's a FUN solution! In order to help our fellow club members, the NVSC Dance Committee has recorded a "video notebook." The videotape contains most of the steps taught every Wednesday at Nostalgia's and is available for \$10. Yours to keep!!! No returning or deposits!!! See David Rodgers at Nostalgia's or call David at 703-239-8978 or email David at rodgersd3@aol.com to purchase your "video notebook."



Have you noticed the NVSC log items that club members are proudly displaying? These items are available to everyone. We have the following:

NVSC T-Shirts	\$12.00
Classic Embroidered T-Shirts	\$15.00
Shoe Bags	\$20.00
CD Cases	\$10.00

The CD cases and shoe bags are in stock but the shirts are by special order. If you are interested in purchasing any of the above items, please contact a **Marcia Conway**.

Officers and Directors 2004

President	Cathy Metcalf	703-690-2631
Vice President	Dave Rapson	703-978-8656
Secretary	Vaughn Royal	703-354-2463
Treasurer	Dan Ferguson	703-791-6524
Director	Marcia Conway	703-361-8159
Director	Beverly Farris	703-255-3020
Director	Doo-Dah	703-923-0727
Director	Liz Kestler	703-205-3953
Director	Gary Salpini	703-425-2848

Mark Your Calendars

March 27	Shag A Thon
April 3	Workshop & Dance Springfield VFW
June 5	Margaritaville Party Springfield VFW
July 24-26	NVSC Capital Classic Holiday Inn, Old Town Alexandria
Oct 9	Workshops and Dance Ft. Myer
Dec 11	Holiday Party Springfield VFW

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."

Board Meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Since board meetings, at this time, are at board members' homes, please alert the secretary, if you are interested in attending. Copies of Board meeting minutes are available to members upon request from the secretary.

Virginia Beach Beach Music Weekend May 19-23

Last year the Beach Music community felt the passing of a legend, Bill Deal. This year's **Beach Music Weekend on May 19-23** will be dedicated to his memory and contributions. Virginia Beach Mayor Meyera Oberndorf has proclaimed it "Bill Deal Weekend" and invites beach music fans and "shaggers" along the east coast to participate.

The weekend will be a true celebration of Bill Deal's life and beach music. Before each nightly show fans, friends and family will share stories to honor Bill Deal. A professional slide show featuring Bill Deal as a musician and as a person will be projected on a large screen onstage.

We look forward to the most special Beach Music Weekend ever and thank you for your continued support.

If you have any questions do not hesitate to contact us.

Marcie Vitrano
Brickell & Partners Public Relations
Phone: 757-463-4500
Fax: 757-498-5948
E-mail: info@brickellpr.com



March Birthday Babies

Bill Green	2
Howard Christie	4
Lisa Silbaugh	10
Ron Purvis	11
Ben Homeyer	13
Bill Meyer	14
Ed Godish	16
Ralph Hart	17
Bonnie Rose	20
David Carter	21
Rodger Woodson	25
Rose Playson	25
Lartry Black	28
Kathy Hessmer	31

For information on our events, other local dance events and out of town dance events:

Go to NVSHAG.ORG
And
Click on the EVENTS TAB

A **flyer** for each Northern Virginia Shag Club event will be available on the website. Just click on the link and download. Remember you must have **Adobe reader** to download. If you do not have Adobe 6.0 you can download a **FREE** copy by going to our Newsletter website.

How do you find the newsletter?

- Nvshag.org
- Place mouse pointer on top left blue tab “About NVSC”
 - Click on newsletter
 - Download Adobe
 - Open newsletter

The newsletter is in a PDF format, it is a LARGE FILE, be patient, it will take awhile to download based on your internet connection.

There's a new shag web site available to dancers of all ages... the link is www.juniorshaggers.com and has several pages of information relevant to both “young” and not-so-young” dancers. Shaggers may obtain information about junior shag events and also about the Junior Shag Association, including how to join. Check it out today!

