



# Shag Rag

*Dedicated to the Preservation of the Carolina Shag and Beach Music*

April 2003

Keep on Shagging'

Vol. X, No 4

## **President's Message** by *Pamela Alfano*

**HOORAY FOR SPRING!** The milder March weather allowed NVSC members to get back to the business of having fun. The St. Patrick's Sunday Social at Nostalgia's was a huge success. We had many members participate in the Night Club Two-Step lesson taught by NVSC and Delaware Valley Shag Club members **ROB BAEN** and **SHEILA PURKEY**. This was a great opportunity for those of us who were with Rob and Sheila at the Coast Guard Station last August for the previous lesson, to practice and brush up on our steps. Those who had tried Night-Club Two Step before were able to help those who were doing it for the first time. The floor remained packed all afternoon while DJ Rob played our favorite shag tunes. Thank you Rob and Sheila! Congratulations to Kitty Senge and Joe Cornish, the winners of the "bead" dance.

Our next special event will be the April 5th annual spring workshop at Ft. Myer. As guest instructor, we are fortunate to have the "queen of the spins and turns" -- **DAHLIA HIRSH**. Most of us have seen Dahlia at other dance events and admired her ability to spin like a top. She will be teaching a Spins & Turns workshop. If you want to learn the secret of her technique, **BE THERE!** Immediately following the workshop, there will be a dance with music provided by Colonial Shag Club DJ's Larry Black and Cindy Goree. I hope to see you there. See the flyer inside for additional details.

At the end of the month, many NVSC members will head south to Myrtle Beach for Spring SOS, where NVSC will again sponsor two free pours. The first will be at Ducks Too on Saturday, April 26, from 4-6:00 PM. DJ Larry Jones will be playing tunes for us. The second will be at the Boulevard Grill on Saturday, May 3, from 4-6:00 PM.

As most of you already know, our biggest event of the year is the Capital Shag Classic in July. This year, Jane James has agreed to chair the event. Making our Club's weekend party one of the best there is involves countless hours of planning and work before and during the event. The only way we can accomplish this is with your help. We need volunteers to help with every aspect of the event. Please volunteer. This is your Club. We need you -- get involved! Contact Jane James (703-323-8799) and she will put you to work.

In the meantime, let's have some fun and **KEEP ON SHAGGIN'!**

Northern Virginia Shag Club

Invites You to Join Us For Our Eighth Annual

# CAPITAL SHAG CLASSIC

Continuous Dancing

and Music by

Great Association Deejays

**CLYDE WALLER AND DAVID SESSOMS**

CRAIG JENNINGS ● LARRY JONES

DENNIS & NANCY GEHLEY ● GERRY SCOTT

**JULY 25TH - 27TH, 2003**

Party starts 4 p.m. on Friday and continues on till 12 noon on Sunday

*FREE SHAG WORKSHOPS on Saturday*

*Jeff Hargett and Nikki Kontoulas*

## Fourth Annual Golf Tournament

Friday July 25th - Cart, Green Fees & Lunch, \$75.00

Partial proceeds Go To Hospice of Northern Virginia

**Holiday Inn Hotel & Suites**

625 First Street

Alexandria, Virginia 22314

**\*\*Request Special No. Va. Shag Club Rate**

**\*\*Rooms \$89\*\* (1-4 persons)**

Reservations: 703-548-6300

**\*\*HOTEL DISCOUNT RATE RESERVATION CUT-OFF JUNE 26TH!! NO EXCEPTIONS!!**

**FREE ALL-YOU-CAN-EAT MENU \* FREE POURS**

**Friday Night is T-Shirt Night - wear your club shirt!**

**Saturday Pool Party - Bring your swimsuit**

**Smoke-Free Ballroom**

Weekend Tickets \$70 thru June 27th; \$80 After That

*Buy Your Tickets Early!*

NO REFUNDS AFTER JUNE 30TH

**RAFFLE: For only an extra \$2, Take a Chance on a FREE ROOM and 1 Weekend Pass!!**

For Classic information, call Jane James at 703-323-8799

For Golf information call Joe Cornish 703-887-2715 or Laura Lightbourne 703-266-1028

or you can check out our website at: [www.nvshag.org](http://www.nvshag.org)

Tickets will be held at check-in desk: include a self-addressed, stamped envelope to receive confirmation

Make Check Out & Return to: Northern Virginia Shag Club - P. O. Box 5522 - McLean, Virginia 22103

Weekend Tickets \$70 thru June 27; \$80 After June 27

Golf Tournament Fee - \$75. Partial proceeds go to Hospice of Northern Virginia

NO REFUNDS AFTER JUNE 30TH

Name(s) (Last, First) \_\_\_\_\_

Address \_\_\_\_\_ Primary Shag Club \_\_\_\_\_

City, State \_\_\_\_\_ Phone \_\_\_\_\_

No. of Classic Tickets \_\_\_\_\_ No. of Golf Tickets \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_

For Classic information, call Jane James at 703-323-8799

For Golf information call Joe Cornish 703-887-2715 or Laura Lightbourne 703-266-1028

or you can check out our website at: [www.nvshag.org](http://www.nvshag.org)

# The Northern Virginia Shag Club Presents

## Spring Dance Party & Lesson

**Featuring Guest DJ's**

**Larry Black & Cindy Goree**

**From the Colonial Beach Shag Club**

Location: Fort Myer Community Center

Dance & Lesson: \$20.00 for Members  
\$25.00 for non members

Dance Only: \$10.00 for Members  
\$12.00 for non members

Chips and set ups provided

*Junior Shaggers Always Admitted FREE!*



**April 5<sup>th</sup>**

**7:00 – 11:30**

**Spins & Turns  
Dance Lesson**

**Given by**

**Dahlia Hirsch**

**7:00 to 8:15**

### **Directions to Fort Myer:**

From Northern Virginia: Take 1-395 to exit 8A Washington Blvd, route 27 North. Take Washington Blvd North to Fort Myer exit on right. Go thru gate and turn left at 1<sup>st</sup> stop sign onto McNair. The Community Center is several buildings down on your LEFT. Parking lot on the right

Party is BYOB, beer and wine only, please be discreet no open bottles on tables.



**2003 SPA/CSA SHAG CONTEST SCHEDULE**

April 4-5	Memories	Atlantic Beach, NC
May 9-10	Ducks	N Myrtle Beach, SC
June 13-14	Dockers	Greenville, SC
June 27-28	Fat Harold's	N Myrtle Beach, SC
July 11-12	Visions	Richmond, VA
August 8-9	Wheelers	Fayetteville, NC
August 22-23	Fat Harold's	N Myrtle Beach, SC
September 27-28	Scoreboard	Pittsboro, NC
October 24-25	The Ballroom/Sam West	Hamlet, NC
October 31-Nov 1	Memories	Atlantic Beach, NC
November 7-8	JB Pivots	Charleston, SC

*Come on out to the next contest to dance, party, and cheer for you favorite couple!!!  
For more info, visit the CSA web site at [www.competitiveshaggers.org](http://www.competitiveshaggers.org).*

**SBOL**  
Small Business On-Line  
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<http://www.sbolnet.com>

Vesta Jones  
[vjones@sbolnet.com](mailto:vjones@sbolnet.com)  
301-765-0995

THE ASSOCIATION OF  
BEACH & SHAG CLUB DJ'S

**Craig Jennings  
Beach & Shag D.J.**

6140 Riverview Dr.  
King George, VA 22485  
Member of Association of Beach & Shag Club DJs  
E-Mail: [cjennings@dahlgren.tsc.com](mailto:cjennings@dahlgren.tsc.com)  
Phone: 540-775-5342

*Carolina Shag*  
*Janis Grimes*  
*Private and Group Instruction*

7006 Lee Park Court Home: 703-536-7362  
Falls Church VA 22042 Office: 202-208-3525  
[janigrimes@starpower.net](mailto:janigrimes@starpower.net)

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**Betty Abshire**  
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Fax: (703) 680-5917      Toll Free Office: 1 (800) 680-3008  
E-Mail: [BettyAbshire@aol.com](mailto:BettyAbshire@aol.com)



Well, yesterday it was 78 degrees - convertible top down and cruising. Okay, enough bragging.....

The past month was full of shag events: DJ Throwdown, Low Country Boil, National Shag Dance Finals, St. Patrick's Day Parade and parties.

We attended the OD Shag Club's Low Country Boil on Fat Harold's back deck - great food - and then headed for the finals of the National Shag Dance Competition held again this year at the Attic in Myrtle Beach. It was our first time and, **WOW**, it was truly amazing to watch the outstanding dancers. It was great fun for us to watch all the competitors from Virginia -we kept telling everyone "we know them"! The highlight of the evening, in our humble opinion, was watching **Jackie McGee and Charlie Womble** as they competed and won the Senior Division. Their style, grace, and showmanship are beautiful to watch. We can understand how they have won so many competitions.

Coming up in April we will be attending: Beach Sweep - meeting at O.D. Pavilion, Hawaiian Luau at Pirates Cove, Brunch at Boulevard Grill - featuring Bloodies and Morning Sunshine, and then S.O.S. This really is great fun!

Dave and I want to share with you an article that appeared in the O.D. Shag Club's newsletter: **TRUE SOUTHERNERS**

**Only a true southerner knows.....**

- ....the difference between a hissie fit and a conniption, and that you don't have them, you "pitch" them.
- ....how many fish, collard greens, turnip greens, peas, beans, etc., make up "a mess".
- ....exactly how long "directly" is - as in "going to town, be back directly".
- ....exactly when "by and by" is. They might not use the term, but they know the concept well.
- ....instinctively that the gesture of solace for a neighbor who's got trouble is a plate of hot fried chicken and a .g bowl of cold potato salad (if the neighbor's trouble is a real crisis, they also know to add a large banana puddin!).
- ....that "fixin" can be used as a noun, a verb or an adverb.
- ....that the term "booger" can be a resident of the nose, a description - as in "that ol' booger", a first name or endearing term, or something that jumps out at you in the dark and scares you senseless.
- ....you don't scream obscenities at little old ladies who drive 30 mph on the freeway. You just say, "bless her heart" and pass her at 80 mph and go your own way.

Well, Dave calls our grand daughter "Booger" so I think we're well on our way and we're "lovin" it. Stay well and we'll see you next month.

## SOS Play times for Larry and Craig



**Larry Jones**

Thurs	April 24th	9-close	Ducks
Sat	April 26th	1-6	Ducks Too
Mon	April 28th	1-5	Ducks
Mon	April 28th	6-9	Grill
Tues	April 29th	9-close	Grill
Wed	April 30th	5-10	Ducks Too
urs	May 1st	1-5	Ducks
Fri	May 2nd	1-5	Ducks

**Craig Jennings**

Tues	April 29th	1-5	Ducks
Fri	May 2nd	1-5	Ducks Too

**Larry & Craig**

Sat	May 3rd	5-10	Ducks Too
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## OTHER LOCAL REGULARLY SCHEDULED DANCING

- Sundays:** MWDCHDPS will host a dance, 94th Aero Squadron, lesson 3 to 4, dancing 4 to 8, website [www.erols.com/dance](http://www.erols.com/dance) club  
**Sundays:** Vienna Tap & Grill, 146 E. Maple, Ave., Vienna, VA \$10 WCS Lessons, 6:00 - 8:00 then dance till 11:00, or \$8.00 includes dance & drinks 8:00 - 11  
**Tuesdays:** Best in Beach Music w/Denny and Eddy, Coconuts, Crofton, MD; information 301-261-3366  
**4<sup>th</sup> Tuesday:** The Colonial Shag Club in the New Port News area has a monthly social (the 4<sup>th</sup> Tuesday of each month) at the Omni Hotel of 64, exit 258A, the J Clyde Morris exit. Social is from 6:00- 9:30.

**Wednesdays: FREE SHAG LESSONS 7:30, Northern Virginia Shag Club, Nostalgia's**

**Fridays:** Coast Guard Station 7323 Telegraph Road, Alexandria, VA take Exit 2 off beltway, located between Lee District Park and Hayfield High School, dancing starts at 6:30. MUST HAVE PICTURE ID. **DON'T SPEED!!!!**

## Out of Town Shag Events

- First Sunday :** Shag at Steppin Out in Virginia Beach, VA. Lessons 4-5 PM, food, dance 5-9 PM  
**Sundays:** Shag at Lightfoot's Lounge Sheraton, 7 to 10  
**Tuesdays:** Richmond Shag Club dances at RAZZLES Lounge, Best Western, 9848 Midlothian, Tnpk, 804-330-0007.  
**Wednesdays:** Shag at Stepping Out in Virginia Beach, VA, lessons 7-8 PM, dance 8-12PM

For more events call 1-800-SHAGGER or the Southern Shagger web site or [Shagdance.com](http://Shagdance.com) or check out our web site [NVSHAG.org](http://NVSHAG.org).



## Attention Friday Night Dancers!!!!!!!!!!!!

The Anchorage Club at the Coast Guard is scheduled to be closed from May 12th thru June 3rd for remodeling. The Friday night dances for **May 17, 24, & 31** will all be rescheduled for June 6th, if the club re-opens on time. Stay tuned to next month's issue for an update.

**April 5<sup>th</sup>** Northern Virginia Shag Club Dance at Ft. Myer, "Spins and Turns Lesson" at 7, dance starts at 8:15, lesson and dance \$20.00 for members, \$25.00 for non members, dance only \$10.00 for members \$12.00 for non members. MP's want a list of attendees, so please contact Valerie Swiger at [valerievms@aol.com](mailto:valerievms@aol.com) to have your name added to the list.

**April 16<sup>th</sup>** General Membership Meeting at Nostalgia's, immediately following the lessons.

**April 19<sup>th</sup>** Pre-SOS dance sponsored by Janis Grimes at the PSDC Dance Room, Vienna, VA, contact Janis Grimes at 703-536-7362 or email her at [janigrimes@starpower.net](mailto:janigrimes@starpower.net).

**April 25<sup>th</sup> through May 4** SOS in North Myrtle Beach, SC.

FOR ALL THE DETAILS ABOUT THE ABOVE EVENTS CHECK OUT OUR WEB PAGE

[nvshag.org](http://nvshag.org)

Special thanks to Vesta Jones whose company **Small Business On Line**, created and stores our web page at no cost to the Northern Virginia Shag Club.

### Officers and Directors 2003

President	Pamela Alfano	703-379-7992
Vice President	Larry Boyer	703-960-4254
Treasurer	Dennis Gehley	703-451-6764
Secretary	Vaughn Royal	703-354-2463
Director	Betty Abshire	703-680-5115
Director	Cathy Metcalf	703-690-2631
Director	Jane James	703-323-8799
Director	Dave Rapson	703-978-8656
Director	Gary Salpini	703-425-2848

*"The Internal Revenue Service notified NVSC on April 19, 1999, that we have been accepted as a non-profit social club exempted from paying Federal income taxes. Anyone interested in reviewing NVSC's application and supporting documents provided to IRS, the IRS exemption letter, or the club's annual Form 990 to the IRS, please contact the club Treasurer."*

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Since board meetings, at this time, are at board members' homes, please alert the secretary, if you are interested in attending. Copies of Board meeting minutes are available to members upon request from the secretary.

## New Members in March

Larry Black, Randy Campbell, Brennar Goree, Cindy Goree, Maryann Lesnick, Debra Parrish, Chris Waters

## Happy Happy Birthday April Babies



<i>Sam Martin</i>	1
<i>Dick Wagner</i>	1
<i>Dallas Campbell</i>	2
<i>Laura Lightbourne</i>	3
<i>Linda Terry</i>	5
<i>Chris Robinette</i>	7
<i>Kitty Senge</i>	7
<i>Peter Pomeroy</i>	9
<i>Beth Endres</i>	10
<i>Kathryn Winstead</i>	12
<i>A J Nowaskey</i>	13
<i>Sandra Winfrey Putze</i>	15
<i>Michael Fortunato</i>	18
<i>Vickie Duplissey</i>	20
<i>Joyce Jones</i>	20
<i>Mark Woodfork</i>	21
<i>Brenda Kenney</i>	22
<i>Rita Perrotti</i>	22
<i>Ian Parkes</i>	23
<i>Joan Byrnes</i>	25
<i>Bonnie Torguson</i>	27
<i>JoAnn Funk</i>	29

## DJ's for April 2003

April 2 - Dennis and Nancy Gehley

April 9 - Doo Wop Jack

April 16 - Craig Jennings

April 23 - Gerry Scott

April 30 - Dennis and Nancy Gehley

Congratulations to Dennis and Nancy Gehley, on the birth of their first grandchild, Renee Antoinette Angerer, born February 28<sup>th</sup>, 8 lbs 8 ozs and 20 ½ inches.



Condolences to **Jean Teele** whose mother passed away earlier this month.  
Condolences to **Gregory Owens** whose brother passed away in March.

Thanks to **Cris Gaines** for the wonderful Birthday Cakes she bakes.

## NVSC Shooter Parties at SOS

Saturday	April 26 - 4-6:00 PM	Ducks Too	DJ Larry Jones
Saturday	May 3 - 4-6:00 PM	Boulevard Grill	DJ undetermined

