



NORTHERN VIRGINIA SHAG CLUB

# Shag Rag

Shagger Newsletter

*Dedicated to the Preservation of the Carolina Shag and Beach Music*

Vol. IV, No. 9

Keep on Shaggin'

September 1997

## From the President - By John Belt

As this year slips by, I reflect on all of our accomplishments -- starting with our **Super Bowl Party** in January, **St. Patrick's Day Dance** in March; **Spring Workshop** with **Sam West** and **Sarah West** as our instructors; our own **Capital Shag Classic** in June; our **Summer Workshop** with **Bill & Brenda Barber**; and our upcoming **Christmas Party**; two **SOS's**; 52 Wednesdays at **Lulu's**; and **Sunday Socials** at **Kilroy's** -- I say "Boy, how do we do it?" The answer is simple: You have a very dedicated group of individuals who love **Beach Music** and the **Shag**, and want to see our club continue to skyrocket.

The time is quickly approaching when you must think of the upcoming year -- new Officers and Board Members must be elected; committee heads must be selected to continue with the events for the upcoming year. We need you to continue to support us and your club.

In closing, I ask myself where else can you find a club that gives you all of the above, along with free dance lessons and a great newsletter, for only \$15 per year?

See you on the floor!



## SOS Fall Migration

Sept. 5-14 in North Myrtle Beach, S.C.

It's that time of year again, Shaggers -- time to head for Fall Migration at North Myrtle Beach, S.C., for ten full days of beach, sun, party, party, and dance, dance -- as long as your feet and legs hold up!

For those of you who have not yet been to S.O.S., it is the best time you could ever imagine. Where else can you find over 5,000 friends (old and new!) dancing, partying and generally having a ball, in one place, at one time -- and all because of a regional dance called the Shag? That's right -- for ten days each spring and fall, shaggers from all over the country flock back to Ocean Drive in North Myrtle Beach to celebrate and perpetuate the **BEST PARTY IN THE COUNTRY -- S.O.S.**

The Association of Carolina Shag Clubs hosts these events by the Society of Stranders (S.O.S.), named after the 35-mile stretch of beach along the South Carolina coast called the Grand Strand. Shag deejays keep the beach music euphoria going from 10 a.m. until *waay* after midnight (*I've heard it goes on until 3 or 4 a.m. each night, but have not yet lasted that long, myself!*).

You will need an S.O.S. pass (cost \$35) to be able to go back and forth between all the clubs and lounges (last year we counted twelve (12) dance floors within a few block radius!). Passes will be sold there in NMB, and it is well worth the cost, believe it! In addition to the dancing, there are several complimentary buffets throughout the week, as a gift from the clubs to the shaggers. And it's all right there at The Beach.

Come join the party at S.O.S. in Myrtle Beach -- Shag Mecca, a dancer's paradise.

News/Info -- please contact:

Editor: Janis Grimes, 703-536-7362

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**Great Shaggin' at the  
SWING FLING**

**Charlie Womble & Jackie McGee**

**Michael Norris & LeAnn Best**

**Norman Aldridge & Leslie Melton**

... by **Janis Grimes**

The 4th Annual Swing Fling Dance Festival produced by **Barry Durand** was held last month at the National Airport Hilton, and shaggers turned out to see the fantastic junior competitors who came all the way up here from North Carolina to dance in the Shag Division. Rounding out the division were **Bill Hopkins & Chris Pax**, and **Dan Shames & Janis Grimes**. Shag workshops and private lessons were taught by **Charlie & Jackie**, and -- no surprise -- they cleared the floor when they danced in the "jam" late on Saturday night.

All of the dancing that weekend was great, swing and shag; some of it was awesome. National Champion **Michael Norris** danced a beautiful combo with **Debbie Ramsey Boz** in the Classic Swing division, and I believe they took first place. There's just something about that shag footwork that makes the dance a joy to watch.

Our Hospitality Room on Friday night at this event was very well attended; in fact, we thought it was the best of the bunch. **Charlie & Jackie** were there, mixing and mingling with people from everywhere, and deejay **Mark Sakowski** played a great selection of R&B beach music out in the hallway. Many thanks to **Valerie, Vesta, Pauline, Betty**, and **Mary Camp** for pulling it all together so quickly with decorations, free pour, and a delicious assortment of snacks.

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**Northern Virginia Shag Club  
On The Web!**

<http://www.sbolnet.com/shag>

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## Happy, Happy Birthday

### September Birthday Babies:

- 1 - Barry Newman
- 1 - Frank Stowell
- 12 - Barry Wingard
- 13 - Betty Abshire
- 15 - Sandra Canjiano
- 20 - Eddie Bunch
- 21 - Audrey Borja
- 21 - Ralph Tedesco
- 23 - Valerie Henson
- 23 - Leonard Shinn
- 26 - B.J. Jones
- 27 - Patricia Parrott

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#### NVSC COMMITTEES and DIRECTORS:

Capital Shag Classic	Charlie Price
Charity	Pauline Easby-Smith
Communications	David Rodgers
Dance	Janis Grimes
Hospitality	Vesta Jones
Membership	Valerie Swiger
Music	Craig Jennings
Newsletter	Janis Grimes
Promotions, Sales	John Belt
Social	Betty Abshire; Joan McKinney

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### RIDE or RIDER NEEDED TO MYRTLE BEACH!!

Want to share the driving to SOS? Call **Jean Jennings** to discuss - 703-573-3249

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## (Psssst! Pass It On!!)

At SOS... NVSC members  
will rendezvous at the Barrel  
(formerly known as the Pad,  
across from the Boulevard Grill)  
at 9 p.m. each night...

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## AUGUST 16th with **BILL & BRENDA BARBER** . . . by Valerie Swiger

On August 16th the Northern Virginia Shag Club hosted three workshops given by **Bill and Brenda Barber**. Shaggers are known for their friendliness, and the Barbbers live up to that reputation. It was a pleasure to have them stay in my home. They came as strangers and left as friends.

Fifty-five people attended the workshops. Everyone learned something, even if they don't realize it. Something **Bill and Brenda** said, or a particular step, or even part of a step, will suddenly come back to you. Practice what you remember, and don't worry about what you forget. Thank you, your attendance made the day a success.

Speaking of successes, that evening 72 people attended our cook-out and dance at the Kenwood Country Club.

The event was made possible by **Foy Camp**, a member of our club and manager of the Kenwood (**THANK YOU ROY!**). Your staff did a wonderful job. The food was delicious, and the dance floor divine. **Larry Jones and Craig Jennings** supplied us with great music, the Barbbers performed a wonderful demo and we helped celebrate the 28th wedding anniversary of **Nancy and Dennis Gehley**.

In the past, the Board has avoided having functions in Maryland, because most of our members are Virginia residents. This party provided our Maryland and D.C. members with an event closer to home, and showed our Virginia residents that Maryland isn't that far away.

Everyone I spoke to agreed that the Kenwood Country Club is a great place to have a party.

## **Shagger Profile--Kathryn Quattrone**

*Nickname:* Kath

*Occupation:* Production Manager

*Birthday:* April 12

*Hometown:* Arlington, VA

*Marital Status:* Divorced

*Self-Portrait:* You got to be kidding!!

*Motto:* There is a difference between being took and knowing you're being took!!

*Dream:* To live on Sunset Beach in N.C.!!

*Inspiration:* Everyone I have met in the last two years

*Favorite Dance Tune:* Too many to mention

*Bad Habit:* (1) Smoking; (2) Then there's all those I don't care to mention

*Hobby:* Dancing, Beginner Golf, Karate, Piano

*Luxury Defined:* To vacation on Sunset Beach in North Carolina

*Drink or Wine:* "MO,"-- white Russian w/coke

*TV Program:* Melrose Place

*Books at bedside:* The Bible

*Last Words:* Can't blame a girl for trying!!

## **New Members in August**

**WELCOME**, new members!! Gloria Acors, Jackie Albano, Debbie Armstrong, Lorraine Busey, Robert Busey, Patricia Cable, Shayne Carstews, Diana Demadalen, Robbin Ebbe, Reid Ellis, Majella Gilbo, Larry Haller, Valerie Henson, Jean Jennings, Brenda Kenney, Julie Lorenzo, Sandra Mizerek, John Price, Ronnie Reid, Steve Rose, Eileen Scott, Leonard Shinn, Edna Skiados, Nadine Stallard, Jerry Swart, Phyliss Swart, Jack Tellado, Mary Lou Tellado

**DIRECTIONS to N. Myrtle Beach --  
the Absolute SHORTEST ROUTE\***  
(\*6 1/2 hrs. drive time Springfield to NMB)

**(You'll be OFF the Interstate -- so GET GAS  
before you're off the main road!)**

95 South to Lumberton, NC

Take Exit 14 (Rt. 74 EAST) -- TURN LEFT at  
end of exit, heading EAST.

Pass Rt. 130; go through Fairmont.

Take "Rt. 41 WEST." (It really goes South,  
but it says "WEST"!!)

At Lake View, take Rt. 9 SOUTH.

Stay on Rt. 9, pass Nichols and Loris,  
to Rt. 17 South

LEFT at light onto Main Street into N. Myrtle  
Beach -- then you're HOME!!

**For Hotel and Condo Info in North Myrtle Beach:**

- Ambassador East, 507 S. Ocean Dr. 803-249-3531
  - Bel-Aire Motel, 102 N. OD 800-342-0078
  - Buccaneer, 401 S. OD 803-249-1466
  - Helms Vista Motel, 300 N. OD 803-249-2521
  - Summer Sea Inn, 109 S. OD 803-249-4411
  - Beachcomber Realty 800-334-3798
  - Coastal Condos 803-280-0005
  - Blockade Runner, 1910 N. OD 803-249-3561
  - Days Inn North, 1321 S. OD 803-272-5131
  - Marion Earl Motel, 1401 S. OD 803-272-5181
  - Ocean Sands, 1525 S. OD 803-272-6101
  - Red Tree Inn, 1415 S. OD 803-272-5353
  - Sands Ocean Front, 74th Ave. N 800-845-6701
  - Seaside Inn, 2301 S. OD 803-272-5166
- = Near Main Street

*(If you can't get a room in NMB, there are plenty  
of places to stay a little further down the beach.)*

**FLASH!! LARRY JONES at SOS**

Club member and popular deejay **Larry Jones** will  
play at the Boulevard Grill on Monday, Sept. 8th,  
from 9 p.m. until closing; and, on Tuesday, Sept. 9th,  
from 5-9 p.m. Plan to come by the Grill to say hey  
and dance to great beach music by one of our own!

**DANCE COMMITTEE NEWS**

... by Janis Grimes

***New Shag Classes at Lulu's!***

YOU WILL NOTICE a few changes in the  
FREE SHAG LESSONS at 7:30 on Wednesday  
nights. **Chris Pax**, NVSC Dance Instruction  
Committee head, has put together a group of the  
club's best dancers to come up with a  
standardized LEVEL ONE class, FREE and open  
to everyone, and an intermediate LEVEL TWO  
class (available to Members Only). Basics are  
emphasized in the Level 1 class, and the Level 2  
class focuses on fundamental steps, technique  
and leadable combinations. Check 'em out --  
*these classes are a lot of fun!*

**PLEASE NOTE:** *Level 2 instruction is  
available FREE to MEMBERS ONLY*

**Shagging Tips**

- Listen to the Beat of the Music, and Step On  
The Beat.
- Shag is danced on a slot in a back-and-forth  
movement, not in a circular movement. Imagine  
that your hand is on a post and you're moving  
toward and away from it.
- Take SMALL STEPS for better control.
- Body movement is basically from the waist  
down, with knees slightly bent. Do not bounce.  
Glide -- as if on skates.



*From the Editor....*

HEY y'all!! It's finally time for SOS!! SEE YOU AT  
THE BEACH.....

THANKS to those of you who have offered to help  
on the newsletter distribution committee. We're in  
pretty good shape for the moment -- and it's  
reassuring to know that there is support from the  
members.

Remember, this is YOUR newsletter. Do you have  
an idea, a suggestion, a thought? Would you like to  
submit an ad, an article, a column, your *Shagger  
Profile*? Just let me know, okay?

*Sue ya Shaggin' .....*

THE BOOGIE WOOGIE NEWS

# Rhythm 'N Beach Top 40

July 12, 1997

Week	Last Week	This Week	Weeks on Chart	Last Week	This Week	TITLE	Artist
11	01	01	21	17	21	SICK & TIRED	THE FLAME
32	02	02	20	19	22	ROCKET 88	Fine Young Cannabals
17	03	03	13	25	23	DRINKIN' WINE SPO-DE-O-DE	FIVE NEVER FOUND A MAN
09	04	04	10	29	24	RACK 'EM UP	Lavelle White
21	07	05	09	27	25	GIVE IT UP	DON'T GET OFF ON ME
13	05	06	05	28	26	YES INDEED	MORSE CODE OF LOVE
08	08	07	18	23	27	ALONE	Men of Distinction
24	09	08	13	24	28	PLEASE MR. POSTMAN	BUILT IT WITH LOVE
24	06	09	03	31	29	HARLEM HIT PARADE	London Beat
11	10	10	11	26	30	ROCK ON	MONKEY AROUND
06	16	11	03	33	31	DANCIN', SHAGGIN' ON THE BLVD.	Delbert McClinton
06	14	12	04	34	32	LISA	WE'RE GONNA BOOGIE
09	11	13	02	39	33	MEMORIES & SOUL-VENIRS	Barbara Carr
10	12	14	40	32	34	MOONGLOW/ CAN. SUNSET/ BEGIN	STAGGER LEE
10	13	15	25	30	35	EBONY EYES	Legends Excello
09	18	16	03	38	36	I DON'T DO DUETS	BOTH DAY & NIGHT
07	21	17	45	36	37	PROMISE OF LOVE	Bebe & Cece W/Inns
04	22	18	11	35	38	YOU NEED A GREAT BIG WOMAN	WHERE Wailin' Walker Band
41	15	19	17	40	39	I WILL ALWAYS LOVE YOU	GIVE IT EVERYTHING
10	20	20	01	*	40	FM ON MY WAY TO ATLANTA	AI Green
							YOU BUG ME BABY
							OH NO NOT MY BABY
							BEEN THERE, DONE THAT
							BABY RUTH
							THE TWO OF US
							WALL TO WALL
							BOB ROBERTS SOCIETY BAND
							LEAVE ME ALONE
							IT WON'T BE THIS WAY

The Rhythm 'N Beach Top 40 is Beach music's only weekly Top 40 countdown as recognized by STAGGER Magazine, the ACSC, Beach & Shag DJ's, retailers and the Top Rhythm & Blues radio stations. This is an abbreviated version of the weekly data.

Everyone is coming to this event!  
We want YOU to be there!

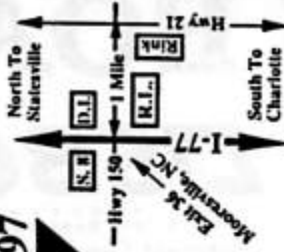
Twister's Shag Club Presents The Legendary

# FALL CYCLONE

November 7-9, 1997  
This Party Is Bigger And Better!



Get your tickets immediately!  
Shag Club Hotline:  
704-892-9044  
892-1483 or 892-1061



You must use these phone numbers and ask for the Fall Cyclone rate when you make your reservations to get our rooms or discounts! Continuous shuttle service Fri. & Sat.  
R.I. Ramada Limited 704-664-6556  
D.L. Days Inn 704-664-6100  
S.B. Super 8 Motel 800-800-8000  
If full, the Best Western (exit 28, 704-896-0660) will have rooms and shuttle service.  
NOTE: Even if you don't stay in our motels, PLEASE park there and ride our fast shuttles!

## THE CYCLONE GIVES YOU MORE FOR LESS!

Party in an old skating rink with all hardwood floor. DJ's: Eddie Anderson, Ron Arcy, Harold Beaver, Summie Davidson, Bobby Fowler & Mike Rink.

- FREE shag workshop taught by pro dancers
- FREE munchies all weekend, and FREE late night coffee and donuts
- FREE "all you can eat" meal on Saturday from 5-7pm
- FREE brunch on Sunday morning from 10:30-noon.

## FREE FOUR CONTINUOUSLY ALL THREE DAYS!

Hours: Fri 8pm-1am, Sat workshop 11:30am-1pm, party till 1am, Sun 10:30am-3:30pm.  
Tickets are only \$35 each while they last. Don't wait. They sell fast!

Print Name(s): \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Primary Shag Club: \_\_\_\_\_ (List only one)  
PLEASE include a self-addressed, stamped envelope. (List only one)  
Twister's Shag Club P.O. Box 2310 Corneliuss, NC 28031

COME PARTY WITH ALL OF YOUR FRIENDS!

# BULLETIN BOARD

## LOOK!

Shaggers Network  
Place your ad here

Business card size; \$5 for one month; \$50 per year  
Contact: Janis Grimes - 703-536-7362

## SBOL

Small Business On-Line  
Internet Services  
<http://www.sbolnet.com>

Vesta Jones  
[vjones@sbolnet.com](mailto:vjones@sbolnet.com)  
301-765-0995

**FOR RENT:** Nice CONDO in North Myrtle Beach: 2 BR, 2 Baths, 4 blocks from Fat Harold's, 2 blocks from Ocean. Sleeps 6. Swimming pool, washer/drier. (SORRY-- not available during S.O.S.) **Valerie Swiger's** condo is at CANVASBACK -- Contact Beachcomber Realty, 800-334-3798

★ **WINNER - Cool Condo Award**

## GOING TO MYRTLE BEACH??

To Attend SOS, YOU NEED THIS:

### S.O.S. MEMBERSHIP APPLICATION

Send your Name, Address, Age, Phone # and \$35.00 -- Renewal or New Member

You will receive S.O.S. membership card  
Plus subscription to the Carefree Times for the year

Mail to:  
SOS, POB 4688, Columbia, SC 29204

Shagger's Crossword Puzzle



Craig Jennings

Beach & Shag D.J.

6140 Riverview Dr.  
King George, VA 22485

Member of Association of Beach & Shag Club DJs

E-Mail: [cjennings@dalgren.tsc.com](mailto:cjennings@dalgren.tsc.com)

Phone: 540-775-5342



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