



# SHAG RAG

Shagger Newsletter



*Dedicated to the Preservation of the Carolina Shag and Beach Music*

Vol. III, No. 11

*Keep on Shaggin'*

November 1996

## From the President - By Charlie Price

As I sit down to write this, I have just returned from the Virginia Beach Bash. As most of you probably know, VA Beach has won the Association of Carolina Shag Club's Shell Award for the "best" weekend party for the past two years, and it is well deserved! While the VA Beach Bash was superb as usual, in my humble opinion, and although we may not have had the numbers -- VA Beach sells 750 tickets -- our First Annual Capitol Shag Classic held this past June was, in all respects, every bit as good as, and in some respects better than, this multiple award winner! So carve these dates of your Club's Second Annual Capitol Shag Classic -- June 27-29, 1997 -- in a place where you won't forget them. Tickets will be limited, so when our ads break in January, get in there and get 'em while they're hot! I don't want to have to be the one to tell you, "I told you so!"

I also want to thank all of our members who helped our Club host the Saturday afternoon "free pour" at the VA Beach Bash. We had an absolute ball, and reinforced the strong bond between both of our Clubs. Given the growth of our club, many of you may not be aware that the VA Beach Shag Club sponsored our application for membership in the ACSC, and Fran Harris and Peter Jones came all the way up from the Beach to teach at our very first Shag Workshop!

Included with this newsletter you will find a ballot for the election of your club officers and directors at-large for the coming year. The election will be held at Deja Vu at 8 p.m. on Wednesday, November 20th. Please check your membership status, only the votes of members who are in good standing as of November 20th will be counted.

If, for any reason, you cannot be at Deja Vu on the 20th, you can mail your ballot to P.O. Box 5522, McLean, VA 22103. Please note, if you mail your ballot, it will be counted only if it is signed and postmarked no later than November 15, 1996. Votes cast in person at Deja Vu need not be signed.

To help you get to know them, every Wednesday between now and November 20, we will be introducing candidates at Deja Vu immediately after the dance lesson.

**KEEP ON SHAGGIN' AND SEE YOU AT DEJA VU!**

## We're Havin' a Party ..... *HOLIDAY PARTY*

It's getting to be party planning time again, folks, so make plans now to attend our Holiday Party on **Saturday, December 7th, from 6 p.m. - midnight.**

Again it will be held at the VFW Hall in McLean, Virginia, and the food will be fabulous. We know it will be wonderful, because we have great cooks in this club who will be bringing their favorite dishes to share with everyone. To sign up to bring a covered dish, **CALL Valerie Swiger at 703-281-9193. Please Do It Now!!**

There will be a **FREE SHAG WORKSHOP** at 7:00 with National Competitors **Larry & Shirley Jones** from the Richmond Shag Club!!

Our Charity this year is Toys for Tots, and there will be a big box at the door. Please remember to bring a toy for an underprivileged child.

**COST:** \$15 per person (in advance)  
\$20 at the door  
**DATE:** Saturday, December 7th  
**TIME:** 6 p.m. - midnight  
**PLACE:** McLean VFW  
Old Dominion & Springhill Rd.  
**MUSIC:** Craig Jennings and Larry Jones  
**BRING:** Fancy Covered Dish - Call Valerie!  
**BYOB:** Beer and Set-ups provided at bar \$1.00

### NVSC Officers and Board Members

President	Charlie Price	703-790-0783
Vice Pres.	John Belt	800-374-4434, code 22754
Treasurer	Bill Hopkins	410-730-2714
Secretary	Valerie Swiger	703-281-9193
Board Mem.	Janis Grimes	703-536-7362
Board Mem.	Rick Hendrix	703-425-0006
Board Mem.	Patricia Parrott	703-435-8906
Board Mem.	Chris Pax	301-972-0642
Board Mem.	Fred Whitman	301-816-2941

News/Info -- please contact:  
Editor: Janis Grimes, 703-536-7362

**Don't Be Left Out!!**

## NVSC COOKBOOK

*Club members are responding to the Cookbook Idea! Recipes are finding their way to the Editor's desk. . . SEND IN your favorite recipes NOW!*

**We need to raise money for our club!**

**Idea:** A collection of the favorite recipes of NVSC members -- and out of town shaggers, too, if we can get 'em! The money we raise will be used to increase the NVSC Treasury.

**Think of it!** We have some *good cooks* in this club, as we have seen at our covered dish parties. **Come on, Guys -- and Gals -- send in your favorite recipes and we'll do the rest.** (Of course, we'll list your name with your recipe, so you'll be properly credited for your culinary masterpiece.)

**Cost:** We'll compile a nice, handy volume, which will be available for a *pittance* -- a few dollars, (@ \$5). You could buy several to use as gifts for the Holidays!

**Need:** Your favorite recipe (or two) -- ASAP!

**Please Submit:** To Janis Grimes, c/o this newsletter.  
**Please Hurry -- Do it Now!!**

**THANKS** -- to the person who brought that bundle of SOS Carefree Times back from Myrtle Beach and put it on the table!!! Now maybe we'll have enough for the new people until the next SOS!

**DONATIONS  
NEEDED!!  
DOOR PRIZES**

for our

**Holiday Party**

Contact Bill Hopkins or Janis Grimes

## FOR SHAGGERS ONLY...

*Dear Readers: Do you have shag questions or problems that you need help in resolving? Gabby (Shagmaster's alter ego and "better half") will give you the help you need. Call or write to Gabby, c/o the Editor.*

**Dear Gabby:**

Sometimes when I'm dancing, I see my partner's expression change -- she looks anxious, rather like a deer caught in headlights -- but I don't know what she's thinking. Does she look like this because she's unhappy with *my* dancing; or, is she unhappy with her *own* dancing? What can I do to make the dance less tense? **Tension Breaker**

**Dear Breaker:**

*Sounds like she's intimidated; you're scaring her with all that coolness! Just enjoy the dancing -- that's the main thing -- and she will, too.*

**Dear Gabby:**

There's a lady at the shag club who's as pretty as can be, and who dances with me when I ask! The trouble is she's so pretty that when we're dancing the blood pounds in my ears so hard I can't hear the beat anymore. What should I do?--**Can't Keep the Beat**

**Dear Beat:**

*Place an ice cube in each ear..... see if that helps.*

**Dear Gabby:**

Can you do the Macarena? **Line Dancer**

**Dear Dancer:**

*Are you kidding? I can Maca with the best of 'em. Now, let's talk about movin' those feet!!*

**Got a question? Call or write to Gabby, c/o the Editor.**

## DICKIE GEE

### Best Wishes for a Speedy Recovery

Dickie Gee called me a couple of weeks ago, to say thanks for his newsletter, and would I mind mailing it to him for a while. When I asked how he's doing, he said not so good.... He has been diagnosed with a brain aneurysm, and is soon scheduled to undergo surgery to correct it.

Dickie will be recuperating in Norfolk for a few weeks, and then plans to cut back his work schedule, so he will be able to join us again on Wednesday nights.

We wish you a full and speedy recovery, Dickie, and hope to have you with us again soon.

..:.. ♪ ♪ ♪ ..:.. ..:.. ♪ ♪ ♪ ♪  
**SHAGGERS KICK w/ STYLE**

at

**VA STATE OPEN  
DANCE CHAMPIONSHIPS**  
*Congratulations Shaggers!!!*

The Virginia State Open Swing Dance Championships were held at the Tyson's Westpark Hotel the weekend of October 4-5-6. Competitions were held in six different styles of swing, including West Coast Swing, Lindy Hop, Jitterbug, D.C. Hand Dance, Hustle, and Carolina Shag. Shaggers again wowed the crowd and the judges, with **Chris Pax & Bill Hopkins** winning the coveted Rising Star Award (this is \$\$money, folks!). **Chris & Bill** are currently competing on the CSA (Shag) circuit, and are wonderful representatives of our Club.

**Dan Shames & Janis Grimes** won First Place in the Amateur Classic Carolina Shag Division with a cool flurry of fancy footwork.

**Karen Garmon & Billy White** of Virginia Beach took First Place in the Open Classic Carolina Shag Division with a wonderful performance, closely followed by smooth smoothies **Sid & Linda Trawderman** of Richmond.

Shag demonstrations by **Michael Norris**, dancing with his mother (he is the current National Junior Champion and Best Over-All National Shag Champion); and **Susie Beaver & Calvin Wade** dazzled the crowd, leaving shaggers delighted with the warm and enthusiastic reception of our dance.

Workshops and private lessons were offered during the weekend, and if you missed it ... you *really* missed it.

Thanks to everyone who showed their support by participating and attending!!

**FOR RENT:** Nice CONDO in North Myrtle Beach: 2 BR, 2 Baths, 4 blocks from Fat Harold's, 2 blocks from Ocean. Sleeps 6. Swimming pool, washer/drier. (SORRY-- not available during S.O.S.!) CANVASBACK -- Contact Beachcomber Realty, 800-334-3798



**WINNER -- Cool Condo Award**

## Shagger Profile -- Rick Hendrix

*Birthday:* March 3rd

*Hometown:* High Point, North Carolina

*Marital Status:* Married

*Self Portrait:* Mr. Manly

*Motto:* Too much ain't enough

*Dream:* Grandchildren to be happy, healthy and wise

*Favorite Dance Tune:* Annie's Got A Sister

*Hobby::* Harleys; Exotic Birds; and Tattoos

*Luxury Defined:* Knees in the breeze . . .

*Drink or Wine:* Budweiser, Crown Royal, Wild Turkey

*Books at Bedside:* Southwest Indian Jewelry

*Last Words:* "Whatever she says....."

\*\*\*

## Shaggers on Cable TV!

Below is a list of the channels that will air the shag club dance video on Pinky O'Neill's show, "Dancing Around." Airing begins in November.

Fairfax Cable, Ch. 10: Mondays, 10 p.m.,  
Wednesdays, 12 noon; Fridays, 9 a.m.  
Alexandria Cable, Ch. 10.  
Jones Communications, Reston, Ch. 8.  
Montgomery Cable, MD., Ch. 23 and 49.  
Prince George's County Cable.

## Best Wishes to Bob Benoit for a Speedy Recovery!!

A slight stroke has left Bob feeling a little weak, but still he was with us at Deja Vu three days later, all smiles and mobile with the help of a walker. Bob expects to recover fully within the next few weeks, thank goodness. Best wishes for your full recovery soon, Bob!

## Make a Young Child Smile . . . by Patricia Parrott

Do you want to make a young child smile? Do you want to experience the true Spirit of Christmas gift-giving? Do you want to share the wealth and the joy that the Holidays bring?

While you're out there doing your Christmas shopping, BUY AN EXTRA GIFT FOR A NEEDY CHILD. Don't wrap it. Just bring it to Deja Vu any Wednesday night during the month of November, or bring it to our Christmas Party on December 7th. Give it to a Club Member to bring in, or call one of us to pick it up. Out-of-townners can mail it in. Gifts will also be accepted from friends, guests, and dancers of all styles.

The gifts will go to needy children in Alexandria through an organization called "Ho, Ho, Ho," and to needy children of Fairfax through the Salvation Army. Girl or boy, ages 0-14. A fun toy, an educational toy, a piece of clothing, doll or stuffed animal will do. No used toys, guns, or other toys of violence accepted. The deadline is December 12.

A great big "Thank You" right now, in advance, from the Charity Committee: **Pat Parrott, Trelle Shaw, Donna Liebowitz and Janis Grimes.**

### The Bones of Every Organization

There are Four Main Bones  
in every organization . . .

#### The Wish Bone

Those wishing that someone would do something about the problem

#### The Jaw Bone

Those Doing all of the Talking  
but Very Little Else

#### The Knuckle Bone

Those Who Knock Everything

#### The Back Bone

Those who Carry the Brunt of the Load  
and Do Most of the Work

(Which Bone Are You??)

## New Members in Oct.

WELCOME, new members!! Audrey Borja, Mary Bower, Gayle Brock, Margie Bryce, Kathleen Clark, Beth Endres, Bill Higgins, Norma Jones, and Carol McAlee

\*\*\*

## Happy, Happy Birthday November Birthday Babes:

- 3 - Ray Hammill
- 5 - Bill Hopkins
- 8 - Walt King
- 8 - Valerie Swiger
- 10 - Janet Lahr
- 11 - Craig Hutchinson
- 12 - Carl Montoya
- 13 - Dana Doran
- 13 - John "Catfish" Kelly
- 13 - Eddie Magin
- 14 - Donna Nicholson
- 15 - Debra Williams
- 16 - Dennis Gehley
- 16 - Connie Reid
- 19 - Rocky Isaac
- 20 - Carol McAlee
- 21 - Steve Adams
- 21 - Eddy Farmer
- 21 - Larry Roach
- 24 - Mimi Glaes
- 24 - Harvey Niblack
- 26 - Willie Caplan
- 27 - Chris Meyer
- 28 - Betty Harrington
- 29 - Steve Stein
- 30 - Luci Hutton
- 30 - Bonnie Niblack

## FREE FOR MEMBERS ONLY Instructional Shag Videos

Instructional Shag videos by **Charlie & Jackie; Sonny & Judy Carver; and Sy Creed & Dana Brown** are available ON LOAN to members only wanting to brush up on their Shag steps. The Club will loan you a video **for one week, FREE OF CHARGE**. A refundable \$10 deposit permits you to view the tape for one week. A small charge of \$5 for each additional week is required.

See **Larry Camp** - he's available at Deja Vu on Wednesday nights, or call him at 703-823-0282.

# BULLETIN BOARD

## LOOK

### !

Shaggers Network

Place your ad here

Business card size  
\$5 for one month  
\$50 per year

Contact: Bill Hopkins  
410-730-2714

The Source  
for  
Exotic Birds

## AIRBORNE AVIARIES

**Rick Hendrix**

(703) 425-1193  
FAX (703) 425-0006  
Burke, Virginia 22015  
& North Carolina



Readybush



## NOTICE! Members Only!! NVSC Shag Video Library

Instructional Shag videos are now available ON LOAN to members only wanting to brush up on their Shag steps. The Club will loan you a video for one week, FREE OF CHARGE. A refundable \$10 deposit permits you to view the tape for one week. A small charge of \$5 for each additional week is required.

See LARRY CAMP - he's available at Deja Vu on Wednesday nights, or call him at 703-823-0282.

## GOING TO MYRTLE BEACH??

To Attend SOS, YOU NEED THIS:  
S.O.S. MEMBERSHIP APPLICATION

Send your Name, Address, Age, Phone # and  
\$35.00 -- Renewal or New Member

You will receive S.O.S. membership card  
Plus subscription to the Carefree Times for the year

Mail to:  
SOS, POB 4688, Columbia, SC 29204

**CHARLES A. PRICE**  
ATTORNEY AT LAW

SPECIALIZING IN DIVORCE, TRAFFIC, CRIMINAL  
AND CIVIL TRIALS, PERSONAL INJURY

SPECIAL RATES FOR MEMBERS

7010 LITTLE RIVER TURNPIKE, #240  
ANNANDALE, VA 22003  
(703) 354-1052

**WILLIAM E. HOPKINS, PH.D.**  
LICENSED PSYCHOLOGIST

410-730-2714

## GEORGE MASON MORTGAGE CORPORATION

A Subsidiary of George Mason Bank

275 Killarney Drive • Lakepoint One • Suite 105 • Woodbridge, VA 22192

Refinance

Office: (703) 680-3998  
Fax: (703) 680-5917

**Betty Abshire**

Senior Mortgage Loan Officer

Purchase

Pages: (703) 335-3859  
Toll Free: 1(800) 680-3008  
Fredericksburg Pages: (703) 372-2569



Craig Jennings  
Beach & Shag D.J.

6140 Riverview Dr.  
King George, VA 22485

Member of Association of Beach & Shag Club DJs

E-Mail: [cjennings@dalgren.tsc.com](mailto:cjennings@dalgren.tsc.com)

Phone: 540-775-5342



**Libby Hendrix**  
10515 Reeds Landing Cir.  
Burke, VA 22015  
703-425-0006 HM



## Lix's Treasures

# BULLETIN BOARD

## FREE COMPLIMENTARY

3-Day/2-Night

Vacation Accommodations

## **FIRST CLASS TRAVEL**

(5-STAR TRAVELER Distributor)

### DISCOUNTS

- \*Up to 65% at hotels, motels, condos & resorts world-wide
- \*Up to 50% on cruises
- \*Up to 50% on golfing green fees at 2,000 facilities
- \*Up to 25% on car rentals
- \*Up to 5% rebates on airline tickets through Five Star Traveler

For More Information Without Obligation, Other Special Offers and Items  
CALL BOB BENOIT 703/751-5224

## ROMANTIC GETAWAY

On the  
Shenandoah  
River



1 hour from  
Baltimore  
and DC

Quaint A-Frame on the Shenandoah River near Charles Town, WV

Visit Harpers Ferry and Martinsburg

Canoe and fishing poles included

Weekend or weekly rental available

Call for reservations (304) 728-2130

### FEEL BETTER. LOOK BETTER and HAVE MORE ENERGY

(New Vision International Distributor  
of Vitamin & Mineral Supplements)

For More Information Without Obligation  
CALL BOB BENOIT 703/751-5224

## DYNAMIC PRODUCTS

309 Yoakum Pkwy, Suite 1102

Alexandria, VA 22304

703/751-5224 FAX 703/823-0336

## \$\$\$ SAVE \$\$\$

BUY 5 - 50 % below retail on name-brand products (Includes warranties). Purchases are drop-shipped to any specified street address.

### SAVE TIME!!!!

By shopping from you own home or a friend's, wherever Internet access is available. No need to drive to a mall; try to find a parking place or fight the crowds.

### HOW

Use <http://www.wimall.com/benoit> on Internet to shop at the Wealth International Mall. Tell all your friends about the above address. Thank you for your purchases - Dynamic Products (Bob Benoit, President).

