



# Shag Rag

*Dedicated to the Preservation of the Carolina Shag and Beach Music*

February, 2001

Keep on Shagging'

Vol. VIII, No 2

## President's Message by Heather Jennings

Brrr!!!! It's been a cold winter so far in the Washington area this year, but luckily we've had lots of HOT shag events to keep us moving. First and foremost, thanks again to **David & Jerry Rodgers** for hosting Charlie & Jackie in their home for our first annual shag workshop of 2001. As usual, they were wonderful hosts! I'd also like to thank all the volunteers that helped David & Jerry answer the phone, watch the door, transport Charlie & Jackie, bring them lunch/dinner or whatever else was needed! Everyone was wonderful!!!

As far as I could tell, everyone thoroughly enjoyed both the workshop (thank you **Janis Grimes** for again planning a fabulous workshop) and the dance. Saturday night, over 150 folks danced to the fabulous music of our guest DJ **Joanne Johnson** and enjoyed **Betty Abshire's** famous food spread! Thanks to all the volunteers that worked with Betty in making our party such a success!

As if the Charlie & Jackie workshop wasn't enough, some hardy souls headed on down to North Myrtle Beach, SC (the HOME of the shag!) for more dancing at Mid-Winter, January 18-21. There were several club members in attendance including myself and the first spouse, **Pamela Alfano, Roger Woodson, Vaughn Royal, H.K. Lee, Vesta Jones, Pauline Easby-Smith, Rita Perrotti, Melody Wayland, Susan Bane, Jewell Pradier, Jimmy Harley, Marjorie King, and Mike Edmonston.** (If you were there and I didn't see you, I apologize!!!) Watching Jewell, who was a North Myrtle "newbie", had to be the highlight of the weekend though! She was filled with the same awe and sheer exhilaration we all are during our first trip to the beach! Jewell your face must have hurt by Sunday from all that smiling!!!

Last, but not least, NVSC members had SEVERAL options to choose from the last weekend in January. Four adult NVSC members, **Craig & Heather Jennings** and **Earl & Beverly Robinson** and three juniors, **Kari Jones** and **Ben & Tory Robinette** danced at the National Shag Dance Championships - Preliminaries in Myrtle Beach. Some folks headed on down to cheer them on! Others headed on down to Virginia Beach to see two of our own members, **Janis Grimes** and **Rodger Woodson** be inducted into the Virginia Shag Hall of Fame. (Congratulations!) Yet others decided to stay closer to home and either see the band "Hardway Connection" play at Jaxx in Springfield or pop on over and dance at the MD VA DC Hand Dance Association dance at the Riverdale Elks lodge. Whatever your fancy, I hope you had an enjoyable January shaggin' your weekends away!

Looking into February, don't forget about our annual **Shag-a-thon** to raise money for Hospice. This year it will be **Feb. 10 at Landmark Mall.** See **Jeff Kincheloe** our 2001 Shag-a-thon chair, to register. Our goal is \$20,000 this year so don't delay! We also have a **SUNDAY SOCIAL** planned for February 18 in the back room of Nick's. We'll be having a FREE pour, \$1 hot dogs, an advanced shag lesson and a guest DJ: Jerry Canada!

This is a FREE benefit to NVSC members so **come on by and shag away your Sunday afternoon!** Hope to see you there!

## Mark Your 2001 Calendars - - - Now!!!!!!!

February 10 at Landmark Shopping Center,  
Shagathon for Hospice

February 18 at Nicks--Sunday Social, 2 to 5

March 24 at Nicks and Virginia Ballroom,  
daytime workshop and evening dance  
(Instructors TBA)

July 27-29 Capital Shag Classic weekend

September 8 at Ft. Myer, pre-SOS dance

October 13 at Nicks and Kenmore Country Club,  
daytime workshop and evening dance.  
(Instructors TBA)...

December 8 Christmas Party, at Springfield  
VFW

## SHAG TAPES FOR LOAN

To help you practice your shag moves, we have the following tapes, that are on loan to **members** of Northern Virginia Shag Club, for **one week**, for a refundable \$25.00 deposit:

**Charlie & Jackie:** Mirror Patterns/Male Lead, Tape 1  
Mirror Patterns, Tape 2  
Lead and Follow, Vol 1  
Basic Variations, Vol 1 (2)  
Basics Plus (2)  
More Basics Plus, Vol 1  
More Basics Plus, Vol 2  
Female Footwork  
Male Lead Vol 1  
Workshop Notebook Vol 1 & 2

**Sam & Sarah West:** Carolina Shag for Beginners (2)  
Basic Polish - Techniques in Basic  
Patterns (2)

**Ellen Taylor:** Basic Technique

**Sy Creed & Dana Brown:** Learn to Shag

**Virginia Beach:** Mirror Steps

See Nancy Gehley to check out video, or call her at 703-451-6764 OR EMAIL her at [ngehley@aol.com](mailto:ngehley@aol.com).

## Intermediate Dance Steps for February

Feb 7 Kick Basic; Belly Roll; Half Turn

Feb 14 Hesitation Basic; Hug Pivot; Tuck

Feb 21 Shag Pivot

Feb 28 Side-by-Side Basic; Pivot with Belly Roll, Handshake Wrap Pivot

Advanced lessons January 31 and February 7

Dance Committee meeting, February 4, 7PM at Janis Grimes home.

## New Members in January

*Jim Aaron, Marcia Bonar, Kelly Brehm,  
Carey Cannon, Ari Millner, Carol Montague,  
Andy Playso, Rose Playso, Diane Sawyer,  
Kathy Stacy*

## DJ's

Feb 7 Dennis & Nancy Gehley

Feb 14 Craig Jennings

Feb 21 Gerry Scott

Feb 28 Larry Jones

Mar 7 Dennis & Nancy Gehley



# Shag A Thon

by Jeff Kincheloe

Our third annual **Shag-A-Thon** for **Hospice** is scheduled for **Saturday, February 10, 2001**, from **12:00 Noon to 5:00 PM** at the **Landmark Mall** in Alexandria, Virginia. This year's Shag-A-Thon, coming as it does just before Valentine's Day, will have a Valentine's theme. The idea behind the dance is to obtain a pledge of support for Hospice of Northern Virginia for each dance that you do or a flat amount in honor of your participation in the event. Checks are made out directly to Hospice of Northern Virginia (they have recently opened branches in Washington and suburban Maryland also).

This is a marvelous opportunity to share with your friends, family, coworkers and others your passion for our dance while raising money for a worthy cause. Last year was a dream come true for me. With a little sign on my back indicating that I was dancing for over \$50 a dance, I had women lining up to dance with me to ensure the maximum contribution to Hospice. Hey, as a shy person, I'll take any help I can get! My reward for raising the most money is I get to chair the event this year, which actually has been a fun assignment thus far.

At the recent wedding of a nephew, I had several people say that I was a real inspiration for everyone at the dances that preceded and followed the wedding. This amazed me since in comparison with many of you, I would consider myself somewhat of a novice. It also made me realize what a small group we dance enthusiasts are. I know there is a deep yearning out there amongst everyone to dance, so the Shag-A-Thon is a great opportunity to expand our circle of dancers. As we teach others this dance we love, our own enjoyment is greatly magnified. My 85-year-old aunt took some dance classes after her husband died. She said one of her biggest regrets was she and her husband never danced because he refused to dance. I feel a particular mission to get the guys off their commonly held position that they can't dance.

I had lunch recently with the President of Hospice of Northern Virginia who pledged to encourage greater participation from their employees, volunteers, and supporters. I am coming across more and more families these days that have been deeply touched by the experience of having a family member cared for by hospice.

In talking with some of you, I find that the biggest barrier to participation is embarrassment about asking for money. I want to reassure you that if done respectfully and without pressure, asking for money for a worthy cause can be a very intimate, enlivening, and fulfilling experience for both the one who asks and the one who gives. While asking for Shag-A-Thon contributions last year I often found myself being invited into some wonderful conversations about dancing and hospice. Sometimes I've even done some impromptu talks on the origins of shag ("when the jitterbug met rhythm and blues" according to the Smithsonian magazine) and coaching on the basic shag step.

For more information about how to sign up to participate and to obtain pledge forms, flyers, and an instruction sheet, please contact me: **(Home) 202-543-9436; (Work) 202-547-7424;**  
**kinchel@yahoo.com**

## Shagger Profile---

**Name:** Jane James  
**Occupation:** Service Representative  
**Birthday:** December 9  
**Hometown:** Lynchburg, Virginia  
**Marital Status:** Divorced  
**Motto:** Don't sweat the small stuff  
**Dream:** Travel anywhere, anytime I want  
**Inspiration:** My Mom  
**Favorite Dance Tune:** Anything by "Delbert"  
**Bad Habit:** Procrastination  
**Hobby:** Dancing  
**Luxury defined:** Having a maid and chauffeur  
**Drink:** Chardonnay  
**TV Program:** Once and Again  
**Books at bedside:** Bible, John Grisham  
**Last words:** Had a Great Time!

### A Great way to Keep Informed

**E-MAIL::**

How do you get on our "Hello Shagger" Email list?  
Just email me, Valerie Swiger, at [vms@olg.com](mailto:vms@olg.com).

### THE WEB



**NVSC** information::::[www.nvshag.org](http://www.nvshag.org)  
Shag Club Information::::[www.shagdance.com](http://www.shagdance.com)

## Happy Happy Birthday February Babies

1 Robert Busey  
1 Stephanie Powers  
3 Jim Aaron  
3 Mary Atienza  
4 Earl Reed  
4 Kathy Stacy  
6 Dee Bassett  
7 Sara Brodsky  
7 Sandra Mcgee  
7 Phyliss Swart  
8 James Raney  
8 Charles Stringer  
10 Eric Beaver  
13 Tom Romero  
13 G. Lance Smith  
17 Olivia Estep  
19 James Taylor  
22 Roger Bennett  
23 Carl Kapraun  
24 Donna Larman  
24 Beverly Robinson  
25 Judy Martin  
25 Bernadine Shipman  
26 Marcia Conway



### Grand Baby

Gary and Robbi Mann have a new grand daughter. Allison Lee Mann, born November 26, 8 lbs, 4 oz and 21 inches long.

# Get Ready for the Best Classic Yet!

## MARK YOUR CALENDARS NOW!

*The Northern Virginia Shag Club Presents*

### The Sixth Annual Capital Shag Classic

July 27, 28, & 29, 2001

Where: Holiday Inn and Suites  
625 First Street  
Alexandria, Virginia 22314  
Reservations: 703-548-6300

How much: \$60 up to month prior

*Your Party Admission includes:*

The Best in Rhythm and Beach Music by Association DJs  
Shag Workshops  
Delicious All-You-Can Eat Menu  
Free Pours With Your Favorite Beverages  
Special Guest Entertainment  
Limited Attendance for Your Dancing Pleasure  
Reduced Hotel Rates in Old Town Alexandria

**Special Golf Outing Friday July 28th**

More information will follow as we plan our  
BEST EVENT YET!

For general information contact:  
Linda Silbaugh 703-256-4917 – Event Coordinator  
Heather Jennings 540-775-5342 – Club President

For golf information contact:  
Joe Cornish 703-449-8449 – Golf Coordinator  
Laura Lightbourne 703-820-9782 – Golf Coordinator

Get the latest from our soon to be updated website:  
[www.nvshag.org](http://www.nvshag.org)

Large  
Dance  
Floor!

Free  
Pours

Great  
Food!

Friday  
Golf  
Outing!

Extend  
Your Stay!

See the  
Nation's  
Capital



Please join us for the



3<sup>rd</sup> Annual Northern Virginia Shag Club

# Shag-A-Thon!!



## Keep on Shaggin'!

on Saturday

February 10, 2001

12 Noon until 5:00 pm

at

Center Court, Landmark Mall

Alexandria, VA

- Prizes for participants!
- Refreshments and snacks!
- Great music by NVSC DJ's!

*All proceeds from this event  
benefit*



**HOSPICE**  
OF NORTHERN VIRGINIA

Participants are asked to raise  
money through pledges.

To register yourself and  
receive a pledge sheet call:

Jeff Kincheloe  
202-543-9436

or

Pamela Alfano  
703-379-7992

# February 2001

## Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
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### January 2001 Board Mtg Highlights

**Treasury:** Unreconciled balances: Charity: \$248.12; Regular Account: \$5,370.95; Special Events (Classic): \$2,253.45

**Capital Shag Classic:** Will be held at Holiday Inn in Old Town Alexandria again on July 27-29. Golf Tournament will occur on Friday July 27. Instructors and DJ's are TBD.

**Dance:** We will have a March 24 workshop at Nick's with Jimmy and Cameron Caruso. (Pro dancers and National Competitors)

**Social:** Dance after the March 24 workshop will be at Virginia Ballroom. It will be a potluck (appetizers) event. Folks who bring an appetizer to share will get in for \$5, otherwise \$10.

**ACSC:** We need a volunteer to handle the Spring SOS parade.

**Junior Shaggers:** The Board voted to open a bank account to support junior shaggers. The proceeds from one 50/50 a month will be placed into this account as well as any private donations offered by members.

## Thank You

We want to thank all the Northern Virginia Shag Club members who helped us host Charlie & Jackie during their weekend visit with us. We appreciate all the help we had with transportation, food, administrative help and assisting with serving and cleaning up after meals.

*David & Jerry Rodgers*

