



# Shag Rag

*Dedicated to the Preservation of the Carolina Shag and Beach Music*

March, 1999

Keep on Shagging'

Vol. VI, No 3

## President's Message---by *Vesta Jones*

### Where Do I Start????

February was a month of headlines!

Right out of the starting gate, our first annual **Shag-a-thon** was a HUGE success. Thanks to the club members that pledged and collected pledges, and danced, as well as the generosity of the passers-by at Springfield Mall wowed by it all, we will be contributing over \$8000 (that's THREE zeroes) to Hospice of Northern Virginia as a result of the Shag-a-thon...and it's only February! Over fifty members came and danced, and danced, and danced...our club DJ's donated their time: Dennis and Nancy Gehley, Charlie Price, Larry Jones, Craig Jennings...thanks to all of you for a wonderfully successful afternoon...and especially to *Heather Jennings* for planning it and pulling it all together.

Then, on **February 10th** the general membership voted to move our dance location from Blackie's to Nicks in Alexandria. That was another HUGE step! We began dancing at Nick's officially on Wed., Feb. 17..a big thank you to Charlie Price for bringing Nick's to the attention of our Alternative Locations Committee that had been charged with finding us a dancing home during the "mixing bowl" construction. Nick himself has been gracious, and the dance floor is great! Tell all your friends about the new location!!!

THEN, on **February 14th**, we celebrated NVSC's fifth anniversary at a combined party/dance with the DC Handance Association. Denny and Eddy shared DJ time with Craig Jennings, and we had about 30 or 35 of our club members in attendance. Betty Abshire brought a huge anniversary cake. The location was very easy to get to (Morningside VFW), the dance floor nice, music great, people friendly, and the hand dancers had even supplied barbecue!

What more can I say! My head is swimming with all the big news...all I can say, really, is ...thank you for all you do...ALL of you...this club is truly amazing!

## Shag Workshops

with

Larry and Shirley Jones

March 20, 1999

<b>Place:</b>	Nick's 642 S. Pickett St. Alexandria, VA
<b>Time:</b>	Beginning      11:00 - 12:00 Intermediate    1:00 - 2:00 Advanced        2:15 - 3:15
<b>Cost :</b>	\$10 members/ \$15 non-members

### *Dance that Night 8 to Midnight*

**Cost: \$10 for members/\$12 for non-members**

*Snacks provided, BYOB*

*Beer on tap--honor jar donations*

### *Music by Nancy and Dennis Gehley*

**Springfield, VFW** take 495, to I-95 South to exit 166A (Newington/Ft. Belvoir)

Get into left, lane, turn left at stoplight on to Newington Road. Stay straight on Newington Road under one lane bridge. Go approximately 1/8 mile take hard left(almost at U turn) onto Cinderbed Road, go approximately 1.2 mile, right on Hillpark Drive(industrial complex), go to end, turn left on Kincannon (VFW on right).

## A Shaggin'Success!! *by Heather Jennings*

All I can say about our 1st Annual Shag-a-thon is - **WOW!!** What a great time!!! There was fun, excitement, and camaraderie in the air as over 60 club members turned out to dance in support of Hospice on Feb. 6 at Springfield Mall. A number of members also turned out to support the group by either helping the dancers register or simply cheering them on! All afternoon we danced to great tunes provided by our own Dennis & Nancy Gehley, Charlie Price, Larry Jones and Craig Jennings.

We also were fortunate enough to have some lovely guests from both Richmond and Virginia Beach. Larry and Shirley Jones and Beverly Jones and Earl Robinson from Richmond all participated in the event and performed demos during the Shag-a-thon. In addition, it was a real treat to have Karen and Grant Garmon from Virginia Beach join us. Grant is a junior shagger who will be competing at the National Shag Dance Championships this year and it isn't hard to see why!!! What a dancer!

All in all - it was a wonderful time and although the final tally is not in - it appears as though we raised between **\$8000** and **\$9000** for **Hospice!!!** We also were able to promote the dance we all love so much. I had a number of spectators come up to me during the event and ask about learning to shag.

So, if you didn't make it to the Shag-a-thon this year, plan on participating next year!! You won't regret it!

## Win-Win Offer Made by Red-Cross : Call for Statement of Interest



The American Red Cross is proposing to make a site available to us to both dance and get **CPR certified**. The tentative time is late summer, potential location is Union Station, tentative cost to us is \$10 - \$15/person (normal CPR certification is \$48.)

Starting in **March** we will have a **sign-up sheet** on the club "table" (the "**bar**" on the side of Nick's dance floor opposite the dining area) for those who may be interested.

Generalizations are never good, so I'll speak for myself....I'm to the age that I hope my friends who dance regularly with me are **CPR certified**...I certainly intend to be!

Questions? Ask **Vesta** or **Gary Salpini**....and sign up....

A friend is someone we turn to  
When our spirits need a lift,  
A friend is someone we treasure  
For our friendship is a gift,  
A friend is someone who fills our lives  
With Beauty, Joy, and Grace  
And makes the world we live in  
A Better and Happier Place.

### A Friend....

- (A)cccepts you as you are
- (B)elieves in "you"
- (C)alls you just to say "HI"
- (D)oesn't give up on you
- (E)nvisions the whole of you (even the unfinished parts)
- (F)orgives your mistakes
- (G)ives unconditionally
- (H)elps you
- (I)nvites you over
- (J)ust "be" with you
- (K)eeps you close at heart
- (L)oves you for who you are
- (M)akes a difference in your life
- (N)ever Judges
- (O)ffers support
- (P)icks you up
- (Q)uiets your fears
- (R)aises your spirits
- (S)ays nice things about you
- (T)ells you the truth when you need to hear it
- (U)nderstands you
- (V)alues you
- (W)alks beside you
- (X)-plain things you don't understand
- (Y)ells when you won't listen and
- (Z)aps you back to reality

## Committees

Our recently revised by-laws require that each standing committee have **three members**. The following is a list of the committees and their chairpersons. Please review this list and if you are interested in becoming a member of a committee contact the chairperson.

Social	<i>Betty Abshire</i>
Dance	<i>Janis Grimes</i>
Music	<i>Craig Jennings</i>
Charity/Fund Raising	<i>Heather Jennings</i>
PR/Promotions	<i>Joan McKinney</i>
Web Site	<i>Vesta Jones</i>
Newsletter Liaison	<i>Kathryn Quattrone</i>
	<i>Valerie Swiger Editor</i>
Membership	<i>H. K. Lee</i>
Alternative Dance Sites	<i>Dennis Gehley</i>
Club Shirts	<i>Dennis Gehley</i>
Communication	<i>Kathryn Quattrone</i>

### Hotel and Condo Info in North Myrtle Beach:

• Ambassador East, 507 S. Ocean Dr.	803-249-3531
• Buccaneer, 401 S. OD	803-249-1466
• OD Beach & Golf Resort	800-438-9590
• Summer Sea Inn, 109 S. OD	803-249-4411
• Coastal Condos	803-280-0005
• Lewis Realty	800-334-3390
Blockade Runner, 1910 N. OD	803-249-3561
Days Inn North, 1321 S. OD	803-272-5131
Marion Earl Motel, 1401 S. OD	803-272-5181
Ocean Sands, 1525 S. OD	803-272-6101
Red Tree Inn, 1415 S. OD	803-272-5353
Sands Ocean Front, 74th Ave. N.	800-845-6701
Seaside Inn, 2310 S. OD	803-272-5166
• Near Main Street	

*\*If you can't get a room in NMB, there are plenty of places to stay a little further down the beach.*

## The Classic is Coming

The Northern Virginia Shag Club's  
weekend party is scheduled for

**July 23, 24 and 25.**

A weekend of dancing, eating, workshops  
AND FUN.

Mark your calendars.

## ACSC Spring Parade at SOS will be April 24 at 2:00

Northern Virginia Shag Club members, we need you. Are you going to SOS????? Will you be there for the parade????? Would you like to be in the parade??? We have some **GREAT IDEAS** for costumes for those who **REALLY** like to have fun.

If you are interested in working on this, contact **Valerie Swiger (703-281-9193)** or **Pauline Easby-Smith (703-759-4479)** ... don't forget we won **FIRST** place in the marching division last year. In addition to loads of fun, it meant a nice first place check towards our treasury, a nifty trophy and a bit of notoriety for our very own "**Juke on the Loose!**"

See our website for pictures [www.sbolnet.com/shag](http://www.sbolnet.com/shag).

**LOST AND FOUND**...ladies flowered umbrella (the kind that folds up small), ladies black cardigan sweater, mens purple cotton sweater, contact Vesta at 202-383-7793.

IF THE ITEMS ARE NOT CLAIMED, THEY WILL BE DONATED TO A CHARITABLE ORGANIZATION.

## Followers of the HUBCAPS

Friday **March 26**, the fabulous **HUBCAPS** will be on beautiful **Chincoteague Island, VA.** (3.5 hours from Northern Virginia) **SMOKE-FREE**, hugh dance floor, \$25 includes set-ups, **BYOB**. Spend the night, hotel rooms for \$35 includes continental breakfast and more dancing Saturday night.

For information: [jeanalbaugh@yahoo.com](mailto:jeanalbaugh@yahoo.com) or talk Jean or HK Wednesday at Nick's.

Board meetings are held each month and are open to any and all members who wish to attend. Unless put on the agenda, attendance is for observation, not participation. Since board meetings, at this time, are at board members homes, please alert the secretary (Kathryn Quattrone) if you are interested in attending.

Thank You

## For members Only

Are you shy? Would you like to practice your dance steps in the privacy of your home.

### Instructional Shag Videos — are the answer.

The club will loan you a video for one week, for a refundable \$10 deposit.

Videos by: Charlie & Jackie; Sy Creed & Dana Brown; Ellen Taylor, Sonny & Judy Carver and VA Beach Shag Club Members.

*A small charge of \$5 for each additional week is required.*

See **Patricia Parrott** to check out video, or call her at 703-435-8906.

## Shagger Profile---

**Name:** Susan Krause  
**Nickname:** Susan  
**Occupation:** Program Manager at Lucent Technologies  
  
**Birthday:** July 14  
**Hometown:** Baltimore, MD  
**Marital Status:** Divorced  
**Self Portrait:** Adventurous, fun loving, positive  
**Motto:** Give me patience, but give it to me, NOW!  
**Dream:** Travel & Dance across the country with someone special  
**Inspiration:** Positive people, who smile a lot  
**Bad Habit:** Try to do too much in too little time  
**Hobby:** Softball, skiing, singing, dancing, going to the beach  
**Luxury Defined:** Being surrounded by loved ones  
**TV Program:** Touched by an Angel  
**Last Words:** Keep smiling

## Happy, Happy Birthday

### March *Birthday Babies*

2 Raymond Farris  
3 Rick Hendrix  
4 Howard Christie  
4 Thomas Edmonds  
5 Cloyce Anders  
5 Fran Harris  
7 Jean Fanaian  
8 Steven Booth  
11 Karen Garmon  
11 Ron Purvis  
12 Carolyn Tucker  
14 Patty Ojeda  
15 John Mullen  
16 Tim Hathaway  
16 Shirley Jones  
16 Gretchen Morgan  
17 Ralph Hart  
22 Bob Wilson  
25 Kyle Fornash  
27 H David Jones  
28 Jerry Swart  
31 Dennis Bricker

*Belated Happy Birthday to  
Marcia Conway, February 26.*

### **NEW MEMBERS IN February**

*Straw Albaugh, Alex Booth, Barb Clark,  
Walter Gaffney, Cris Gaines, Jeffrey  
Gaines, Donna Larmar, Sam Martin,  
Linda Nicholson, Barbara Schipper, Lou  
Toler*

*Our sincere condolences to H.K.  
Lee on the death of his mother.*

### **Did you hear?**

*Mary and Larry Camp are  
the proud grandparents of  
Brendan Thomas Donnelly  
born February 7*

## THE ROOKIE SHAGGER

The past month has been super Intense. The Dance community has been jumping, I thought about hopping but we **do not bounce** in SHAG.

It started with the January Sunday Social at Nick's. Nancy and Dennis Gehley played some great tunes and we danced the afternoon away.

The **Shag-A-THON**, I thought it was just FUN and I was very, very proud of our club, a day I will never forget. Others will talk or write about this event for a long time to come.

The joint NVSC and HDA dance at Morning Side VFW, Vesta and David giving the lessons and all those Hand dancers who want to learn SHAG. Lots of dancing, lots of lessons, lots of good times.

For me the ROOKIE, I had the best time. I have been taken lessons. I always watch and learn from Heather & Craig they are what this club is all about, CLASS with a capital "C", Valerie, a great listener a quality very few have, Larry and Shirley liquid Motion, Joan, the nicest lady I know, Rick, Intense and wants it done right, Vesta & David they gave a lesson to all those rookies and did well, HK who is supportive and always encouraging me, Steve who is just plain smooth and Janis who has never given up on me and who see's promise in everyone. I say thanks to y'all and I am so very happy that Vesta Jones encouraged me to sign up as a member.



## Top Ten Rhythm 'n Beach Music Jan. 23, 1999 by Craig Jennings

Uhh!	Joe Louis Walker
Bluebook	John Fogerty
Stay	Temptations
It's Gonna Rain	Coastline Band
Gold in a Silver Mine	Johnnie Taylor
Baby Don't Go	D. Yokum/S.Crow
Crush	Jennifer Paige
Park My Car	George Baze
In The Mood for Love	Bobby Jonz
Cutie	Rue Davis

**Do you have a favorite song?** Ask your DJ to play it. If you hear a song you really like and may want to request it, sometime in the future, go up to the DJ booth and ask the song title. Our DJ's are always interested in hearing from you and will do their best to play the songs you request.

### DJ's for the coming weeks:

<b>March 3</b>	Craig Jennings
<b>March 10</b>	Craig Jennings
<b>March 17</b>	Charlie Price
<b>March 24</b>	Craig Jennings
<b>March 31</b>	Larry Jones
<b>April 7</b>	Craig Jennings

### Intermediate Dance Steps for March

March 3	Side to Side Basic; Shag Pivot
March 10	Double-Kick Basic; Front Prep; Lean
March 17	Stutter Basic; Duck Walk
March 24	Back Prep; Sugarfoot
March 31	Crossover Basic; Shag Pivot

**ADVANCED LESSON**---Effective immediately, **advanced lessons** will be taught **once a month**, immediately following the **Sunday Social**. Advanced class **5:00 to 7:00**, at *Nick's* on Sunday Social Sunday. Juniors under 21, are free.

# BULLETIN BOARD

## **SBOL**

Small Business On-Line

Internet Services

<http://www.sbolnet.com>

Vesta Jones  
vjones@sbolnet.com  
301-765-0995



Craig Jennings  
Beach & Shag D.J.



6140 Riverview Dr.  
King George, VA 22485  
Member of Association of Beach & Shag Club DJs

E-Mail: [cjennings@dahlgren.tsc.com](mailto:cjennings@dahlgren.tsc.com)

Phone: 540-775-5342

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Owner

Valerie Swiger  
703-281-9193  
[vms@olg.com](mailto:vms@olg.com)  
NOT available during SOS

# March 20, 1999- Shag Workshops

with **Larry and Shirley Jones**

Nick's, 642 S. Pickett St, Alexandria, VA.

**Beginning 11, Intermediate 1, Advanced 2:15**

\$10 per lesson for members, \$15 per lesson for non-members

# March 20, 1999- Dance at the Springfield, VFW

Time: 8 to midnight

Cost: \$10 members/\$12 non-members

Light snacks will be provided, BYOB (wine and hard stuff)

Beer on tap with honor jar donations

## OTHER LOCAL REGULARLY SCHEDULED DANCING

**Third Sunday of every month:** March 21, 1999--Sunday Social at Nick's, Pickett St., Alexandria, VA 2-5  
Advanced Shag lessons 5-7, immediately following the Sunday Social

**Fourth Sunday of each month:** MD DC VA Hand Dance will host a dance, Decoy Lounge at the Colony South Hotel, RT.. 5, Clinton, MD:  
Hand Dance Lessons 3-4PM, dancing 4-8PM

**Sundays:** Vienna Tap & Grill, 146 E. Maple, Ave., Vienna, VA \$10 WCS Lessons, 6:00 - 8:00 then dance till 11:00, or \$8.00 includes dance & drinks 8:00 - 11

**Tuesdays:** Best in Beach Music w/Denny and Eddy, Coconuts, Crofton, MD; information 301-261-3366

**Wednesdays:** FREE SHAG LESSONS 7:30, Northern Virginia Shag Club, Nick's, Alexandria, VA 703-751-8900

**Thursdays:** Galaxy, Hillwood Ave., Falls Church, VA, 8:00 - 11:00, Kenny Roesel; \$5.00 cover.

**Thursdays:** Beach Music Night at Nick's, S. Pickett, Alex., VA 7:30- 11:00, DJ Charlie Price, \$3.00 door (info 703-751-8900)

**Fridays:** Oldies Music Legends, Manassas, VA 6:00 - 10:00 Beach & Shag Music

**Saturdays:** Bethesda Swing Dance, 4916 St. Elmo Ave., Bethesda, MD Cost \$7 Dance from 8:30 to Midnight

## Out of Town Shag Events

**First Sunday:** Shag at Stepping Out in Virginia Beach, VA. Lessons 4-5 PM, food, dance 5-9 PM

**Sundays:** Shag at Visions in Richmond, Holiday Inn at Koger Center, 7-10 PM

**Tuesdays:** Richmond Shag Club dances at RAZZLES Lounge, Best Western, 9848 Midlothian, Tnpk, 804-330-0007.

**Wednesdays:** Shag at Stepping Out in Virginia Beach, VA, lessons 7-8 PM, dance 8-12PM

**March 4-7, 1999 - DJ Throwdown,** North Myrtle Beach, call 919-942-4498 for details

**March 5-7, 1999- Boogie in Burgh,** by Pittsburgh Steel City Boogie Club, Jerry Kovach 412-825-0301

**March 19-21, 1999 - Shag Classic X,** in August, GA hosted by SCRA Shag Club, call 803-648-9778

**March 19-20, 1999 - 17th Spring Fling,** Rockhill Shag Club, email price@rjsonline.net or call 803-328-1683

**March 26-28, 1999 - Spring Break in Nags Head,** NC call 252-261-6405

**March 26-28, 1999 - Boogie by the Beach,** Ft. Lauderdale, FL 954-927-9010

**March 25-28, 1999-Smoky Mountain Boogie,** call Betty Ladwig (423) 539-2275


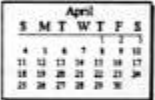
**April 16-25, 1999- SOS Spring Safari,** North Myrtle Beach, SC

For more events call 1-800-SHAGGER or the Southern Shagger web site or Shagdance.com or check out the Northern Virginia Shag Club web site [www.sbolnet.com/shag](http://www.sbolnet.com/shag)

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OR e-mail [vms@olg.com](mailto:vms@olg.com)

# March 1999

## Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 7:30 PM Free Shag Lessons at Nick's	4 7:30 PM Beach Music at Nick's 8:00 PM Galaxy, FC, VA	5 6:00 PM Legends, Manassas, VA	6 8:30 PM Bethesda Swing Dance
7	8	9 7:30 PM Board Meeting	10 7:30 PM Free Shag Lessons at Nick's	11 7:30 PM Beach Music at Nick's 8:00 PM Galaxy, FC, VA	12 6:00 PM Legends, Manassas, VA	13 8:30 PM Bethesda Swing Dance
14	15	16 7:30 PM Dance Committee	17 7:30 PM Free Shag Lessons at Nick's	18 7:30 PM Beach Music at Nick's 8:00 PM Galaxy, FC, VA	19 6:00 PM Legends, Manassas, VA	20 11:00 AM Shag Work- shops at Nick's 8:00 PM Dance VFW Springfield
21 2:00 PM - 5:00 PM Sunday Social 5:00 PM - 7:00 PM Advanced Lesson	22	23	24 7:30 PM Free Shag Lessons at Nick's	25 7:30 PM Beach Music at Nick's 8:00 PM Galaxy, FC, VA	26 6:00 PM Legends, Manassas, VA	27 8:30 PM Bethesda Swing Dance
28	29	30	31 7:30 PM Free Shag Lessons at Nick's	 		

**Northern Virginia Shag Club, Inc.**  
**P O Box 5522**  
**McLean, VA 22103**

### NVSC Officers and Board Members

President Vesta Jones -----301-765-0995  
 Vice Pres. Joan McKinney----703-971-7527  
 Treasurer Dennis Gehley-----703-451-6764  
 Secretary Kathryn Quattrone-703-713-0503  
 Board Mem. Betty Abshire----- 703-680-5115  
 Board Mem. Heather Jennings---540-775-5342  
 Board Mem. Janis Grimes-----703-536-7362  
 Board Mem. Craig Jennings-----540-775-5342  
 Board Mem. H.K. Lee-----301-552-2221