



NORTHERN VIRGINIA SHAG CLUB

Shag Rag

Shagger Newsletter

Dedicated to the Preservation of the Carolina Shag and Beach Music

Vol. IV, No. 9

Keep on Shaggin'

September 1997

From the President - By John Belt

As this year slips by, I reflect on all of our accomplishments -- starting with our **Super Bowl Party** in January, **St. Patrick's Day Dance** in March; **Spring Workshop** with **Sam West** and **Sarah West** as our instructors; our own **Capital Shag Classic** in June; our **Summer Workshop** with **Bill & Brenda Barber**; and our upcoming **Christmas Party**; two **SOS's**; 52 Wednesdays at **Lulu's**; and **Sunday Socials** at **Kilroy's** -- I say "Boy, how do we do it?" The answer is simple: You have a very dedicated group of individuals who love **Beach Music** and the **Shag**, and want to see our club continue to skyrocket.

The time is quickly approaching when you must think of the upcoming year -- new Officers and Board Members must be elected; committee heads must be selected to continue with the events for the upcoming year. We need you to continue to support us and your club.

In closing, I ask myself where else can you find a club that gives you all of the above, along with free dance lessons and a great newsletter, for only \$15 per year?

See you on the floor!



SOS Fall Migration

Sept. 5-14 in North Myrtle Beach, S.C.

It's that time of year again, Shaggers -- time to head for Fall Migration at North Myrtle Beach, S.C., for ten full days of beach, sun, party, party, and dance, dance -- as long as your feet and legs hold up!

For those of you who have not yet been to S.O.S., it is the best time you could ever imagine. Where else can you find over 5,000 friends (old and new!) dancing, partying and generally having a ball, in one place, at one time -- and all because of a regional dance called the Shag? That's right -- for ten days each spring and fall, shaggers from all over the country flock back to Ocean Drive in North Myrtle Beach to celebrate and perpetuate the **BEST PARTY IN THE COUNTRY -- S.O.S.**

The Association of Carolina Shag Clubs hosts these events by the Society of Stranders (S.O.S.), named after the 35-mile stretch of beach along the South Carolina coast called the Grand Strand. Shag deejays keep the beach music euphoria going from 10 a.m. until *waay* after midnight (*I've heard it goes on until 3 or 4 a.m. each night, but have not yet lasted that long, myself!*).

You will need an S.O.S. pass (cost \$35) to be able to go back and forth between all the clubs and lounges (last year we counted twelve (12) dance floors within a few block radius!). Passes will be sold there in NMB, and it is well worth the cost, believe it! In addition to the dancing, there are several complimentary buffets throughout the week, as a gift from the clubs to the shaggers. And it's all right there at The Beach.

Come join the party at S.O.S. in Myrtle Beach -- Shag Mecca, a dancer's paradise.

News/Info -- please contact:

Editor: Janis Grimes, 703-536-7362

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**Great Shaggin' at the
SWING FLING**

Charlie Womble & Jackie McGee

Michael Norris & LeAnn Best

Norman Aldridge & Leslie Melton

... by **Janis Grimes**

The 4th Annual Swing Fling Dance Festival produced by **Barry Durand** was held last month at the National Airport Hilton, and shaggers turned out to see the fantastic junior competitors who came all the way up here from North Carolina to dance in the Shag Division. Rounding out the division were **Bill Hopkins & Chris Pax**, and **Dan Shames & Janis Grimes**. Shag workshops and private lessons were taught by **Charlie & Jackie**, and -- no surprise -- they cleared the floor when they danced in the "jam" late on Saturday night.

All of the dancing that weekend was great, swing and shag; some of it was awesome. National Champion **Michael Norris** danced a beautiful combo with **Debbie Ramsey Boz** in the Classic Swing division, and I believe they took first place. There's just something about that shag footwork that makes the dance a joy to watch.

Our Hospitality Room on Friday night at this event was very well attended; in fact, we thought it was the best of the bunch. **Charlie & Jackie** were there, mixing and mingling with people from everywhere, and deejay **Mark Sakowski** played a great selection of R&B beach music out in the hallway. Many thanks to **Valerie, Vesta, Pauline, Betty, and Mary Camp** for pulling it all together so quickly with decorations, free pour, and a delicious assortment of snacks.

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**Northern Virginia Shag Club
On The Web!**

<http://www.sbolnet.com/shag>

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Happy, Happy Birthday

September Birthday Babies:

- 1 - Barry Newman
- 1 - Frank Stowell
- 12 - Barry Wingard
- 13 - Betty Abshire
- 15 - Sandra Canjiano
- 20 - Eddie Bunch
- 21 - Audrey Borja
- 21 - Ralph Tedesco
- 23 - Valerie Henson
- 23 - Leonard Shinn
- 26 - B.J. Jones
- 27 - Patricia Parrott

NVSC COMMITTEES and DIRECTORS:

Capital Shag Classic	Charlie Price
Charity	Pauline Easby-Smith
Communications	David Rodgers
Dance	Janis Grimes
Hospitality	Vesta Jones
Membership	Valerie Swiger
Music	Craig Jennings
Newsletter	Janis Grimes
Promotions, Sales	John Belt
Social	Betty Abshire; Joan McKinney

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**RIDE or RIDER NEEDED TO
MYRTLE BEACH!!** Want to share the
driving to SOS? Call **Jean Jennings** to
discuss - 703-573-3249

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(Psssst! Pass It On!!)

*At SOS . . . NVSC members
will rendezvous at the Barrel
(formerly known as the Pad,
across from the Boulevard Grill)
at 9 p.m. each night . . .*

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AUGUST 16th with BILL & BRENDA BARBER . . . by Valerie Swiger

On August 16th the Northern Virginia Shag Club hosted three workshops given by **Bill and Brenda Barber**. Shaggers are known for their friendliness, and the Barbers live up to that reputation. It was a pleasure to have them stay in my home. They came as strangers and left as friends.

Fifty-five people attended the workshops. Everyone learned something, even if they don't realize it. Something **Bill and Brenda** said, or a particular step, or even part of a step, will suddenly come back to you. Practice what you remember, and don't worry about what you forget. Thank you, your attendance made the day a success.

Speaking of successes, that evening 72 people attended our cook-out and dance at the Kenwood Country Club.

The event was made possible by **Foy Camp**, a member of our club and manager of the Kenwood (**THANK YOU ROY!**). Your staff did a wonderful job. The food was delicious, and the dance floor divine. **Larry Jones and Craig Jennings** supplied us with great music, the Barbers performed a wonderful demo and we helped celebrate the 28th wedding anniversary of **Nancy and Dennis Gehley**.

In the past, the Board has avoided having functions in Maryland, because most of our members are Virginia residents. This party provided our Maryland and D.C. members with an event closer to home, and showed our Virginia residents that Maryland isn't that far away.

Everyone I spoke to agreed that the Kenwood Country Club is a great place to have a party.

Shagger Profile--Kathryn Quattrone

Nickname: Kath

Occupation: Production Manager

Birthday: April 12

Hometown: Arlington, VA

Marital Status: Divorced

Self-Portrait: You got to be kidding!!

Motto: There is a difference between being took and knowing you're being took!!

Dream: To live on Sunset Beach in N.C.!!

Inspiration: Everyone I have met in the last two years

Favorite Dance Tune: Too many to mention

Bad Habit: (1) Smoking; (2) Then there's all those I don't care to mention

Hobby: Dancing, Beginner Golf, Karate, Piano

Luxury Defined: To vacation on Sunset Beach in North Carolina

Drink or Wine: "MO,"-- white Russian w/coke

TV Program: Melrose Place

Books at bedside: The Bible

Last Words: Can't blame a girl for trying!!

New Members in August

WELCOME, new members!! Gloria Acors, Jackie Albano, Debbie Armstrong, Lorraine Busey, Robert Busey, Patricia Cable, Shayne Carstews, Diana Demadalen, Robbin Ebbe, Reid Ellis, Majella Gilbo, Larry Haller, Valerie Henson, Jean Jennings, Brenda Kenney, Julie Lorenzo, Sandra Mizerek, John Price, Ronnie Reid, Steve Rose, Eileen Scott, Leonard Shinn, Edna Skiados, Nadine Stallard, Jerry Swart, Phyliss Swart, Jack Tellado, Mary Lou Tellado

**DIRECTIONS to N. Myrtle Beach --
the Absolute SHORTEST ROUTE***
(*6 1/2 hrs. drive time Springfield to NMB)

**(You'll be OFF the Interstate -- so GET GAS
before you're off the main road!)**

95 South to Lumberton, NC

Take Exit 14 (Rt. 74 EAST) -- TURN LEFT at
end of exit, heading EAST.

Pass Rt. 130; go through Fairmont.

Take "Rt. 41 WEST." (It really goes South,
but it says "WEST"!!)

At Lake View, take Rt. 9 SOUTH.

Stay on Rt. 9, pass Nichols and Loris,
to Rt. 17 South

LEFT at light onto Main Street into N. Myrtle
Beach -- then you're HOME!!

For Hotel and Condo Info in North Myrtle Beach:

- Ambassador East, 507 S. Ocean Dr. 803-249-3531
 - Bel-Aire Motel, 102 N. OD 800-342-0078
 - Buccaneer, 401 S. OD 803-249-1466
 - Helms Vista Motel, 300 N. OD 803-249-2521
 - Summer Sea Inn, 109 S. OD 803-249-4411
 - Beachcomber Realty 800-334-3798
 - Coastal Condos 803-280-0005
 - Blockade Runner, 1910 N. OD 803-249-3561
 - Days Inn North, 1321 S. OD 803-272-5131
 - Marion Earl Motel, 1401 S. OD 803-272-5181
 - Ocean Sands, 1525 S. OD 803-272-6101
 - Red Tree Inn, 1415 S. OD 803-272-5353
 - Sands Ocean Front, 74th Ave. N 800-845-6701
 - Seaside Inn, 2301 S. OD 803-272-5166
- = Near Main Street

*(If you can't get a room in NMB, there are plenty
of places to stay a little further down the beach.)*

FLASH!! LARRY JONES at SOS

Club member and popular deejay **Larry Jones** will
play at the Boulevard Grill on Monday, Sept. 8th,
from 9 p.m. until closing; and, on Tuesday, Sept. 9th,
from 5-9 p.m. Plan to come by the Grill to say hey
and dance to great beach music by one of our own!

DANCE COMMITTEE NEWS

... by Janis Grimes

New Shag Classes at Lulu's!

YOU WILL NOTICE a few changes in the
FREE SHAG LESSONS at 7:30 on Wednesday
nights. **Chris Pax**, NVSC Dance Instruction
Committee head, has put together a group of the
club's best dancers to come up with a
standardized LEVEL ONE class, FREE and open
to everyone, and an intermediate LEVEL TWO
class (available to Members Only). Basics are
emphasized in the Level 1 class, and the Level 2
class focuses on fundamental steps, technique
and leadable combinations. Check 'em out --
these classes are a lot of fun!

PLEASE NOTE: *Level 2 instruction is
available FREE to MEMBERS ONLY*

Shagging Tips

- Listen to the Beat of the Music, and Step On
The Beat.
- Shag is danced on a slot in a back-and-forth
movement, not in a circular movement. Imagine
that your hand is on a post and you're moving
toward and away from it.
- Take SMALL STEPS for better control.
- Body movement is basically from the waist
down, with knees slightly bent. Do not bounce.
Glide -- as if on skates.



From the Editor....

HEY y'all!! It's finally time for SOS!! SEE YOU AT
THE BEACH.....

THANKS to those of you who have offered to help
on the newsletter distribution committee. We're in
pretty good shape for the moment -- and it's
reassuring to know that there is support from the
members.

Remember, this is YOUR newsletter. Do you have
an idea, a suggestion, a thought? Would you like to
submit an ad, an article, a column, your *Shagger
Profile*? Just let me know, okay?

See ya Shaggin'

Rhythm 'N Beach Top 40

July 12, 1997

Week	Last Week	This Week	TITLE Artist	Weeks on Chart	Last Week	This Week	TITLE Artist
11	01	01	SICK & TIRED Boyz Scoggz	21	17	21	THE FLAME Fine Young Cannabals
32	02	02	ROCKET 88 Nappy Brown & Kip Anderson	20	19	22	FIVE NEVER FOUND A MAN Lavelle White
17	03	03	DRINKIN' WINE SPO-DE-O-DE Nappy Brown/Kip Anderson	13	25	23	DON'T GET OFF ON ME Pat Brown
09	04	04	RACK 'EM UP Johnny Lang	10	29	24	MORSE CODE OF LOVE Men of Distinction
21	07	05	GIVE IT UP Little Isidore	09	27	25	BUILD IT WITH LOVE London Beat
13	05	06	YES INDEED Johnny Ferreira	05	28	26	MONKEY AROUND Delbert McClinton
08	08	07	ALONE Bee Gees	18	23	27	WE'RE GONNA BOOGIE Barbara Carr
24	09	08	PLEASE MR. POSTMAN Originals	13	24	28	STAGGER LEE Legends Excello
24	06	09	HARLEM HIT PARADE Little Isidore	03	31	29	BOTH DAY & NIGHT Bebe & Cece W/Inns
11	10	10	ROCK ON Johnny Ferreira	11	26	30	PRETTY GIRLS EVERYWHERE Wailin' Walker Band
06	16	11	DANCIN', SHAGGIN' ON THE BLVD. Alabama	03	33	31	GIVE IT EVERYTHING Al Green
06	14	12	LISA Durrell Lee	04	34	32	YOU BUG ME BABY Francine Reed / Delbert McClinton
09	11	13	MEMORIES & SOUL- VENIRS Freeda Payne	02	39	33	OH NO NOT MY BABY Gary Bass
10	12	14	MOONGLOW/ CAN SUNSET/ BEGIN BEQUINE Embers	40	32	34	BEE'N THERE, DONE THAT Francine Reed
10	13	15	EBONY EYES Terri Gore	25	30	35	BABY RUTH Dick's Hat Band
09	18	16	I DON'T DO DUETS Patti LaBelle PG Knight	03	38	36	THE TWO OF US Jonathan Butler
07	21	17	PROMISE OF LOVE Mardi Gras	45	36	37	WALL TO WALL Yancey Kelly
04	22	18	YOU NEED A GREAT BIG WOMAN Candy Kane	11	35	38	BOB ROBERTS SOCIETY BAND Jimmy Buffett
41	15	19	I WILL ALWAYS LOVE YOU Sarah Washington	17	40	39	LEAVE ME ALONE Jimmy Morello
10	20	20	FM ON MY WAY TO ATLANTA Boatzman	01	*	40	IT WON'T BE THIS WAY ALWAYS - Men of Distinction

The Rhythm 'N Beach Top 40 is Beach music's only weekly Top 40 countdown as recognized by STAGGER Magazine, the ACSC, Beach & Shag DJ's, retailers and the Top Rhythm & Blues radio stations. This is an abbreviated version of the weekly data.

Everyone is coming to this event!
We want YOU to be there!

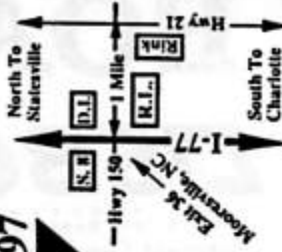
Twister's Shag Club Presents The Legendary

FALL CYCLONE

November 7-9, 1997
This Party Is Bigger
And Better!



Get your tickets
immediately!
Shag Club Hotline:
704-892-9044
892-1483 or 892-1061



You must use these phone numbers and ask for the Fall Cyclone rate when you make your reservations to get our rooms or discounts! Continuous shuttle service Fri. & Sat.
R.I. Ramada Limited [D.L.] Days Inn [S.B.] Super 8 Motel
704-664-6556 [D.L.] 704-664-6100 [S.B.] 800-800-8000
If full, the Best Western (exit 28, 704-896-0660) will have rooms and shuttle service.
NOTE: Even if you don't stay in our motels, PLEASE park there and ride our fast shuttles!

THE CYCLONE GIVES YOU MORE FOR LESS!

Party in an old skating rink with all hardwood floor. DJ's: Eddie Anderson, Ron Arcy, Harold Beaver, Summie Davidson, Bobby Fowler & Mike Rink.

FREE shag workshop taught by pro dancers

FREE munchies all weekend, and FREE late night coffee and donuts

FREE "all you can eat" meal on Saturday from 5-7pm

FREE brunch on Sunday morning from 10:30-noon.

FREE FOUR CONTINUOUSLY ALL THREE DAYS!

Hours: Fri 8pm-1am, Sat workshop 11:30am-1pm, party till 1am, Sun 10:30am-3:30pm.

Tickets are only \$35 each while they last. Don't wait. They sell fast!

Print Name(s): _____

Mailing _____

Address: _____

(Please include all the information for anyone not at this address on a separate sheet of paper.)

Phone: _____

Primary Shag Club: _____

PLEASE include a self-addressed, stamped envelope. (List only one)

Twister's Shag Club

P.O. Box 2310

Cornelius, NC 28031

COME PARTY WITH

ALL OF YOUR FRIENDS!

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Shaggers Network
Place your ad here

Business card size; \$5 for one month; \$50 per year
Contact: Janis Grimes - 703-536-7362

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Small Business On-Line
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Vesta Jones
vjones@sbolnet.com
301-765-0995

FOR RENT: Nice CONDO in North Myrtle Beach: 2 BR, 2 Baths, 4 blocks from Fat Harold's, 2 blocks from Ocean. Sleeps 6. Swimming pool, washer/drier. (SORRY-- not available during S.O.S.) **Valerie Swiger's** condo is at CANVASBACK -- Contact Beachcomber Realty, 800-334-3798

★ **WINNER - Cool Condo Award**

GOING TO MYRTLE BEACH??

To Attend SOS, YOU NEED THIS:

S.O.S. MEMBERSHIP APPLICATION

Send your Name, Address, Age, Phone # and \$35.00 -- Renewal or New Member

You will receive S.O.S. membership card
Plus subscription to the Carefree Times for the year

Mail to:
SOS, POB 4688, Columbia, SC 29204

Shagger's Crossword Puzzle



Craig Jennings

Beach & Shag D.J.

6140 Riverview Dr.
King George, VA 22485

Member of Association of Beach & Shag Club DJs

E-Mail: cjennings@dalgren.tsc.com

Phone: 540-775-5342



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