



# Shag Rag

*Dedicated to the Preservation of the Carolina Shag and Beach Music*

May, 2001

Keep on Shagging'

Vol. VIII, No 5

## **President's Message** by Heather Jennings

Well... the Wednesday crowds may be a bit light the last week of April and the first week of May. Those who've been around the club for a year or more will know where everyone has gone... yes, folks it's time again for SOS!!! Some of our newer members may be wondering... what in the world is SOS and why is everyone going?? Well... to put it simply... **SOS is BEACH WEEK** for adults. But really... SOS is so much more... it is going HOME. Home to "the beach", the home of the shag... and of course, when I say "the beach" I mean North Myrtle. Is there another?

SOS is about friends and dancing, and partying and dancing, and hanging out on the beach and dancing, and eating (when you get a chance) and dancing. Are you getting the picture?? SOS is a **FABULOUSLY FUN SHAG** event!!! It's a **TEN** day affair that happens twice a year.... once in the spring known as "Spring Safari" and once in the fall known as "Fall Migration." Thousands (yes thousands!!) of shaggers make the semi-annual pilgrimage to the beach to party, relax and of course shag! There is continuous dancing, multiple shag workshops, free food, a tram service and much more! It really is an awesome event. If you have never been, I strongly encourage you to attend sometime. You won't regret it!

For those making the trek down, the club is again sponsoring **two FREE pours**. The first is **April 28, 4-6 pm** at Ducks. The second is **May 5th, 4-6pm** at Boulevard Grill. Stop by and enjoy any drink you want (soda or shooter!) on the club until the money runs out. Also - don't forget to head on over to the Kroger parking lot at 1pm on May 5th to march in the **SOS spring parade**. NVSC is participating by entering a "club vehicle" this year. We'll be decorating the car and then marching along side handing out flyers about the Classic. If you have a Classic or NVSC t-shirt, be sure and wear it!

Later this month (the feet need recuperation time after SOS!) we are having a **FABULOUS DANCE** on **May 19th!** It will be a joint party with the Washington DC Ski Club and the theme for the party is "Shaggin in Margaritaville" since the ski club has offered to mix up some of their famous MARGARITAS for the party! The party/dance will be at Virginia Ballroom and there will be a beginner shag lesson from 7:30 to 8:30pm. The dancing and partying will begin immediately after that and go til around 12:30! This is going to be a **FUN** dance so make plans now to attend! See the flyer for all the details.

For those who enjoy the outdoors, NVSC is going to have their first (annual?) **club picnic** on **June 23rd!** NVSC members' Gary & Robbi Mann have graciously offered their home as the site of the picnic. We are still working out all of the details, but right now it looks like the NVSC will provide the hot dogs, hamburgers, buns, condiments and drinks for the event. Please bring a side dish to share! Also - the Mann's wanted me to let everyone know that they have a **POOL** so you are encouraged to bring your swimsuit! We will also have a small dance floor available and some shag music playing for those who want to work off some of that picnic fare! We'll pass along more details as we iron them out. See you shaggin'!

## SOS: The First Time . . . by the Virgin Trippers (originally printed in 1996)

SOS was undoubtedly the biggest and best five-day party ever attended by the virgin trippers - *Vesta Jones, Donna Leibowitz, Trelle Shaw, Linda Shingleton and Karen Wagley*. We expected a good time, but our first SOS far exceeded our dreams. If you've never been to SOS you've got to begin making plans for your virgin trip NOW - we all agreed that we'll be returning as experienced SOSers in September.

**Tripping.** In anticipation of all the fun, *Trelle* suggested renting a car with a huge trunk so we could party together all the way down to Myrtle Beach. It turned out that we had to pay extra for additional drivers, but *Trelle* knew that when her toes hit the sand she would not want to get back in the van until it was time to go home (she made no bones about it - when the sun was up she would be sleeping on the beach and when the sun went down she would be shagging - she didn't even need to stop for meals - just a quick Duck's burger once a day), so *Karen* signed on as the additional driver so everyone else could shop. Well, if you want to get a van for the price of a car, take *Karen* along. *Karen* is an expert about renting cars. She noticed a sign that said if you bring a car back empty it would be filled up at a charge of 99 cents a gallon. Obviously much cheaper than the gas pumps around here. Not only that, she had the same birthday as the rental clerk so they gave us a van for the price of a car! The trip was a success before we even headed south, except for the fact that no one guessed that after the first night we would never see Karen again until it was time to go home (except over coffee in the morning when everyone woke up).

To take advantage of *Karen's* suggestion and calculate exactly where to fill the car up on the way home, *Trelle* suggested that they not fill the car up until it registered empty. Everyone agreed with the idea until it became apparent around Lumberton, NC that *Trelle's* idea of empty was running out of gas on the highway and using *Vesta's* AAA plus card to have the van towed back to Alexandria. *Trelle* was overruled and the van ended up being turned in with 1/8th of a tank of gas.

**Lessons Learned.** A week before leaving for Myrtle Beach, experienced SOSer *Val Swiger* gave *Vesta* some advice to share with the group: "If a man has gray hair and is tapping his toes, ask him to dance -- he's bound to be a good shagger." On the trip down, *Trelle* bragged, "I could never get worn out shaggin'. I can shag all night long. I hope there are plenty of gray-haired men tapping their toes." *Trelle* got her wish but ate her words before the place closed down on the second night. She was hobbling by midnight and had already iced her ankle and massaged her feet before everyone else returned.

We were fairly certain that we were well equipped with all our NVSC shag lessons and Val's expert advice, but *Donna* wondered if we would know all of the same mirror steps as the gray-haired toe-tappers. Of course with a group of women there is always an answer to everything. We all agreed when a man asked us if we knew a strange step we would say "No, but do you know the Magnolia?" In case he was a wise man and asked us to show the steps to him, we agreed that we would tell him "*It is very complicated and involves about eight six counts*". *Donna* was the only one with the guts and the memory to test the plan. While dancing with her seventeenth gray-haired toe-tapper she was finally asked if she knew the Dippety Roll. When she gave him the Magnolia response his eyes sure enough lit up and he said, "Show it to me." Needless to say *Donna's* response left him gaping, but he didn't ask her about any more mirror steps.

## VIRGIN TRIPPERS (CONTINUED)

All the way to Myrtle Beach *Vesta* worried about getting there in time to buy dancing shoes so she would look like a shagger to go dancing Wednesday night (even brought her cell phone so she could call for directions to the Shoe Center from the car). When we reached Myrtle Beach, she called but was told the store closed in 10 minutes and we would not be able to buy shoes until Thursday morning. Turned out for the best, *Trelle's* friend *Linda* is a real southern shagger from Emerald Isle, NC. *Linda* explained to *Vesta* that it would take more than shoes to make her look like the real southern shagger -- it was gonna take GOLD -- gold earrings, gold belt, gold visor and gold dancing shoes, a true GOLDEN GIRL -- and sure enough *Vesta* shagged with many more than her share of shaggers (was it really the gold?).

After the first night, *Donna* was told so often that she talked funny, she requested southern as a second language lessons from *Linda*. Just ask how she asks a guy to shag now -- "Do ya'll sh a y a g?" She got so good at her southern drawl, she surprised them when she admitted she was from Washington, D.C. She loved the reactions she got: "I didn't know people knew how to shag that far north"; "Say WHAT????"; "Oh Lawd, you're really out of your element"; "You mean Washington, NC?"; "But where did you learn to shag?"; "Are you SERIOUS?"; "Do you work for the IRS?"; "You're a Yankee?????"

### TOP 10 lessons learned by the Virgin Trippers at the 1st SOS:

- 10 When renting a car, get everyone licensed to drive (Karen wasn't there)
- 9 Girls need to rent a van and party while they travel - it's better than a year of therapy
- 8 Groups are great in the van - but not on the dance floor
- 7 Crowded SOS dance floors prove Rick Hendrix right - real shaggers take TINY steps.
- 6 Two beach chairs and two beach towels will work for five girls - rotate every hour chair to towel (Karen wasn't there)
- 5 Take at least one real southerner along in your group to interpret  
Even if you agree on a favorite beach tape, you don't have to listen to it all the way home
- 3 A four-roll pack of toilet paper is not enough for five girls for five days (in spite of the fact that Karen didn't use her share)
- 2 Men LOVE to dance with a single woman. (Definition of a single woman: a woman standing alone, ALL BY HERSELF, standing beside Karen (Karen wasn't there)
- 1 Not all gray-haired toe-tappers can shag (Val was wrong)

## Virgin Trippers--Where are they now?

*Vesta Jones* is still a tripper but no longer a "virgin tripper" she goes to ever SOS, most of the time spending the entire 10 days. She also served three years on the Northern Virginia Shag Club board, two of those as President and can be found almost every Wednesday night at Nick's, GOLD and all.

*Karen Wagley* has retired from the government, sold her antique store in Pennsylvania, met a non shagging man on a cruise, married and moved to Arizona. While visiting her parents, who still reside in the Washington area, she popped into Nick's just last month.

*Donna Leibowitz*, returned to SOS just one more time, she found the smoke in the bars just too much to take, she did keep shagging on Wednesdays, met Carl Montoya another member of our club and got married. Their life is so busy we don't see much of them on Wednesday's, but they try to make it to the Capital Shag Classic each year.

*Trelle Shaw* found the man of her dreams at SOS, he proposed one year later at SOS, they have since married and moved to Hilton Head, where they are both still shagging.

*Linda Shingleton*, still attends SOS, sometimes still sharing accommodations with *Vesta*, sometimes with her new husband, also a shagger and sometimes she even gets her daughters to come to SOS.



Invites You to Join Us For Our Sixth Annual

# CAPITAL SHAG CLASSIC

Continuous Dancing  
and Music by

Great Association DeeJays

## BUTCH METCALF - TERRY ELLIS

CRAIG JENNINGS ● LARRY JONES

DENNIS & NANCY GEHLEY ● CHARLIE PRICE ● GERRY SCOTT

### JULY 27, 28 & 29, 2001

Party starts 4 p. m. on Friday and continues on till 12 noon on Sunday

*FREE SHAG WORKSHOP on Saturday*

## Grayson Smith & Leslie Melton

### Second Annual Golf Tournament

Friday July 27th - Cart & Green Fees \$75.00

Partial proceeds Go To Hospice of Northern Virginia

Holiday Inn Hotel & Suites  
625 First Street  
Alexandria, Virginia 22314

**\*\*Request Special No. Va. Shag Club Rate**  
**\*\*Rooms \$84\*\* (1-4 persons)**  
Reservations: 703-548-6300

*FREE SHUTTLE to and from National Airport / Metro*

*FREE ALL-YOU-CAN-EAT MENU \* FREE POURS*

*Smoke-Free Ballroom*

***\*\*Hotel Discount Rate Reservation Cut-Off June 27th!! No Exceptions!!***

Weekend Tickets \$60 thru June 27th; \$65 Till 7/20; \$70 After That

*Buy Your Tickets Early!*

NO REFUNDS AFTER JUNE 30 TH

***RAFFLE: For only an extra \$2. Take a Chance on a FREE ROOM and 1 Weekend Pass!!***

For Classic information, call Linda Silbaugh 703-256-4917 or Heather Jennings at 540-775-5342

For Golf information call Joe Cornish (703) 449-8449 or Laura Lightbourne 703-820-9782

Tickets will be held at check-in desk: include a self-addressed, stamped envelope to receive confirmation

Make Check Out & Return to: Northern Virginia Shag Club - P. O. Box 5522 - McLean, Virginia 22103

Weekend Tickets \$60 thru June 27th; \$65 Till 7/20; \$70 After That

Golf Tournament Fee - \$75. Partial proceeds go to Hospice of Northern Virginia

NO REFUNDS AFTER JUNE 30TH

Name(s) (Last, First) \_\_\_\_\_

Address \_\_\_\_\_ Primary Shag Club \_\_\_\_\_

City, State \_\_\_\_\_ Phone \_\_\_\_\_

No. of Classic Tickets \_\_\_\_\_ No. of Golf Tickets \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_

For Classic information, call Linda Silbaugh 703-256-4917 or Heather Jennings at 540-775-5342

# NVSC's Benefit Golf Tournament

## July 27, 2001

Northern Virginia Shag Club

will host a mixed golf tournament at Fort Belvoir in Alexandria, Virginia

Registration at **6:30 AM, 8:00 shotgun start.**

Both men and women are encouraged to play.

**Location:** Fort Belvoir Golf Course

**Cost:** \$75 per person includes:  
Greens fees, range, cart, lunch, prizes

**Format:** Shotgun Start, Captain's Choice  
Scramble, Mixed format

**Prizes:** Longest Drives Men/Women  
Closest to the Pin Men/Women  
Lowest Team Score (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>)  
**WIN A CAR FOR A HOLE IN ONE!!!**



Partial proceeds to benefit **Hospice of Northern Virginia**. The Hospice way of caring allows the terminally ill to live their final days to the fullest, as comfortable as possible, and usually in their own home. Hospice is concerned with the whole person, with emotional as well as physical problems and also with the needs of the family.



To sign up, complete the bottom portion and return to: NVSC, Joe Cornish, P.O. Box 5522, McLean, VA 22103. Questions? Contact: Joe Cornish 703-750-6449 or e-mail nishjcl@prodigy.net. Make check payable to NVSC.

Name (Last, First) \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

**NVSC Golf Tournament July 27, 2001. Deadline to sign up: 6/23/2001.**

**Are you part of a  
Foursome?**

If **YES**- please list other  
names in your foursome.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Help Showcase SHAG!

Dance at the **Alexandria Waterfront Festival** on Sunday, **June 10th** with your fellow NVSC members. We will be doing a 40 minute demo of the Carolina Shag at this Festival. All are welcome to participate, but you must sign up in advance so that we can provide a list of participants to the festival. **(participants will be allowed into the Festival free of charge.)**

Call **Heather Jennings** at 540-775-5342 or e-mail at [hjennings@sentel.com](mailto:hjennings@sentel.com) to **sign up**.

## ABSC DJ's Help Northern Virginia Shag Club Raise \$20,000 for Charity

by *Dennis Gehley*

The 400 members of the **Northern Virginia Shag Club** have in their ranks ten members who are also **ABSC DJ** members: *Eddy Farmer, Denny Martin, Dennis and Nancy Gehley, Ralph Hart, Rob Baen, Criag Jennings, Larry Jones, Charlie Price and Gerry Scott.*

On Saturday, **February 10**, **ABSCDJ's: Dennis and Nancy Gehley, Craig Jennings, Charlie Price and Gerry Scott**, volunteered their time and equipment, to give NVSC members and the public a taste of what they can expect when they come to NVSC's weekly club dance and dance lessons at Nick's Restaurant in Alexandria, VA. The event was NVSC's **3rd Annual Shag-A-Thon** to raise donations for the club's designated charity, the Hospice of Northern Virginia. By the time the dust had settled and all pledges were in, NVSC event Chair, Jeff Kincheloe was able to report that the club's goal of **\$20,000** had been exceeded.

NVSC promotes its **Shag-A Thon** as a once-a-year opportunity to publicly demonstrate a number of the purposes listed in its 1994 constitution, such as promoting and preserving the **Shag Dance and music** and engaging in charitable activities to benefit the community.

## Beach Music at Jaxx by *Gary Salpini*

The March 31st show at Jaxx with Bill Deal And The Rhondells was great. They opened with a 90 minute set, followed by a short intermission and closed with another hour or so of great songs. The music was excellent and their vocals were outstanding. Brenda Franklin of Lynchburg was here again and provided another great lesson. Lots of dancing and good times by all. NVSC had a little over 20 members present.

The next beach band scheduled into Jaxx is **The Coastline Band on June 15th**. Brenda will be doing a lesson again and the band will start around 9. Tickets will be \$12. Look for flyers at Nick's or the Coast Guard.

### **NVSC LOGO ITEMS----- FOR SALE**

#### **T-SHIRTS IN BLACK OR WHITE**

S, M, L, XL \$12  
XXL - \$13 XXXL \$14

**SHOE BAGS \$20**

**VA IS 4 SHAGGERS --- LICENSE PLATE FRAMES \$12**

**TO ORDER, SEE PAMELA ALFANO AT NICK'S ON WEDNESDAYS.**



