



Shag Rag

Dedicated to the Preservation of the Carolina Shag and Beach Music

September, 2001

Keep on Shagging'

Vol. VIII, No 9

President's Message by Heather Jennings

Well... the summer may be coming to a close, but that just means its time for NVSC to heat things up! We still have lots of HOT activities planned for the remainder of the year! First and foremost we have a **PRE-SOS dance** and party scheduled for **September 8th at Ft. Myer** in Arlington. There will be BOTH a beginner and an advanced lesson from 7-8pm that night with dancing from 8-midnight. If you've got some friends who are interested in learning, but are usually too timid to attend a regular dance, this is the perfect opportunity. They can take the beginner class first and then dance and socialize in a wonderful, relaxed setting while you prepare your feet for SOS! See the flyer inside for details.

And speaking of SOS... "Fall Migration" will be here before you know it! The dates are **Sept. 14-23** this year. For those making the trip down to North Myrtle Beach, NVSC is again sponsoring **two FREE pours**. The first is **Sept. 15, 4-6 pm** at Ducks. The second is **Sept. 22th, 4-6pm** at Boulevard Grill. Stop by and enjoy any drink you want (soda or shooter!) on the club until the money runs out. If you have a Classic or NVSC t-shirt, be sure wear it!

Looking a little farther ahead, we have another GREAT shag workshop and dance planned for **October 13**. This year our fall workshop instructors will be **Mike & Kay Anderson** from Cary, NC! Many of our members may remember Mike & Kay from the smoothies contest at SOS or perhaps from meeting them last month at the Classic. **Mike & Kay** are **PRO** level dancers who have competed at the National Shag Dance Championships for many years. We are thrilled to have them as our guest instructors!

That night, as always, we will also have a **dance**. The dance will be held at the **beautiful Kenwood Country Club** in Bethesda, MD! We have had dances there in the past, but not recently so it should be exciting going to a "new" place! There will be heavy hors d' oeuvres provided that night and a cash bar. Be on the lookout for more details soon!

On a different subject, I need to mention a few changes that will be occurring at Nick's beginning this month. Starting **Sept. 12** the cover at Nick's will go from \$3 to \$4 for our regular Wednesday night meetings. This was done per Nick's request to help him cover some additional costs. Also - Nick suggested that his staff could provide better wait and kitchen service to us if we stagger our shag **class times**, so that they don't all end at the same time. In order to accommodate this request, we are planning to implement the following schedule **as of Sept. 12**, which is week ONE of the lesson cycle.

1) Advanced: 7:15 - 8:00 2) Intro/Beginner: 7:30 - 8:15 3) Intermediate: 7:45 - 8:30
Please NOTE these NEW lesson times!!!

Please keep in mind too that we ALL need to **SUPPORT NICK'S** on **Wednesday** nights. And when I say "support", I mean we need to remember to buy a hamburger, drink a beer or order an appetizer while we are there. We are **EXTREMELY** fortunate to have a place like Nick's to dance EVERY week. Nick's has a large floor, a great menu, and a reasonably priced cover charge - particularly for the D.C. area! So please - let's do everything we can to **KEEP** our regular dance night. (See the \$1 off coupon in this Shag Rag!) Thanks ALL & see you on the dance floor!



NORTHERN VIRGINIA SHAG CLUB

September 8th

Lesson: 7:00 - 8:00PM

Dance: 8:00 - Midnight

GET READY FOR SOS!!!

Two SHAG classes 7:00 - 8:00 PM

FREE! With admission

- Beginner Class
- Advanced Class

**Pre-SOS
PARTY!!!!**

Music Provided by ABSCDJS

Nancy and Dennis Gehley

Directions to Fort Meyer Community Center

From Northern Virginia:

Take I-395 to exit 8A Washington Blvd, Route 27 North. Take Washington Blvd North to Fort Myer exit on right. Go thru gate and turn left at 1st stop sign onto McNair. Community Center is several buildings down on your LEFT. Parking lot on the right.

From West Northern Virginia:

From the Beltway, take Rt. 50 East toward Arlington to the Washington Blvd/Pentagon exit. Go south to FIRST exit on right (Courthouse Rd/Ft Myer Exit). Turn LEFT on Courthouse Rd, then Left on 2nd street to Ft Myer. Go thru gate and turn left at 1st stop sign onto McNair. Community Center is several buildings down on your LEFT. Parking lot on the right.

Admission:

Members \$10

Non-Members \$12

**FREE admission to
Junior Shaggers!!!**

**Light snacks and
mixers provided,
but...BYOB.**

SOS? What's that???



Well... the Wednesday crowds may be a bit light the third week of September. Those who've been around the () for a year or more will know where everyone has gone... yes, folks it's time again for **SOS!!!** Some of our newer members may be wondering... what in the world is SOS and why is everyone going?? Well... to put it simply... **SOS is BEACH WEEK for adults.** But really... SOS is so much more... it is going HOME. Home to "the beach", the home of the shag... and of course, when I say "the beach" I mean North Myrtle. Is there another?

SOS is about friends and dancing, and partying and dancing, and hanging out on the beach and dancing, and eating (when you get a chance) and dancing. Are you getting the picture?? **SOS is a FABULOUSLY FUN SHAG event!!!** It's a TEN day affair that happens twice a year.... once in the spring known as "Spring Safari" and once in the fall known as "Fall Migration." Thousands (yes thousands!!) of shaggers make the semi-annual pilgrimage to the beach to party, relax and of course shag! There is continuous dancing, multiple shag workshops, free food, a tram service and much more! It really is an awesome event. You will get to hear lots of new music, meet new friends and visit with old ones! There are approximately 10 bars in Ocean Drive/Main Street area that cater to shaggers during this event and it is GREAT! If you have never been, I strongly encourage you to attend. You won't regret it!

Heading to SOS?

If you're planning to go to Myrtle Beach, whether this is your first time or tenth time, a great source of info about SOS is right at your fingertips! Check out the **ACSC web site** - in particular, the <http://www.shagdance.com/sos2001events.htm> page. It lists all sorts of activities that will be occurring during the week such as shag lessons, tram service schedule, contest info, and MUCH more! Also, be sure to check out the info on Fun Monday! This year there will be three performers - Jerry Butler, Keisa Brown and the Holiday Band. Don't forget to get there early too to see the "womanless beauty pageant". What a hoot! (Ask **Dennis Gehley** about this if you don't believe me.) And don't forget, once in Myrtle, to pick up your copy of the SOS newspaper, the Carefree Times. It includes all the detailed info you need for the week! See you at the beach!

Intermediate Dance Steps for September

Sept 5	Back Prep; Sugarfoot
Sept 12	Crossover Basic; Applejack
Sept 19	Kick Basic, Belly Roll, Half Turn
Sept 26	Up & Back Basic, Shag Pivot

Advanced Lessons

September 12 , September 19



Looking for **DANCE SHOES**--*Finishing Touches* now carries **SHOWTIME** dance shoes. Finishing touches is located at 906 Leona Lane, Herndon, VA 20170 (lower level). Phone 703-478-6070 or email them at laleacock@hotmail.com

What a Great Club We Have! *by Michael Browne*

Have you ever stopped to think about all the great things going on in our club? Your membership provides a great opportunity to meet diverse people who share similar interests. The Northern Virginia Shag Club is one of the best and most active clubs in the Association of Carolina Shag Clubs with almost 400 members.

Here are a few of the things the club is sponsoring for its members.

The Shag Rag and Website

Members are able to keep up with what's going on in our club and the rest of the Shag community with the popular **Shag Rag** and our web site **www.nvshag.org**.

Dance Instruction

As our club has grown so has the ability of our dancers. We have a very dedicated group of individuals who serve as dance instructors for new members, and those who have progressed to more advanced steps. These instructors provide **free shag classes every Wednesday at Nick's**. If you haven't been out on a Wednesday night lately, or if you're getting a little rusty why not stop by for a lesson!

Our club sponsors several **pro-shagger dance instruction weekends** each year with reduced dance fees for our members and the opportunity to receive private instruction from some of the best shaggers around.

Don't forget our club also makes **shag instruction videotapes** available so members can learn and practice at home!

Social Activities

We are fortunate to have an on-going relationship with *Nick's Restaurant and Nightclub* for our **weekly Wednesday night party**. Regular weekly dancing provides a great atmosphere of camaraderie that can't be beat! The club also promotes a number of dance events during the year including the well attended and successful weekend party, our **Capital Shag Classic**.

Our club sponsors other special parties such as **Sunday Socials with special free-pours** of your favorite beverages and discounted food by Nick's. How about the **Pre-SOS Party**, better brush up on those steps! And we wrap the year up with our traditional **Christmas Party!**

The Club sponsored **Free Pours at SOS** allows us to get together as a club at the biggest and best party of the year!

And don't forget the **summer picnic...** beach music, shaggin, good friends, and food hot off the grill! What a great time!

Philanthropy

Wow! This never ceases to surprise me! Our club continues to raise spectacular sums of money for our chosen charity, the Hospice of Northern Virginia. We raised over \$18,000 last year! Our largest fundraiser, the **Shag-a-thon**, allows us to contribute something back to our community while having a great time. The annual **Capital Shag Classic Benefit Golf Tournament** also provides our golfers a chance to combine fun with philanthropy.

*If you haven't been with us for a while why not come out to our next get together?
We would love to see you!*

Dear Friends and Fellow Shaggers:

We would like to take this opportunity to say thank you for inviting us to spend **Saturday, October 13** with you in a series of shag workshops. We are very excited to bring to you our teaching style and look forward to sharing our love of the dance with you.

Our schedule will be as follows:

Nick's – Alexandria, VA

Beginners:	11:00am – 12:00pm
Intermediate:	1:00pm – 2:00pm
Advanced:	2:15pm – 3:15pm

We will also be available for private lessons during our stay. Janice Grimes has graciously agreed to book those for us. She can be contacted at janigrimes@starpower.net or 703-536-7362.

If you see us at SOS, please come up and speak or better yet – get one of us to dance!

October 13, here we come!

Mike & Kay

ATTENTION ALL BEACH MUSIC LOVERS: *by Jacki Robinette*

(that should be just about ALL of y'all!) it's me again... the club's broken record. I have received word that there is going to be some primo beach music at JAXX, right here in Springfield, VA!! The **Band of Oz** will be performing **September 29th**, that's a Saturday night. We are hoping to drum up support for these beach music bands who travel farther north than they are usually accustomed, JUST FOR US! We need to thank them for sharing this great shaggin' music with us! And we need to show Jay Nedry, he's the owner of JAXX, that he is on the right track in scheduling these kind of bands. Thankfully, Jay is an avid beach music fan... and if it were not for him, we would have to travel a pretty good distance to experience this kind of primo beach music. ***One special note here: if we cannot (and do not) thank Jay and the band by heading out on the 29th, he will stop scheduling beach music in his club. That would be a shame... a cryin' shame actually. ;o)

Our's is a wonderfully enthusiastic shag club. Let's spread some of that energy around... and give The Band of OZ a warm NVSC welcome! **Price of admission is \$10**. There is a good size dance floor right in front of the stage, and 4 bars stocked and ready to serve! Brenda Franklin will be driving up from Lynchburg to attend. There may even be a lesson before the band performs. Any questions about the club can be directed to me, Jacki Robinette, or Gary Salpini. JAXX also has a website at www.jaxxroxx.com
Hey, did I mention how much fun this is? Hope to see y'all there!

NVSC LOGO ITEMS----- FOR SALE

T-SHIRTS IN BLACK OR WHITE

S, M, L, XL \$12
XXL - \$13 XXXL \$14

SHOE BAGS \$20

VA IS 4 SHAGGERS --- LICENSE PLATE FRAMES \$12

TO ORDER, SEE PAMELA ALFANO AT NICK'S ON WEDNESDAYS.



A Great way to
Keep Informed

E-MAIL

Join our "Hello
Shagger" Email list?
E-mail, Valerie Swiger,
at vms@olg.com.

Mark Your 2001 Calendars - - - - Now!!!!!!!

September 8 at Ft. Myer, pre-SOS dance
October 13 at Nicks and Kenmore Country Club,
daytime workshop and evening dance.

(Instructors TBA)...

December 15 Christmas Party

THE WEB

NVSC

information::: www.nvshag.org

Shag Club Information::: www.shagdance.com



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301-765-0995



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Beach & Shag D.J.**

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Member of Association of Beach & Shag Club DJs

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Phone: 540-775-5342



Carolina Shag

Janis Grimes

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NEW LESSON TIMES for SHAG CLASSES at Nick's

It has come to our attention that having all three of our dance classes end at the same time (8:15 PM), means that Nick's wait staff, bartenders and kitchen staff get a large number of nearly simultaneous orders for food and drink when the classes end. Nick and Duncan (the manager) have suggested that their staff could provide better service to NVSC if we stagger the class times, so that they don't all end at the same time. Nick has said that he is also planning to put a second waitress to work on Wednesday evening.

In order to accommodate the request to stagger class-ending times, the following schedule will be implemented as of **September 12**, the first week of the next four week lesson cycle.

- 1) **Advanced:** 7:15 - 8:00
- 2) **Intro/Beginner:** 7:30 - 8:15
- 3) **Intermediate:** 7:45 - 8:30

General dancing will still take place on the main floor from 8:15 - 11:00 pm.

AS OF SEPTEMBER 12, the cover charge at Nick's for Wednesday nights will increase from \$3 to \$4.

\$1 Off

Any \$6 dollar
minimum food &
beverage purchase at
Nick's.

One offer per party, per visit. Not valid for alcoholic beverages, or in conjunction with any other offer or discount. Tax and gratuity not included. **GOOD FOR Sept. 12, 2001 ONLY.**



\$1 Off

Any \$6 dollar
minimum food &
beverage purchase at
Nick's.

One offer per party, per visit. Not valid for alcoholic beverages, or in conjunction with any other offer or discount. Tax and gratuity not included. **GOOD FOR Oct. 17, 2001 ONLY.**



