



# Shag Rag

*Dedicated to the Preservation of the Carolina Shag and Beach Music*

February 2002

Keep on Shagging'

Vol. IX, No 2

## **President's Message** by Pamela Alfano

January was a great month for shaggers. The Charlie and Jackie workshop was a wonderful success, as was the party afterward. Our new Dance Program Chair, Heather Jennings, did a wonderful job of organizing the workshops and check-in table. Thanks to our out-of-town members and guests, some of whom traveled a great distance to be with us that weekend. Special thanks go to Jerry and David Rodgers for hosting Charlie and Jackie. Not only did Jerry and David give them first class accommodations and gourmet food, Jerry and David also took charge of coordinating private lessons. Charlie and Jackie are very sociable, so keeping private lessons on schedule is not an easy job. Private lesson scheduling this year was made more difficult by the snowstorm which delayed Charlie's and Jackie's arrival by a day, and required some creative rescheduling by David. At the party that evening, Betty Abshire pulled off her usual tasty feast. Thank you, Betty, and your great volunteers who helped to slice 'n dice, etc. There was enough food to feed all the troops at Fort Myer. You do continue to amaze me!

January is also when shaggers congregate in North Myrtle Beach for the annual Mid-Winter party. Mid-Winter is a four day version of the ten day spring and fall SOS parties. Anyone who attends Mid-Winter will agree that it is well worth the trip. We had some NVSC first-timers there who told me they had a great time and will definitely go again. It was a wonderful opportunity to see old friends and make new ones as well.

February will be just as exciting for NVSC. **February 9** will be our 4th Annual **Shag-A-Thon** to benefit our Club's charity, **Hospice of Northern Virginia**. I cannot say enough about the vital work which Hospice performs for patients and families dealing with imminent death, including those who lack the ability to pay. Rob Creedon and Cathy Metcalf have been working diligently to put the Shag-A-Thon together. Last year, we raised about **\$20,000**; this year we hope to raise **\$22,000**. Even if you will not be dancing, please come to Landmark Shopping Center and support us, and consider making a pledge to sponsor those who will be dancing. We would love to see you there.

Those of us who just don't get enough shagging on a Wednesday night, are very fortunate to have two other opportunities each week to get out there and move our feet. Most of you know there is a large group of shaggers which frequents the Coast Guard Station in Alexandria on Friday evenings. Having gone there myself, I can tell you that it is a fun time. If you have not tried it, I encourage you to go. You will not be disappointed. We also have a new place to go on Sundays - KC's in Manassas. Ray Jones scouted this place out and has been spreading the word. I have not been there yet, but understand that it is a nice place, and the owner is very interested in beach music. The owner is also very enthusiastic about having shaggers there. So, if you're free on a Sunday evening, try it and **KEEP ON SHAGGING!**

## 4<sup>th</sup> Annual NVSC Shag-a-thon:

On February 9<sup>th</sup>, 2002 at Landmark Mall, Duke Street, Alexandria, Virginia, the Northern Virginia Shag Club will sponsor the fourth annual Shag-a-thon! The primary purpose of this event is to raise money for the club's charity, **Hospice of Northern Virginia**. In addition, we will be able to promote the dance we love and hopefully attract new dancers to our group. Anyone who has participated will tell you what a fun event this is to be involved in. You will want to make your plans to participate. Unfortunately all of us will be touched at some point in our lives by the work that Hospice does in assisting families of terminally ill patients. What a worthwhile organization to come out and dance your feet off for!

To participate in the event you first need to **sign-up**. Sign up packets are available at the club on Wednesday nights and at other Shag events. Next you need to take your pledge sheet to as many friends, family and co-workers as possible and ask them to "sponsor" you for this event. By sponsoring you, they agree to pay a certain amount for each dance you have during the event or they may choose to make a flat donation. This is not an endurance event - you may dance as many or as few dances as you like. Each sponsor needs to fill out a pledge sheet with their name, address and pledge amount. It is as simple as that! Please try and get as many pledges as possible!

On the day of the event, February 9<sup>th</sup>, bring only your "Flat Pledge Contribution Sheets" and checks to the Shag-a-thon for turn-in and dance, dance, dance!! Do not bring your "Per Dance Pledge Contribution Sheet" to the Shag-a-thon. Please bring your "Per Dance Pledge Contribution Sheet" to the Shag Club any Wednesday after the Shag-a-thon for collection. Turn these sheets/monies in to either Rob Creedon or Cathy Metcalf. All pledge money must be turned in by Wednesday, March 6, 2002.

This event raised **\$20,000** for **Hospice of Northern Virginia** last year and we hope to raise even more this year. If you can't dance that day, consider sponsoring one of the other dancers, volunteering at a registration or information table, volunteering to make a snack, or just come by and cheer us on.

Volunteers are needed for helping out on the day of the event at the check in table for participants, the information table, and for bringing snacks for the dancers. Please send Rob an e-mail if you would like to volunteer to assist. Thanks to all who support this event by dancing, obtaining pledges, making pledges, set up, playing music, lending sound equipment, volunteering at the tables, organizing, and clean up.

This year's event is headed by Rob Creedon.  
He can be reached at [R.Creedon@worldnet.att.net](mailto:R.Creedon@worldnet.att.net).

## 2002 SHAG-A-THON INFORMATION SHEET

Thank you for agreeing to participate in the Northern Virginia Shag Club's fourth annual Shag-a-thon! We hope you will thoroughly enjoy this event! While the primary purpose of the Shag-a-thon is to raise money for the club's charity, Hospice of Northern Virginia, we also hope to attract new members to the shag club. With your support, we hope to make this a very successful annual fundraising event for the club. Last year was a big success: we raised \$20,000 through the Shag-a-thon. Our goal for this year is \$22,000!

1. **Date and Time:** Saturday, February 9, 2002, 12 Noon to 5:00 pm
2. **Location:** Landmark Mall, Alexandria, VA - Center Court
3. **Pledge Sheet:** Ask as many friends, family and coworkers as possible to sponsor you for this event. Have them fill out the pledge sheet with their name, address, phone number and pledge amount.
4. **Pledge Amounts:** Pledge amounts are up to each sponsor by choosing a flat donation or a "per-dance" donation (i.e. \$0.50 or \$1.00 per dance). For the "per-dance" option, you may want to give the sponsor an idea of how many dances you plan to dance - i.e., 4 dances an hour at 50 cents a dance would be \$10, if you dance for the entire event. Please note there are two pledge sheets in each packet. Enter the amount per-dance from those sponsors on the "Per Dance Pledge Contribution Sheet." Enter flat pledge contribution amounts on the "Flat Pledge Contribution Sheet." In order to reach the Shag-a-thon goal, each participant is asked to strive for \$100 - \$200 in total pledges. Participants who obtain less than \$25 in pledges are asked to pay a \$10 participation fee.
5. **Amount Paid/Balance:** If your sponsor elects a flat pledge contribution, ask if they would like to pay in advance. If so, note the amount paid and a zero balance in the appropriate columns of your pledge sheet. **Have all checks made out to: "Hospice of Northern Virginia."** The donation may be tax deductible.
6. **Collecting pledges:** Bring only your "Flat Pledge Contribution Sheet" and those contributions to the Shag-a-thon for turn in. The first Wednesday after the event, your pledge sheet will be returned to you with the "Balance" calculated for each sponsor. Please return to each sponsor and collect any uncollected pledges.
7. **Collecting pledges:** Bring your "Per Dance Pledge Contribution Sheet" to the Shag Club any Wednesday after the Shag-a-thon for collection. Turn these sheets/monies in to either Rob Creedon or Cathy Metcalf. All outstanding pledge money must be turned in by Wednesday, March 6, 2002.
8. **Corporate sponsors:** Consider asking employers or others to be a Corporate Sponsor. Sponsors who donate \$50 or more will be considered Corporate Sponsors. All Corporate Sponsors will be recognized during the event.

LET'S SHAG!!



Please join us for the

4th Annual Northern Virginia Shag Club

# Shag-A-Thon!!



## Keep on Shaggin'!

On Saturday  
February 9, 2002  
12 Noon until 5:00 pm  
at  
Center Court, Landmark Mall  
Alexandria, VA

- Prizes, refreshments and snacks for all participants!
- Great music by NVSC DJ's!

All proceeds from this event benefit:



HOSPICE  
OF NORTHERN VIRGINIA

www.NVShag.org

Participants are asked to raise money through flat pledge or per dance pledges.

To register and receive a pledge sheet see either Rob Creedon or Cathy Metcalf at "Nick's" at 642 South Pickett St., Alexandria, VA on Wednesday nights between 7:00-9:00pm

OR

e-mail:  
R.Creedon@worldnet.att.net.

## March 9....Save that Date! By Audrey Borja



We will be shagging at "**Baby Boomers**" in Fredericksburg, VA., right off of I-95 on March 9, from 8 – midnight. The club/restaurant has a '50-'60s motif with Elvis, Marilyn, and classic cars everywhere! There will be a **\$3.00** coverage charge per person for the dance with free dance lessons at 7:30 offered by your own club members.

Our own homegrown "The Time Machine" Dennis and Nancy Gehley will be our DJs....and you know how they make a party buzz. Come early and eat – there is a great menu with lots of choices offering special "Boomer Burgers for Shaggers." - Drinks will be offered at happy hour prices.

We expect to see a lot of new faces at this dance, as well as our own club members, so there shouldn't be a problem having lots of partners to dance with. The dance floor is black and white tile surrounded by a comfortable, fun and welcoming atmosphere. With an exterior art deco, neon lights and flare, you will be pleased to find there's plenty of space inside to dance, mingle and even relax at the candle lit tables. There's plenty of parking too. Yeah, we feel sure you will like it!

As a side consideration, we are looking into getting a block of rooms at a Holiday Inn that is a stone's throw from Baby Boomers so you can turn in for the night after partying.... or you can head for home, whichever you prefer. Inquire with Pamela, our NVSC President or any broad member, they will know more about this in a couple of weeks.

So, watch for the flyers on our table at Nicks and put this on your calendar - you are now booked for **March 9!**



### Congratulations!!!

*Craig and Heather Jennings* placed 3<sup>rd</sup> in the CSA Novice Division, at Sam West's Winter Classic, held the weekend of January 11-13. At that same event, *Kari Jones and Adam Shepard* placed 5<sup>th</sup> in the Junior II Division and *Amanda Tedesco* and her partner placed 3<sup>rd</sup> in the Junior II division.

Are you getting your Hello Shagger Emails????

We send out a Hello Shaggers about once a week.

If you are not receiving them, please email Valerie Swiger at [vms @olg.com](mailto:vms@olg.com) and she will add you to the list.

# **SHAG A THON**

**So far the following 42 people have signed up for the 4<sup>th</sup> Annual Northern Virginia Shag a Thon. Come out and dance with them. If you can't, please consider sponsoring one of our many dancers listed below!**

Pamela ALFANO  
Janna ALLGOOD  
Libby ASH  
Brenda BISHOP  
Don & Audrey BORJA  
Larry BOYER  
Janet EGAN  
Chris & Jeff GAINES  
Nancy & Dennis GEHLEY  
Janis GRIMES  
Rick HENDRIX  
Jane JAMES  
Craig & Heather JENNINGS  
Kari JONES  
Kristin JONES  
Vesta JONES  
Liz KESTLER  
Jeff KINCHELOE  
Denny KOSKI  
H.K. LEE  
Laura LIGHTBOURNE  
Bob LUTZ

Bonnie MAHONEY  
Joan McKINNEY  
Cathy METCALF  
Diane & Alan MILES  
Carol MONTAGUE  
Teresa POSTON  
Jewell PRADIER  
Chris & Jacki ROBINETTE  
Jerry & David ROGERS  
Linda ROMERO  
Vaughn ROYAL  
Linda SIBLAUGH  
Jen SOLOMON  
Valerie SWIGER  
Jean & Keith TEELE  
Ellen TESTA  
Ann WEST  
Jack WILLIAMS  
Russ WHITE

## **Beach Music At Jaxx** by Gary Salpini

There has been a scheduling change at Jaxx. **The Coastline Band** was scheduled to be at Jaxx on February 23rd. That date has been changed to **April 6th**. An update will follow next month and fliers will be available prior to the event.

**Inventory and status of Video Tapes as of 9/25/01  
Nancy Gehley has possession of the Video Library**

<u>Teachers</u>	<u>Tape Name</u>	<u>Tape No.</u>
Charlie & Jackie	Mirror Patters/Male Lead, Tape 1	1,25
Charlie & Jackie	Mirror Patterns, Tape 2	10
Charlie & Jackie	Lead and Follow, Vol 1	2,21
Charlie & Jackie	Basic Variations, Vol 1	3,9,18
Charlie & Jackie	Basics Plus (2)	7,8,26
Charlie & Jackie	More Basics Plus, Vol 1	15,36
Charlie & Jackie	More Basics Plus, Vol 2	16,19
Charlie & Jackie	Female Footwork	17,20
Charlie & Jackie	Male Lead, Vol 1	22
Charlie & Jackie	Workshop Notebook, Vol 1	23
Charlie & Jackie	Workshop Notebook, Vol 2	24
Sam & Sarah West	Carolina Shag for Beginners	11,14
Sam & Sarah West	Basic Polish-Techniques in Basic Patterns	12,13
Sam & Sarah West	Pivot Variations	29
Sam West/Sarah West Kemp	Fancy Male Leads	30
Sam West/Sarah West Kemp	Together Steps, Vol 1	31
Sam West	Dance Technique for the Male Shagger, Vol 1	28
Sam West	Dance Technique for the Male Shagger, Vol 2	34
Sam West	Together Steps, Vol 2	35
Sam West	Learn to Spin, Vol 1	32
Sam West	Learn to Spin, Vol 2	33
Sy Creed & Dana Brown	Learn to Shag	5
VA Beach Shaggers	Virginia Beach Mirror Steps	6
	SOS Parade	27

Video tapes are available to all **CLUB MEMBERS**, for a refundable deposit fee of \$25.00. Borrowed videotapes should be returned **within a week**. If a videotape is not returned with **30 days**, your deposit may be used to purchase a replacement without notice.

**NVSC LOGO ITEMS by Libby Ash**

**Have you noticed the NVSC logo items that club members are proudly displaying? These items are available to everyone. We have the following:**

NVSC T-Shirts	\$12
Classic Embroidered T-Shirts	\$15
Shoe Bags	\$20
CD Cases	\$10



The CD Cases and Shoe bags are in stock but the shirts are by special order. If you are interested in purchasing any of the above items, please let me know. You can find me at Nick's most Wednesday evenings.

**THE WEB**



**NVSC**

information:::[www.nvshag.org](http://www.nvshag.org)  
Shag Club Information:::[www.shagdance.com](http://www.shagdance.com)

**A Great way to Keep Informed**

**E-MAIL**

Join our "Hello Shagger" Email list?  
E-mail, Valerie Swiger, at [vms@olg.com](mailto:vms@olg.com).

**Let's Go  
Shaggin'  
Saturday Night  
In  
Fredericksburg  
at Baby Boomers**

Saturday

March 9<sup>th</sup>

*Thanks to the hard work of Don and Audrey Borja there will be a special night of Shagging in Fredericksburg at the Baby Boomers Restaurant and Nightclub!*

**Baby Boomers**

1380 Central Park Blvd.

Suite 103

Fredericksburg, Virginia 22401

Phone: 540-548-4448

*Baby Boomers features a 1950s décor with a jukebox, old cars, and a black and white checkerboard dance floor.*

*The restaurant specializes in homemade soups and sandwiches and offers a healthy choice menu with an offering of sugar-free deserts.*

**Free Beginner Shag lesson:**

**7:30 - 8:15**

**Dancing**

**8:00 - Midnight**

**Cover Charge: \$3.00**

*DJs: Dennis and Nancy Gehley,  
Members of the Association of Beach and Shag Club DJs*

*Special Happy hour drink prices*

*Baby Boomers will offer it's famous  
"Boomer Burger" at a reduced price!*

**Don't miss it!**

**Directions to Baby Boomers:** *From Northern Virginia, take I-95 South toward Richmond. After the Falmouth/Warrenton exit take the next exit, which is Rt. 3, toward Culpepper. When you come off I-95, bear to the right. Turn right at the light onto the Carl B. Silver Parkway. Make a left at the light to go to the Target Store. Go through the next traffic light and pass the Chucky Cheese at the intersection. Come in at the back parking lot, you can't miss it - Look for the "Baby Boomers" neon sign and the entrance to suite 103.*

