



# Shag Rag

Dedicated to the Preservation of the Carolina Shag and  
Beach Music

January 2004

Keep on Shagging'

Vol XI, No 1

## President's Message *by Cathy Metcalf*

It's a new year with NVSC and that brings changes in our leadership. Although I was running unopposed, I felt your support and confidence in me as I was maneuvered into this position and for that, I am humbly grateful. We have a terrific group of new volunteers who have stepped forward to serve on the Board in 2004. Service to the Club comes in many forms: serving on the Board, making our guests feel welcome, teaching a lesson, decorating or working at the door for an event, keeping our ladies on the dance floor, raising funds for the Hospice Shag-a-Thon, and on and on. All functions are very crucial to the success of our Club and none should be minimized. Thanks to each of you. I am very grateful for all of you who have volunteered already but -- do not feel left out -- there are more opportunities available. Together we will engage in many fun events this year -- I am counting on your assistance.

With the passing of 2003, I stand in awe of the contributions of those who have just stepped down from Board service. Betty Abshire served our Club for 7 years as a Board member with many years in the very important role of Social Chairman. Dennis Gehley is stepping down after 6 years as our very thorough and dedicated Treasurer. Pamela Alfano has earned time off after having served for 4 1/4 years, two of which were as the Club's President. Larry Boyer served for 3 years on the Board, however, we will continue to receive his phone messages regarding various upcoming shag events. Also, a great loss is Jane James, after one year of service, where she coordinated the Capital Shag Classic. I am very grateful for their dedication to our Club. The number of hours that they have invested is countless. I know that they will continue as very valuable resources and active members of NVSC. Please express your gratitude to these remarkable individuals.

There are a couple of upcoming events in early February that you will want to make certain that you mark on your calendar now. On February 1st, we will have a Super Bowl party at Nostalgia's. The one we had last year was my favorite Super Bowl Party of all times—how much better could it get than to shag all through a football game? Make your plans to be there -- it was indeed a fun time last year. And, yes, there are many televisions for the avid football fans. (Some of you probably think a Super Bowl Party is actually about football.) Also, put February 7<sup>th</sup> on your calendars. Charlie Womble and Jackie McGee (better know as just Charlie and Jackie) will be with us at the Fort Myer Community Center for three afternoon shag workshops and a party to follow that evening. I will guarantee that you will be entertained (by their humor and their dance) and inspired. They are nine- and ten-time National Shag Champions—Wow! It is a great opportunity to learn from two of the very best shaggers—definitely an opportunity that you will want to take advantage of. Look for complete details in this edition of the newsletter or on our website.

January has various out-of-town Shag opportunities. I hope to attend "Mid-Winter" at N. Myrtle Beach for the first time. If you don't know anything about this event, ask someone, and then make your reservations to go.

Thanks to all who made the December Holiday Party a great success. I imagine that there were some long time Board members absolutely floating out of the building that night as the last major event came to a close. I hope you dusted off your hands and said, "A job well done!" because that is indeed the case. Thank you!

## Intermediate Dance Steps

Jan 7	Stutter Basic, Boogie Walk, Funky Applejack
Jan 14	Hesitation Basic, Pause Walk Up
Jan 21	Forward Sailor Basic, Pivot
Jan 28	Leg Up Basic, Side Walk-up

### Advanced Class January 14

No line dance classes taught in December or January

## NVSC Instructional Video now Available

Have you ever taken a class on a Wednesday night and gone home to practice only to discover that you can't remember exactly how to do the step? Well, you're not alone and now there's a FUN solution! In order to help our fellow club members, the NVSC Dance Committee has recorded a "video notebook." The videotape contains most of the steps taught every Wednesday at Nostalgia's and is available for \$10. Yours to keep!!! No returning or deposits!!! See David Rodgers at Nostalgia's or call David at 703-239-8978 or email David at [rodgersd3@aol.com](mailto:rodgersd3@aol.com) to purchase your "video notebook."

Want to be on the Hello Shaggers Email list?????  
Just email Valerie Swiger at [valerievms@aol.com](mailto:valerievms@aol.com) and you will be added

## We want to Spread the Shag

Are you a member of a club, church or other organization which might be interested in learning about the Carolina Shag? NVSC can put together dance demos, talks and special introductory shag lessons for other organizations. For more information contact our dance committees chair David Rodgers at [rodgersd3@aol.com](mailto:rodgersd3@aol.com)

New members in December 2003

David Carter and Lex Fleming

General Membership meeting Wednesday January 14<sup>th</sup>

New Members in  
January  
Pete Harmatuk, Vicki Harmatuk, Janet Rose

### DJ's for January 2004

Jan 7            Dennis and Nancy Gehley  
Jan 14          Craig Jennings  
Jan 21          Guest to be announced  
Jan 28          Gerry Scott

FEBRUARY 25, 2004 LAST DAY TO BUY SOS CARDS THROUGH  
THE NORTHERN VIRGINIA SHAG CLUB FOR \$30.00.

JACKIE AND CHARLIE ARE COMING!!!!!!

DON'T MISS THE JACKIE MCGEE AND CHARLIE WOMBLE SHAG  
WORKSHOPS FEBRUARY 7<sup>TH</sup>, AT FT. MYER. FOR INFORMATION  
PERTAINING TO THIS EVENT, CLICK ON THE FLYER LINK ON OUR  
WEBSITE [NVSHAG.ORG](http://NVSHAG.ORG).



## Superbowl Party

February 1<sup>st</sup>

Nostalgia's

5PM until the game is over

Free for Members ([flyer is on the website](#))



## January Birthday Babies

Sam Lewis	2
Nancy Newman	4
Melonee Clark	5
Stephen Colevas	6
Terrie Cromer	6
Norma Wark	6
Reta Ferguson	7
Phyllis Schulte	7
Janis Grimes	9
Craig Jennings	9
Lorraine Busey	11
Ruth Browne	14
Brenda Franklin	14
Ron Fisher	15
Pauline Easby-Smith	16
Barb Raven	16
Ann West	16
Buzz Payne	17
Edwin Batchellor	18
Connie Leonard	20
Liz Kestler	21
Charles Price	23
Cris Gaines	25
Michael Agin	26
Brenda Atkins	28
John T. Price	29
Ivy Scott	29
Danny Norris	30
Jim Rose	30
Kari Jones	31



Have you noticed the NVSC log items that club members are proudly displaying? These items are available to everyone. We have the following:

NVSC T-Shirts	\$12.00
Classic Embroidered T-Shirts	\$15.00
Shoe Bags	\$20.00
CD Cases	\$10.00

The CD cases and shoe bags are in stock but the shirts are by special order. If you are interested in purchasing any of the above items, please contact a board member.

### Officers and Directors 2004

President	Cathy Metcalf	703-690-2631
Vice President	Dave Rapson	703-978-8656
Secretary	Vaughn Royal	703-354-2463
Treasurer	Dan Ferguson	703-791-6524
Director	Marcia Conway	703-361-8159
Director	Beverly Farris	703-255-3020
Director	Doo-Dah	703-923-0727
Director	Liz Kestler	703-205-3953
Director	Gary Salpini	703-425-2848

### Mark Your Calendars

Feb 1	Super Bowl Party
Feb 7	Charlie & Jackie Workshop and Dance Ft. Myer
March 27	Shag A Thon
April 3	Workshop & Dance Springfield VFW
June 5	Margaritaville Party Springfield VFW
July 24-26	NVSC Capital Classic Holiday Inn, Old Town Alexandria
Oct 9	Workshops and Dance Ft. Myer
Dec 11	Holiday Party Springfield VFW

"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."

Board Meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Since board meetings, at this time, are at board members' homes, please alert the secretary, if you are interested in attending. Copies of Board meeting minutes are available to members upon request from the secretary.

## Borrowing Shag Videos

Whether you have taken all of the shag classes offered at NVSC or are just looking for new steps or tips on technique...our club has a constantly growing library of shag instructional videos and they are free to club members! All you have to do is put down a fully refundable **\$25.00 deposit**, take the tape home for a week, return the tape and get your deposit back. Or you can leave the deposit, return the tape and check out another. After you have checked out all the tapes you wish to view, your deposit will be returned.

### Inventory and status of Video Tapes as of 01/01/03

<u>Teachers</u>	<u>Tape Name</u>	<u>Tape No.</u>
Charlie & Jackie	Mirror Patters/Male Lead, Tape 1	1,25
Charlie & Jackie	Mirror Patterns, Tape 2	10
Charlie & Jackie	Lead and Follow, Vol 1	2,21
Charlie & Jackie	Basic Variations, Vol 1	3,9,18
Charlie & Jackie	Basics Plus (2)	7,8,26
Charlie & Jackie	More Basics Plus, Vol 1	15,36
Charlie & Jackie	More Basics Plus, Vol 2	16,19
Charlie & Jackie	Female Footwork	17,20
Charlie & Jackie	Male Lead, Vol 1	22
Charlie & Jackie	Workshop Notebook, Vol 1	23
Charlie & Jackie	Workshop Notebook, Vol 2	24
Sam & Sarah West	Carolina Shag for Beginners	11,14
Sam & Sarah West	Basic Polish-Techniques in Basic Patterns	12,13
Sam & Sarah West	Pivot Variations	29
Sam West/Sarah West Kemp	Fancy Male Leads	30
Sam West/Sarah West Kemp	Together Steps, Vol 1	31
Sam West	Dance Technique for the Male Shagger, Vol 1	28
Sam West	Dance Technique for the Male Shagger, Vol 2	34
Sam West	Together Steps, Vol 2	35
Sam West	Learn to Spin, Vol 1	32
Sam West	Learn to Spin, Vol 2	33
Sy Creed & Dana Brown	Learn to Shag	5
VA Beach Shaggers	Virginia Beach Mirror Steps	6
SOS Parade		27

Video tapes are available to all **CLUB MEMBERS**, for a refundable deposit fee of **\$25.00**. Borrowed videotapes should be returned **within a week**. If a videotape is not returned with **30 days**, your deposit may be used to purchase a replacement without notice.

## Get Your SOS Cards NOW

No more waiting to receive your SOS cards in the mail. This year the Northern Virginia Shag Club can sell you a discounted SOS card for **\$30.00**, instead of the \$35.00 dollars you would pay in North Myrtle Beach **AND** you will get your card **immediately**. You have until **February 25** to buy your 2004 SOS card through the Northern Virginia Shag Club. **Your treasurer Dan Ferguson has the forms and the cards.**

For information on our events, other local dance events and out of town dance events:

Go to NVSHAG.ORG

And

Click on the **EVENTS TAB**

A **flyer** for each Northern Virginia Shag Club event will be available on the website. Just click on the link and download. Remember you must have **Adobe reader** to download. If you do not have Adobe 6.0 you can download a FREE copy by going to our Newsletter website.

### **How do you find the newsletter?**

- Nvshag.org
- Place mouse pointer on top left blue tab "About NVSC"
  - Click on newsletter
  - Download Adobe
  - Open newsletter

**The newsletter is in a PDF format, it is a LARGE FILE, be patient, it will take awhile to download based on your internet connection.**

There's a new shag web site available to dancers of all ages... the link is [www.juniorshaggers.com](http://www.juniorshaggers.com) and has several pages of information relevant to both "young" and not-so-young" dancers. Shaggers may obtain information about junior shag events and also about the Junior Shag Association, including how to join. Check it out today!

### Committees and their Chair Person or Persons

Dance	David Rodgers
Web Site	Vesta Jones
Capital Shag Classic Co-chairs	Dave Rapson and Beverly Farris
Charity/Fundraising	Marcia Conway
Membership	Valerie Swiger
Newsletter	Valerie Swiger
Public Relations	Michael Browne
Communications	Larry Boyer
Music	Vaughn Royal
Social/Hospitality Co-chairs	Judy Hales and Gary Salpini
Audit	Cris Gaines
Birthday Cakes	Cris Gaines

If you would like to be on a committee please contact the person or persons listed above. All help is greatly appreciated.

## SOS IN THE WINTER?? — *by Vaughn Royal*

Even if you've only been involved with shag for a short period of time, you've probably heard about SOS. SOS (which stands for "Society of Stranders") is the huge shag party, which takes place annually in North Myrtle Beach in the spring and in the fall. You may *not* know that there is a *third* major get-together of shaggers in North Myrtle Beach every year *in January*. That party is called SOS Mid-Winter. Unlike SOS Spring Safari and SOS Fall Migration, which are 10-day wall-to-wall parties, with lots of special events and activities thrown in, SOS Mid-Winter is just a long weekend, from Thursday through Sunday. All of the shag dance nightclubs in North Myrtle Beach are open during Mid-Winter. Unlike SOS in the spring and fall, there are generally no group shag dance workshops offered. Also, unlike spring and fall SOS, there is no parade down Main Street, no live bands playing in the street, and not much in the form of planned special events or entertainment. Mid-Winter is a short, intensive shag music and shag dance experience, which takes place in the nightclubs.

The nightclubs do get crowded during Mid-Winter, although the crowding is usually not quite as bad as during spring and fall SOS weekends. January weather in North Myrtle Beach can be chilly, but snow is considered almost impossible, and you will still see people walking down Main Street in January in shorts when the mercury reads 40 degrees.

Mid-Winter provides a chance to see friends from the shag world whom you might not otherwise see for a stretch of about seven months, between fall and spring SOS. If seven months between SOS's is too much for you to bear, Mid-Winter provides a quick fix.

Finally, here is one additional incentive: you will never find lower prices on hotels, motels and condos than you will in January. As far as tourist season goes in North Myrtle Beach, this is as "off-peak" as it gets. You can have a very reasonably priced four-day shag weekend, with lots of dancing, listening to music, North Myrtle Beach fun, and old and new friends.

The next Mid-Winter will be January 16-18, 2004. Mid-Winter is an SOS event, and only holders of SOS cards will be admitted to the nightclubs. ***You can no longer get into Mid-Winter by showing your NVSC or other shag club membership card.*** If you have a 2003 SOS card, it will be honored. If you do not have a 2003 card, 2004 SOS cards will be on sale in North Myrtle Beach during Mid-Winter.