



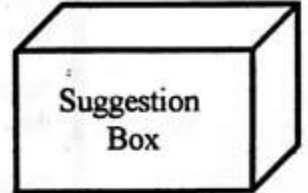
# Shag Rag

Dedicated to the Preservation of the Carolina Shag and Beach Music

October, 1998

Keep on Shagging'

Vol.. V, No 10



## • From the President... *Vesta Jones*

...And the winner ISSSSS....**MONA LOTT** from Northern Virginia Shag Club!!!

And the cheers went up as Mona Lott (our very own **Dennis Gehley**) went forward to receive his trophy and be crowned as **Ms Fun Monday**, winner of the womanless beauty pageant. It was a verrrry funny morning. Thirteen men (many of them deejays from the Association of Beach and Shag Club DJ's...does that explain some of why we always have such a good time at events) willing to take on a glamorous (??) persona - all for the sake of an outrageously funny experience for those attending Fun Monday. They had all written their own "credentials"...hopefully we can get Mona Lott to print hers in the Shag Rag. You will have to see the pictures on the website to really believe it...I'll hurry to get them up soon.

**Then:** On Tuesday afternoon, Craig was deejaying at the Boulevard Grill. The "**Handicapped Mixed Doubles**" was scheduled from 3:00- 5:00 and Heather was working the crowd to get volunteers to participate...no wayyyyy...not me! I'm gonna go catch some rays...well...okay...just to help build the mood-of-the-moment...contribute to the fun of SOS... if Dennis can parade around in front of a few thousand people in a flowered bathing suit and a pink boa, I can certainly be part of the antics too...and I did...and I **WON!!!** Mac (a deejay from Boone, NC) was my partner. He (in baggy overalls and a swimmers skull cap) and I (in combat boots) (in addition to our regular clothes of course—no added excitement needed), had to keep a large beach ball wedged between us as we shagged through a full song. What a TRIP!!! **Valerie Henson** and her partner won second place...they were a show all to themselves!

**Then:** **Earl Robinson** and **Beverly Jones** placed Third in the Smoothies Contest... And once again...shaggin' friends from all over the Carolinas, Virginia, Pennsylvania, West Virginia, Alabama, Tennessee, Florida...old friends and new.....sun, the ocean, great music, the chance to shag until we drop...it would be hard to miss SOS! I gotta stop now--gotta hit the beach...then Ducks...see you all at Spring SOS?

- **Responses to the Suggestions Box**...In an effort to encourage members to put their suggestions in the box, I'll start responding to suggestions you make. Step up...make a suggestion...make many suggestions...make one suggestion many times...we are listening and trying to modify some of our ways to make this more YOUR club. There are bound to be conflicts that we really can't resolve, and we hope you understand...e.g., "Play more really old beach music"...."get with the 90's and play more upbeat modern music"... "more smoothies"... "more fast music"... arrrghhh!

- **Here are some of the suggestions from our Suggestion Box:**

- **More new steps for intermediate classes:** we are adding a few more steps to the intermediate classes (duck walk, variations on the pivot), and Rick Hendrix is teaching an advanced style and techniques class one Wednesday a month, and we are going to start advanced classes at Blackie's, Sunday afternoons 5-8 PM. See "**Advanced Shag Lessons**" page 2 of Shag Rag.

- **Let more of the general membership be involved in committees:** LET??? WE WANT YOU!!! We are printing another reminder in the month's newsletter telling members to volunteer for committees... you do not have to wait to be invited... we have a lot of work to do... we need and want your help.

- **Nametags** - it's embarrassing to not remember (or know) someone's name: We've tried it before and we'll certainly be glad to make them available again. However, we can't promise that the person whose name you want to remember (or know) will wear one.

## ADVANCED SHAG LESSONS!

by Janis Grimes

Rejoice, Shaggers, your prayers have been answered... starting on Sunday, **October 4th**, shaggers wanting to advance their dancing will have the opportunity to meet each and **EVERY SUNDAY** at Lulu's from 5-8 p.m. to share steps, learn new steps, and practice. **An advanced class will begin promptly at 6 p.m.**, allowing time for dancers at our Sunday Social in Manassas to attend both functions.

At the same time we welcome participation by **JUNIORS** and **YOUNG ADULTS** wanting to learn to shag and practice.

The cost will be \$5 per person (which will go into our club treasury); **EXCEPT** that juniors and young adults (through age 25!) are encouraged to attend for **FREE!**

Sunday afternoons are traditionally a time for families, with children, at Blackie's, so there should be no problem bringing in youngsters to Lulu's at that time.

These advanced classes and practice sessions are scheduled not to conflict with our regular monthly Sunday Social, which lasts from 2-5 p.m. on the 3rd Sunday of every month.

Remember -- **Sunday October 4th** -- 5 p.m. -- Lulu's -- advance your dancing.... practice with friends..... help to teach juniors and young adults..... see you there!

## Sometimes....You Just Get Lucky!!!

I was sitting in a Sheraton motel room (... up to this point, it sounds like the lead line from Bill Coday's Moans, Grunts and Groans) in Reston, Virginia, on a hot, August night.

It was one of those local information channels that caused me to stop flicking the remote. There were couples dancing the shag.. And they were dancing at a club called Lulu's in Springfield, in the state of Virginia. Well, quicker than you can shut the screen door in a submarine, I jumped for the telephone and got directions!! Just a short 35-minute drive up the 267 Turnpike and down Interstate 495 and 95 South and I reach Springfield. "Just go through the double doors," he grinned, at the door, "I think you'll find what you're looking for." And he was right!!

Lulu's is in a large building that houses a Country and Western club on one side, and Lulu's on the other..... with a restaurant in between. It offers one of the more spacious dance floors around. On Wednesday nights, this club is home to the Northern Virginia Shag Club.

The floor was filled with dancers learning the basics of the dance and from what I could tell....the future is very bright. I hardly had time to survey the surroundings when a delightful lady approached and introduced herself to me. Friendly sort!!! Made a Carolina man feel like he was not too far removed from the South Land. Vesta Jones is president of the Northern Virginia Shag Club and she knows how to treat a weary traveler. She even introduced me to many of the local ladies who promised me a dance when the music started.

Well, around 8:30 p.m., Craig Jennings, DJ extraordinaire, launched into some of the finest rhythm and blues musical offerings this side of Ocean Drive.....and the fun was on. I'd like to thank all the lovely ladies (Vesta, Pauline, Marsha, Leigh Ann, Pat and Joan and the remaining ladies whose names I didn't get because the Corona's got in the way) who graciously danced with me that evening. Their motto is "Never let a good song go by without dancing" And they didn't!!

If you happen to be in the area of Winston-Salem in the state of North Carolina, please join me at the InZone any Thursday night. Or better still!! SOS will be here before you know it..... Here's a thought!! On Wednesday night, (September 23), around 9:00 in the PM, at the OD Arcade and Lounge, Jim and Linda Dean would welcome the opportunity to meet with the club members who journeyed to SOS and show a small measure of appreciation for your friendliness. So mark your calendars and set your watches, Linda and I..... and Murl Augustine will be waiting!!

Thanks again,  
Jim Dean

## IMPORTANT INFORMATION ABOUT NOVEMBER 1998 NVSC ELECTION

Each year in November, NVSC members elect 4 officers and 5 directors-at-large to serve as the 9-person NVSC Board of Directors for the following calendar year. All NVSC members in good standing (those who have paid dues for the current year) may vote in the November election for their choice of officers and directors-at-large. Members may vote either in person on election night or by mail-in-ballot.

Under current NVSC bylaws and operating procedures, a 7-member Nominating and Elections Committee -- hereafter referred to as the Nominating Committee -- is preparing a list of candidates for the 1999 Board. Candidates have indicated to the Nominating Committee that they are willing to:

- [1] be nominated for an officer or director-at-large position;
- [2] prepare a one-paragraph resume statement that explains to the membership how and why the candidate is qualified and wants to serve on the Board; and
- [3] carry out both the general duties and the specific duties of the officer or director-at-large position to which they may be elected, as described in NVSC bylaws.

Our bylaws require that candidates for the **Secretary, Treasurer, and director-at-large** positions must have been a NVSC member for at least one year, and candidates for **President and Vice President** must have served on the Board for at least one year (and thus have been a NVSC member for at least two years).

Any NVSC member who wants to volunteer for an officer or director-at-large position, or wishes to nominate a fellow NVSC member for the Board, should contact one of the following members of the Nominating Committee as soon as possible. They will gladly answer any questions you have about the nomination and election process.

Dennis Gehley	703-451-6764	Jane James	703-323-8799
Jerry Barker	703-494-2840	Kathryn Quattrone	703-713-0503
Don Borja	703-425-6976	Gary Salpini	703-425-2848
Dave Shipp	703-569-9032	Bonnie Mahoney	703-978-0407
		(Alternate)	

### Key dates for the 1998 election of 1999 Board of Directors

- Oct. 21: Deadline for members to submit names to the Nominating Committee
- Oct. 28: Nominating Committee presents names to members at the quarterly meeting
- Oct. 28: Nominating Committee accepts other nominations from the floor
- Nov. 4: Nominating Committee publishes names and resumes of all nominees
- Nov. 18: Mail-in ballots to NVSC Secretary must be postmarked
- Nov. 18: Election night at Blackies
- Dec. 2: Election results announced (except for tie-vote runoff election, if needed)
- Dec. 12: Tie-vote runoff election, if needed, and tie-vote election results announced

Dennis M. Gehley, Chairman, 1998 Nominating and Elections Committee

## **October 28, General membership Meeting**

### **IMPORTANT**

Meet the **CANDIDATES!!!!!!!!!!!!**

The candidates for the 1999 Board will be presented to the general membership. Be there so that you can put names and faces together. **ELECTION November 18.**

# What is a Paver????????? A Brick!!!

Many small towns are updating, revitalizing, sprucing up their MAIN street. North Myrtle Beach, Shag Capital of the World, has decided to spruce up it's MAIN street.

They have added center islands and planted trees and have added PAVERS to the sidewalks.

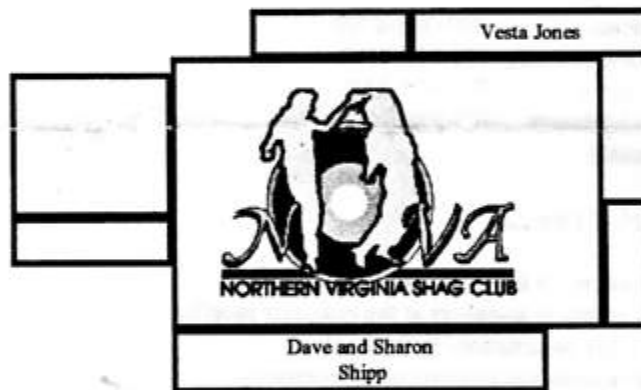
The pavers are for sale.

The 16" x 16" is \$600. Our club hopes to buy one of these.

The 8" by 8" is \$200 and holds 4 lines of print, with 13 spaces per line.

The 4" by 8" is \$100 and holds 2 lines of print, with 13 spaces per line.

Would you like to see your name permanently become a part of this revitalization effort.



***Contact Dave Shipp***

***for an application form, 703-569-9032.***

**All forms and \$\$\$\$\$\$\$\$\$\$\$\$\$\$ must be to Dave Shipp by the end of October.**



## Another Chance

*To take Shag Workshops*

**October 3**

Jackie McGee and Charlie Womble

10:30 AM Beginning Shag

1:30 Intermediate Shag

**October 4**

Michael Norris

10:30 AM Advanced Shag

*See Virginia State Swing flyer  
for location and cost.*

As we fast approach the season of parties, keep your eyes open. Our **Capital Shag Classic** committee, headed by **Heather Jennings** is already working on plans for next year's party and they need your help.

Do you work for a hotel? Do you have a friend who works at a hotel? Have you attended a party, where the ballroom appears to be large enough to host our party? If the answer to any of these questions is **YES**, contact **Heather**.

Your help is greatly appreciated.



### **Dancing on Gud'n Slick Plywood by THE FLOORMEISTER**

Once again, I'd like to thank all those hearty souls who volunteered (or were coerced into helping) for the floor crew. The floor laying operation continues to improve with practice, and this year's floor was better than ever.

Congratulations to all of those that helped this year, and to those of you who couldn't help, but enjoyed dancing on a great floor, I remind you that the floor crew accepts all forms of liquid gratuities.

Thanks to Dave Rapson's generous donation of safe storage, the floor survived the year with very little deterioration. The club owes Dave a large debt of gratitude for his contribution of free storage space. This is a commodity worth many hundreds of dollars to the club. I for one am particularly thankful, as I always pinch him to be the number one grunt laborer.

Sign up early and often for next year's adventure.

### **SOS Quotes !!!!!!!!!!!!!!!**

Best party on the East Coast

Best Adult Party on the East Coast

Beach Week for Adults

What a Blast--We danced our toe nail polish off!

Great way for gray haired people to make fools of themselves!

SOS is a lot of fun ... providing you stay away from the Shooters!

SOS --a week of fun and dancing! It can't get better than this.

HOT!

SOS makes me feel younger.

Fast feet prevail.

SOS makes you dance like nobody's watching.

A real Mudslide!

## **October 28, General membership Meeting**

### **IMPORTANT**

**Meet the those that have been nominated!!!!!!!!!!!!!!**

The candidates for the 1999 Board will be presented to the general membership. Be there so that you can put names and faces together. **ELECTION November 18.**

## The Rookie Shagger

I am new to shagging but not new to dancing. I have watched as many shaggers as possible: at SOS Fall Migration, The Virginia Beach Bash, Thanksgiving at Ducks, Northern Virginia Shag Club's Xmas party, Mid Winters, DJ Throw Down, Columbia SC Manhattans, Spring SOS, Smokey Mt. Shag Party, Capital Shag Classic and most recently the Ft. Myers dance. I am a new shagger "want to be" and will work at it to become a Shagger.

The Northern Virginia Shag Club is good for a **ROOKIE**, because you get to see some of the best dancers through all the functions the club sponsors and you also get a chance to dance with people who are patient and will share the "How too's". Everyone has a little teacher inside of them.

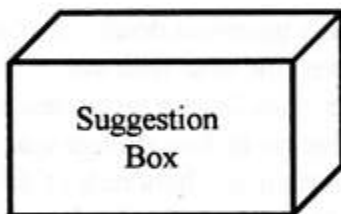
This column will be devoted to the **ROOKIES**.

We will continue to recruit new folks and encourage all Rookies to dance, watch and ask questions because some of the more experienced dancers are actually dying to share their knowledge and techniques.

You are the fresh new faces that we enjoy seeing, you are the future shaggers who will carry on the traditions and ideals of the SHAG.

We hope you get as worked up about this dance style and what it has to offer as some of us do

The Rookie Shagger.



**Did you know we have a suggestion box?** It's black, about the size of a shoe box and sits on the information table every Wednesday night. One of the suggestions: **involve more members**.

What a great idea!!!! And I do mean **GREAT!!!!** Those of us who have played an active part in our clubs history, would love to see new people helping out. All you have to do is **Volunteer**.

Each board member heads a committee. Each committee needs help. Please check with the board members to see what their committee does and then **volunteer** for the one that is most suited to you.

The best part of volunteering, is that you get to know the people you see dancing or dance with. We really are an interesting bunch.

## A Note for the Girls:

**SOS** is getting more exhausting as I go along...it's wonderful...my feet hurt, my legs are tired, my back aches...but only for a short time...and it's worth it! What I want to share with all my girlfriends in NVSC is this: If you want to dance a lot at SOS (and other weekend parties as well as our own), get out there and meet people...the more you meet and dance with, the more you are recognized as a dancer...then those folks introduce you to their friends and you dance some more. Go to the weekend parties that are available all over the south...put your hand out and say "hi, I'm \_\_\_\_\_ from Northern Virginia Shag Club and, Yes, we can shag in Northern Virginia..." You will be surprised how friendly people are, how many wonderful people you'll meet, and how much you'll dance. Don't just introduce yourself to the guys...get to know the women in their clubs...new girlfriends...just remember, everyone else in the world (just about) is as anxious about being liked and accepted and appreciated as you are...do them a favor and let them know you want to know them...it's magic, this friendship thing! Try it...but take foot balm...you'll be dancing a lot!

### *I've Learned*

*That you can keep going long after you think you can't.*  
by Unknown author

### Speaking of Dancing!!!!!!!!!!!!!!

If shagging to Beach music on Wednesday's and Friday's isn't enough, try Tuesdays. The DJ at Legends enjoys playing our music so much, he is now playing it on Tuesdays from 6:30 to 9:00.

## Shagger Profile---

**Name:** Ken Tyler  
**Nickname:** Ken  
**Occupation:** Program Director,  
Dept of Veterans Affairs

**Birthday:** January 29, 1947  
**Hometown:** Salisbury, NC  
**Marital Status:** Married  
**Self-Portrait:** Good person, caring

**Motto:** Lead by example  
**Dream:** Being happy  
**Inspiration:** My Dad and children  
**Bad Habit:** Playing my JukeBox to high  
**Hobby:** Beach Volleyball  
**Luxury Defined:** Being with friends at the beach  
**Drink or Wine:** Nice crisp Chardonnay  
**TV Program:** Friends  
**Books at bedside:** None recently  
**Last Words:** I told you so!

**New Members** in September  
Marilyn Barstow, Wilma Denholm,  
Andrew Miller, Pean Piedmont,  
Jeannie Sorsdal



Congratulations to  
Jerry Barker  
and  
David Rodgers  
on their recent engagement

## Happy, Happy Birthday

### October *Birthday Babies*

1 Michael Butler  
1 Shu-Hui Vielbig  
3 William Martin  
3 Trelle Stephens  
3 Cynthia Trueheart  
3 Keith Teele  
7 Nadine Stallard  
8 Pamela Alfano  
9 Isabelle Bunch  
10 Ginger Tucker  
11 Jim Okonek  
11 Jeffery Witz  
12 Billy White  
13 Sharon Shipp  
16 Majella Gilbo  
16 Dean Hipps  
19 Jake Willingham  
19 Linda Silbaugh  
20 Jeannie Sorsdal  
21 James Magness  
24 Dave Shipp  
24 Marilyn Barstow  
24 Anna Carroll  
25 Barry Holt  
26 Donna Roesel  
28 Kenneth Roesel  
28 Gregory Chambers  
30 Louise Pyles  
31 Richard Sullivan  
31 Sherri Bassham

#### TO ALL MEMBERS

Have you given us your *e-mail* address and your still not receiving our shagger *e-mail's*. The problem could be my typing. The best way to correct this problem is to *e-mail* me at [vms@olg.com](mailto:vms@olg.com), then all I have to do is add you to the address book, without the possibility of a typing error.  
Valerie Swiger

