



# Shag Rag

*Dedicated to the Preservation of the Carolina Shag and Beach Music*

November 2003

Keep on Shagging'

Vol. X, No 11

## President's Message by Pamela Alfano

It is November and that means it is time to elect the NVSC Board members for 2004. The candidates were introduced at Nostalgia's on October 22nd. They are, as follows:

**President - Cathy Metcalf**  
**Vice-President - Dave Rapson**  
**Secretary - Vaughn Royal**  
**Treasurer - Dan Ferguson**  
**Director at Large - Doodah**  
**Director at Large - Liz Kestler**  
**Director at Large - Gary Salpini**  
**Director at Large - Beverly Farris**  
**Director at Large - Marcia Conway**

As you noticed, this slate of candidates is running unopposed, but we still need you to vote. Why? This is a legitimate question. The reason is that regardless of the fact that they are unopposed, the election must still be conducted to comply with the provisions of the by-laws of our Club. For the nominees to qualify for positions on the Board, they must be elected by the general membership in an election process specified in the by-laws. So please vote by casting your ballot in person at Nostalgia's on December 3 or sending your signed ballot to the NVSC Post Office Box prior to the election. A ballot is included in the *Shag Rag*.

I would like to thank the candidates for volunteering to guide NVSC in 2004. The Board members are an integral part of the Club and its workings. Without their help, there would be no Club. I also wish to thank the members of the 2003 Nominating and Election Committee for assisting in putting together this slate of officers and directors: **Betty Abshire, Doodah, Beverly Farris, Dennis Gehley, Andy Miller, Jewell Pradier**, and particularly the Chairman, **David Rodgers**. Thank you for all of your efforts on our behalf.

We are having a **Sunday Social on November 16 at Nostalgia's**. There will be wonderful food, beverages at reduced prices, great music and, most of all, our NVSC friends. I have also heard a rumor that our favorite treasurer will be there celebrating his birthday. Admission and some food will be **FREE**, so please come out and join us. (see details on flyer)

In October, the elegant and talented **Queen of Smooth, Ellen Taylor**, conducted three workshops for us at Fort Myer. The workshops were well attended by all levels of dancers, who benefited from her vast experience. Then, we put on our dancing shoes for an evening of dancing at Ft. Myer. Our guest of honor, with the assistance of her talented and handsome partner, **Craig Jennings**, wowed everyone with her grace and smoothness on the dance floor. Ellen is one of the prettiest dancers you will ever see, and **DJ Mac Mast** from Boone, N.C. played a great selection of beach and shag music. Special thanks go to **Vesta Jones** who graciously hosted Ellen Taylor and made her home available for the private lessons. It was a very special day with **Ellen Taylor**. Then on Sunday, I had the pleasure of taking Ellen to the airport, which was a wonderful opportunity to have some girl talk. This is always one of my favorite Club duties. Ellen asked me to express her gratitude to the NVSC members for all of their hospitality, warmth and support. She wanted everyone to know that she had a wonderful visit and hoped to have the occasion to visit with us again.

See you at Nostalgia's and ... keep on SHAGGIN'!

# Sunday Social

November 16th

2:00 — 6:00 P.M.

What could be better  
than a fun filled Sunday  
afternoon with great  
music and friends!

**Don't Miss it!!**



- Music provided by our own Craig Jennings!
- Club Provides Lasagna, Salad, and desert,
- REDUCED prices on all beverages.

**Free Admission to All Northern Virginia Shag Club Members!!!**

To be held at: **Nostalgia's  
Fair Oaks Mall**

**Directions:** Washington Beltway (I-495) to I-66 W to Exit 57B (US 50 W) to Fair Oaks Shopping Center. From Dulles: US 28 S to US 50 E to Fair Oaks Shopping Center.



## **Cathy Metcalf for President**

I have been a member of the Club for 6 years and served on the 2003 board as a Director-at-Large

I realize that the events of the Club do not happen without a lot of planning and preparation behind the scenes. I am happy to serve since the dance, the activities of the Club, and our members and guests are a very important part of my life. I have served in various capacities of the Club. This year as a Board Director-at-Large, I am the Charity and Fundraising Chairperson which also includes handling the logo merchandise. During this year I have also served as the liaison to the website and the Dance Committee. Other Club activities include several years as a dance instructor, Shag-a-Thon co-chair for 2002 and 2003, Audit Committee, and the Nominating Committee.

## **Dave Rapson for Vice President**

I have been a member for 10 years, served on a previous board as treasurer and am one of the 13 original founders of our club. During my membership I assisted in the design and building of our dance floor, arranged for the storage of the dance floor for a number of years, and volunteered at club functions. More recently I prepared the barbecue for this year's Classic.

The reason I want this office:

To help the club grow.

## **Vaughn Royal for Secretary**

Club member for five and half years. This is my third year as a member of the Board of Directors, my second year as Secretary and my second year chairing the Music Committee. I chaired the Shag-a-Thon this year. I have served as liaison to the Dance Committee. I chaired the Audit Committee twice, and have been a member of the Music Committee, the Dance Committee, the Charity and Fund Raising Committee, the Nominating and Elections Committee, and other NVSC committees. This is my third year as carrier of the "green bag" which holds event flyers. I enjoy teaching the dance and value the friendships made since I became involved in shag. I make a point of attending other local and out-of-town dance events and meetings of the Association of Carolina Shag Clubs not only for fun, but also because of the importance of keeping our Club visible in the larger shag community and learning from the experiences of other clubs.

Reason you want this office:

I hope to contribute to the continued growth and development of the Club, and to build upon the strong foundation created by the Club's founders and previous Boards of Directors.

## **Dan Ferguson for Treasurer**

I have been a member for four years.

I love the music, the people and the good times the club organizes, and look forward to the opportunity to serve the club.

**Gary Salpini**  
**Director at Large**

I'm running for re-election to continue to serve to the club and participate in the general management of our activities. I look forward to another prosperous year for the club and our continuing success.

**Liz Kestler**  
**Director at Large**

I have been a member of the Northern Virginia Shag Club since its inception. In previous years have served on the board as Secretary and Director at large.

Being a member of the Board will enable me to assist in decision making and to contribute my time and talent to the NVSC. As a charter member, I put in many hours to help establish the club. In recent years I have enjoyed the fruits of labor of others who led the NVSC. Now I feel I have come full circle and it's time to pay the club back for all the benefits I have reaped--the joy of the dance, making friends and enjoying a camaraderie of old friends.

**Marcia Conway**  
**Director at Large**

I have been a member of the Northern Virginia Shag Club for eight years.

To be a board member would give me a deeper insight and understanding as to how NVSC operates. I have been in other types of organizations where I have hold positions of President, Social Chairman and Ways and Means Chairman. Being on the board would give me the opportunity to keep up the great reputation of NVSC.

**Doo-Dah**  
**Director at Large**

Roses are red - Violets are blue  
The Board is what I'd like to do.

Why should I do it, I hear you ask  
When it is such an awesome task.

My answer is simple, don't you see  
I now can return what you've given to me.

You greet me each week with a smile and a hug  
About the 50-50 you don't mind my "bug."

You asked me to teach our newcomers The Basic  
They're learning fast, which is truly "amazing."

I owe you much more, so here is the fact  
For all you've done, I can now give back.

**Beverly Larson Farris**  
**Director at Large**

I have been a member for over 3 years. Dance has always been an important part of my life. When I was five years old, my Mother found me dancing with the Mouseketeers and enrolled me in ballet. Despite some harsh ballet teachers, and several years of running my own ballet studio, I still love to dance. NVSC members are a super bunch of people and I want to see this club continue to thrive. My involvement on a leadership level in the NVSC has been limited to volunteering for three of the Classic, raising money for our DANCE-A-Thons, participating on the Nominating Committee, and instructing beginning dancers as part of the Dance Committee. I'd like to offer my assistance on the board and give the officers who have served so well a chance to rest.

## Intermediate Dance Steps

- Nov 5 Pivot
- Nov 12 Handshake Wrap Pivot, Pivot into Belly Roll
- Nov 19 Side-to-Side Basic, Front Prep, Walk-up
- Nov 26 Double Kick Basic, Front Prep, Lean
- Dec 3 Behind Sailor Basic, Pivot, Hug Pivot



Line Dance November 19  
Advanced Shag November 26

### \*\*\*\* NVSC Instructional Video now available!!! \*\*\*\*

Have you ever taken a class on a Wed night and gone home to practice only to discover that you can't remember exactly how to do the step? Well, you're not alone and now there's a FUN solution!!! In order to help our fellow club members, the NVSC Dance Committee has recorded a "video notebook." The videotape contains most of the steps taught every Wednesday at Nostalgia's and is available for \$10. Yours to keep! No returning or deposits! Supplies are limited so get yours today. See Heather Jennings at Nostalgia's or contact her at 540-775-5342 or [hjennings@sentel.com](mailto:hjennings@sentel.com) to purchase your "video notebook."

\*\*\*\*\*

Shag Logo merchandise for Christmas gifts. Plan ahead. See Cathy Metcalf to order or look for the catalog on the flyer table at Nostalgia's.



New Email for Hello Shaggers  
[Valerievms@aol.com](mailto:Valerievms@aol.com)

If you are not receiving your Hello Shaggers email, then please email me so that I can capture your email address.

**\*\*\*\* SHAG DANCING IN FREDERICKSBURG, VA \*\*\*\***

**WHEN:** Every Thursday night from 7-10pm

**HOW MUCH: NO COVER CHARGE!**

**WHERE:** Uncle Sam's Restaurant in Central Park, Fredericksburg, VA  
540-785-1990 (Dancing & lessons are UPSTAIRS)

**MORE INFO:** FREE Lessons every Thursday from 7:30 - 8:00.  
No partner required!!

**DIRECTIONS:** Take I-95 north to exit 130, Rt. 3 WEST.  
Make a right at the first light onto Carl D. Silver Parkway.  
Go to the third light and make a left onto Central Park Blvd.  
Uncle Sam's is on the right at 1440 Central Park Blvd.

**DIRECTIONS:** Take I-95 SOUTH to exit 130, Rt. 3 WEST.  
Make a right at the first light onto Carl D. Silver Parkway.  
Go to the third light and make a left onto Central Park Blvd.  
Uncle Sam's is on the right at 1440 Central Park Blvd.

**REMEMBERING THE 90's**  
**The First Seven Years of the NVSC**

*Beginning as an idea and a request made by incoming president Joan McKinney more than three years ago, the Shag Club history, Remembering the 90's, has been completed. Assisted by Janis Grimes, I spent many long days and hours last winter preparing this yearbook. We attempted to capture as closely as possible the odds against 15 founding members introducing a new dance club to VA, DC & MD that would grow to become what NVSC is today. We did our best to portray the spirit, teamwork, leadership, determination, perseverance, effort and the excitement that went into creating the Northern Virginia Shag Club.*

*We would like to share this history with as many members as would like to have it, and especially all of you who are mentioned in it and who took part back then, not only the founding 15 members who were presented a copy at the Reunion.*

*If you would like to have a copy of this book and you're willing to pay in advance for the cost of printing it, I will take your order, have it printed and arrange delivery. It is a beautiful book. It was written for you and contributed with love. I think you will enjoy it.*

*The cost is estimated to be \$18, depending on the number of orders and postage if required. Any amount under that will be refunded.*

*To order, call me, Patricia Parrott, at 703-318-7246*

*or write to [pfparrott@cs.com](mailto:pfparrott@cs.com)*

*or send a check with your name and address to: 2441 Monroe Chase Ct. Herndon, VA 20171.*

## New Members in October

Becky Brown, Bruce Frail,  
Lisha Frail, Brenda Franklin,  
Margo Murphy, Mary Louise  
Riser, Beth Watson

## DJ's for November 2003

November 5 -- Dennis and Nancy Gehley  
November 12 -- Guest to be Announced  
November 19 -- Craig Jennings  
November 26 -- Gerry Scott

Condolences go out to **Charlie Price**. His father passed away recently.

Congratulations to **Janis Grimes** on the birth of her first grandchildren. Two at one time. Janis's son Chris and his wife Beth had twin girls October 27<sup>th</sup>. **Zoe Elizabeth** weighed in at 6lbs, 5 oz and **Evangelina Christine** weighed in at 6lbs, 14 ozs. Both girls were 19 inches long.



Congratulations to **Marcia Conway** on the birth of her grandson, **Joshua Dean Conway**, born October 26. Joshua weighed in at 8lbs, 1 oz and 21.4 inches long. The proud parents are Tim and Anne Dee Conway.

## Happy Happy Birthday November Babies

<i>Donna Hoffman</i>	5
<i>Valerie Swiger</i>	8
<i>Roy Camp</i>	10
<i>Chris Waters</i>	10
<i>Charles Boyer</i>	11
<i>Hutch Hutchinson</i>	11
<i>Robbi Mann</i>	11
<i>Janet Egan</i>	12
<i>Carl Montoya</i>	12
<i>Jerry Rodgers</i>	13
<i>Chuck McAndrew</i>	15
<i>Dennis Gehley</i>	16
<i>Sheila Purkey</i>	20
<i>Grant Davidson</i>	21
<i>Eddy Farmer</i>	21
<i>Jay Greenblatt</i>	21
<i>Janet Pinkston</i>	21
<i>Ellen Testa</i>	21
<i>Harvey Niblack</i>	24
<i>Annie Foster</i>	25
<i>James Harley</i>	25
<i>Denise Kurta</i>	25
<i>Patricia Pasierb</i>	25
<i>Tom Jones</i>	26
<i>Tonya Bean</i>	27
<i>Sharon Waites</i>	27
<i>Kelly Mann</i>	29
<i>Bob Vanne</i>	29
<i>Kevin Byrnes</i>	30
<i>Debbie Davis</i>	30
<i>Bonnie Niblack</i>	30
<i>Bruce Piner</i>	30



Thanks to **Cris Gaines** for the wonderful Birthday Cakes.

