



Northern Virginia Shag Club, Inc.

# SHAG RAG

## Shag Dancer Newsletter



Vol. I, No. 2

*Keep on Shaggin'*

April 1994

### From the President - By Dee Bassett

Dear Members:

Can You Stand It! (That's one of my favorite shag tunes!)

We're moving along with our plans to get membership cards, tee shirts, etc., now that we have selected a logo. Congratulations and a "Large" Thank You to Rick Hendrix for his design.

Let me know of other ideas you may have in the way of promoting our Club. We will soon be having our first workshop done by Fran Harris and Peter Jones from the Va. Beach Shag Club. Don't miss it (details included). Something for everyone!!

We'll follow them back to the Beach for their Sunday Social, April 10th. April 21-24 we'll be heading to Myrtle Beach for "Spring Break." Oh, What a Thrill (oops, maybe that's my favorite shag tune!)

Wednesdays are a must! Don't miss them. Debbie is doing a great job teaching Basic, Intermediate and Line dancing. Join Us Wednesday Night.

I'm Gone!! (Yep! That's my favorite shag tune!)

\*\*\*

### Treasurer's Report - by Dave Rapson

We have three new members -- Joanne Bothwell; James Taylor; and Anthony Luvara, which brings our total membership to 34 paid members, with a total of \$429.34 in the Treasury.

So far, we've paid for the buttons and newsletter postage. Do you have YOUR button?

\*\*\*



### And the Winner Is . . .

We have a LOGO!! Congratulations to RICK and LIBBY HENDRIX for this great logo, which we voted on at the last Wednesday Shag Night in March. They win the Grand Prize -- \$25!

We also voted on whether to move to Deja Vu in Springfield, or stay at the Juke Box Cafe for now. Looks like we'll be STAYING AT THE JUKE BOX!

\*\*\*

## FLASH!!!

**S.O.S. GOES TO TEN-DAY FORMAT!!  
Spring Safari to begin April 15th  
Fall Migration to begin Sept. 9th**

According to the S.O.S. Carefree Times Winter Newsletter, the 1994 Spring Safari in Myrtle Beach has been extended to ten full days, beginning April 15th through 24th!

Don't miss this opportunity to enjoy the beach, strand, music and shagging with old and new friends!

Send now for your S.O.S. membership/admission card. (Application enclosed.)

\*\*\*



## Did You Know . . .

. . . that Carolina Shag originated 50 (!) years ago? Yes, Shaggers, it was in the late 1930's that teenagers partying at night along the seven-mile stretch of beach on the coast of South Carolina, known as the Strand, danced "fast dancing" to the outdoor jukeboxes there. It was called "fast dancing," but was really a slowed-down, smooth version of the jitterbug, and was danced to rhythm and blues "beach music." It is now known as Carolina Shag.

\*\*\*

## Carolina Shag Lessons

Learn North Carolina and Myrtle Beach Shag, and the latest line dances from Debbie Nichols!

Free lessons every Wednesday, 8-9 p.m., at the Juke Box Cafe, Backlick Rd., Springfield, VA. Dance to beach music and join the fun!

\*\*\*

## National Press Club Party

Many thanks to Ken Tyler and the North Carolina State Society for providing a fantastic evening of dancing to the music of the fabulous Catalinas! This Carolina Beach Music Band is known for such favorites as "Summertime's Calling Me" and many others.

The event was held at the National Press Club in Washington, D.C. on Friday, March 18. Northern Virginia Shag Club members made a very favorable impression on the dance floor, executing newly learned and well practiced shag steps! Two of our group, Debbie Nichols and Michael Getsey, even performed individually in the spotlight during the Catalinas Music Revue Show (they may be leaving us and going on tour!).

In addition to having a wonderful time, we increased awareness of our Club to a great group of people and hopefully will be able to increase our membership as well.

\*\*\*

## Magic Maydays Weekend

The Boogie on the Bay Shag Club of Portsmouth, Virginia, is hosting their "Magic Maydays" weekend May 13-15, in Chesapeake, Virginia.

This is the Shag Club to which KEITH ABERNATHY belongs. (Remember how much he did for us last summer, when we were a fledgling group, to teach us all shag steps and help create enthusiasm within our Club?) Keith is a Charter Member of our Club, and visits us whenever he has the chance to be here. A recent letter from him to the Club is enclosed.

We understand that the Portsmouth members are wonderful and would welcome our attendance at their second annual event. Plus, it is only a short drive -- about 2 1/2 hours from Northern VA. Details are enclosed, so make plans now!



## Shagger Profile -- Delores "Dee" Bassett

*Occupation:* Director, Home for Adults

*Birthday:* February 6th - Aquarius

*Hometown:* Arlington, VA

*Marital Status:* Single

*Self-Portrait:* Marathon Shagger

*Motto:* Don't Stop Now, the Best is Yet to Come

*Dream:* Meet a Male Marathon Shagger

*Inspiration:* Kind people

*Bad habit:* None

*Hobby:* Dancing; Golf

*Drink or wine:* Fuzzy Navels

*Last words:* I have to have them

Thank You!!



Many thanks to Tom Lufkin for all his HELP on copies and distribution of the newsletter! It would not be here without all of his efforts.

\*\*\*

Happy Birthday!



April 25 - Ellen Werther  
March 9th - Howard Christie - Belated HB!

\*\*\*

Shag Workshop



On Saturday, April 9th, we are really fortunate to welcome from the Virginia Beach Shag Club FRAN HARRIS and PETER JONES, who will teach a workshop to be held at Hallmark Towers in Alexandria. The cost is ONLY \$10 per person, so DON'T MISS THIS opportunity to brush up on your shag steps, learn something new, and have some fun!!! Details enclosed.

\*\*\*

**BEGINNING/INTERMEDIATE  
CAROLINA SHAG  
WORKSHOP 7:30 PM  
with  
CRAIG HUTCHINSON**

6000 SQUARE FEET  
HARD WOOD  
DANCE FLOOR  
and  
FREE DRINKS

ADMISSION	WORKSHOP	DANCE
PSDC Member	Free	\$10
Non-Member	\$3	\$12
1993 Annual PSDC Membership \$5.		
Volunteer for one hour for free admission!		

**SATURDAY  
30 APRIL 94**

**DIRECTIONS:**

- 495 To exit 33A, Connecticut Ave. North
- Turn Right onto Knowles Ave.
- Turn Right onto Armory Ave.

**PARKING:** See Map

**Charlie and Jackie Tapes**

For those of you who are interested, a form for ordering instructional videotapes from Charlie and Jackie is included in this newsletter.

\*\*\*



**From the Editor**

Would you like to write an article or, better yet, a column? Call or send photos, info, and news of upcoming Shag Events to Janis Grimes. Remember, this is YOUR Newsletter!

\*\*\*

**Lost and Found**

MISSING: "Basics Plus" Carolina Shag with Charlie and Jackie VHS tape - Please contact Libby at 703-425-0006.

\*\*\*

**JITTERBUG,  
SHAG, and  
SWING**

**8:30 PM TO MIDNIGHT**

**KENSINGTON ARMORY  
3710 Mitchell St  
Kensington, MD**



Boogie On The Bay

Shag Club

Portsmouth, Va.



Presents Their Second Annual

# MAGIC MAYDAYS

Come join your friends, meet new ones and dance  
the weekend away

Plenty of good food, good friends, good music  
and dance, dance, dance.

**May 13, 14, 15, 1994**

Association DJ's Joanne Johnson, Dave Roby,  
Norman Mills and our own Don Ruth  
*Guest Dance Instructors*

**Door Prizes  
Raffles  
50/50**

## Chesapeake Holiday Inn

725 Woodlake Drive, Chesapeake, VA 23320

RESERVATIONS: (804) 523-1500

**REQUEST BOOGIE ON THE BAY RATE**

All rooms \$55.00 regardless of # of persons

Registration \$40.00 (\$45.00 After April 29)

*space is limited and no one day passes*



For additional information, call 488-9327 or 397-8594

**Registration: BOTB, P.O. Box 3291, Portsmouth, VA 23701-0291**

Name \_\_\_\_\_ Phone \_\_\_\_\_ Club \_\_\_\_\_

Address \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_ Club \_\_\_\_\_

Address \_\_\_\_\_

**Club Banners  
Welcome**

**Park N Party**

**Hospitality Room  
Late Nite Snacks**

23 March 1994

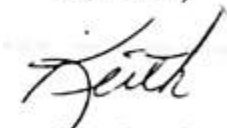
Greetings Janis,

Congratulations to you and all of the Northern Virginia Shag Club on the recent publication of the inaugural edition of "Shag Rag". I read with great interest and pride all of the articles and was so excited over the obvious reflection of a growing membership of interested and enthusiastic shaggers. The fact that I didn't recognize some of the names made me happy knowing there were new members. But of course the familiar names brought back fond memories of the times I shared with many of you. I am enclosing my renewal dues and intend to remain a proud charter member of our growing club. I will continue to be in the D.C. area periodically on business and hope to visit whenever possible.

I also hope to see many of you at other shag functions. I will be attending "Spring Break" sponsored by the Outer Banks Shag Club on March 25, 26, & 27. In addition I would like to extend a personal invitation to all of the members to attend the upcoming "MAGIC MAYDAYS" sponsored by my home club, Boogie on the Bay Shag Club of Portsmouth, Virginia. It will be held May 13, 14 & 15 at the Chesapeake Holiday Inn in Chesapeake, VA. Complete information and flyers can be obtained from Donna Harrington.

Again, congratulations on the growth and success with the club. The hard work, long hours, perseverance, and dedication to her ultimate goal of an active shag club is now bearing fruit for Dee Bassett. Please thank her for staying in touch with me. Rick Hendrix is one of the best shaggers I have ever seen, and Debbie Nichols is one of the best instructors ( I speak from experience). With people like this, how can you not succeed? My regards to all..... and KEEP ON SHAGGIN'!

As ever,

  
Keith Abernathy

# The Virginia Beach Shag Club 1994 Beach Bash!

## Schedule of Festivities (BE PREPARED TO PARTY!!)

- Thursday:** Jump Start Party at the Cavalier (Main Ballroom)
- Friday:** A.M. Mixed Golf Tournament (Entry Fee to be announced)  
Hospitality Room with FREE Food & Drinks  
Dance to our DJ's on our 3000 Sq. Ft. DANCE FLOOR  
SHAGAWEEN Costume Party - Prizes for best costumes
- Saturday:** A.M. Free Pour/Continental Breakfast  
MORE DANCING!!  
FREE Buffet Lunch  
STILL MORE DANCING  
Full FREE Buffet Dinner  
(Menu includes Marinated London Broil, Coconut  
Chicken Caribbean Style and Seafood Casserole)  
SHAG 'TIL YOU DRAG!
- Sunday:** Full FREE Buffet Breakfast in beautiful ORION'S ROOF  
overlooking the beach  
Use up the Booze Free Pour  
Dance 'til 2 p.m. with your LAST OUNCE OF STRENGTH

October 28, 29, and 30

Cavalier Hotel on the Beach

Entire Hotel Reserved for the BASH!

### Special Guest DJs

- Walter Upchurch  
New Ellenton, S.C.
- Ron Arey  
Salisbury, N.C.

plus VBSC's own Great DJ's

### Guest Dance Instructors

- Gail & Ernie Holmes  
Rocky Mount, N.C.

Tickets are \$45 through September 15, and \$55 after the 15th. ONLY 700 TICKETS WILL BE SOLD,  
SO MAIL IN YOUR REQUESTS EARLY!! No single day or night passes will be sold. No refunds will be given.

For Hotel Reservations, call the Cavalier at 1-800-446-8199 or (804) 425-8555

Room Rates: \$50 per room ocean view (1 or 2 persons per room)  
\$60 per room ocean view (3 or 4 persons per room)  
\$15 per night additional for ocean front.

For further information contact:  
Betty Carder (804/481-4809)  
Pete or Lynda Aldridge (804/490-8105)

If you are interested in the Friday a.m. Golf Tournament, please contact  
Butch Claus at (804) 468-5913

## TICKET REQUEST

Please fill out a separate request for each attendee. The check may be for more than one attendee. PLEASE PRINT.

Name (last, first) \_\_\_\_\_  
 Address \_\_\_\_\_ Apt.# \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Name of your Shag Club \_\_\_\_\_  
 Do you hold an office?  Yes  No If yes, which office? \_\_\_\_\_

Make checks payable to VBSC, and mail to: VBSC, PO Box 3098, Virginia Beach, Va 23454  
Please include a self-addressed, stamped envelope to receive your ticket to the Bash.

ALL REQUESTS MUST BE MAILED

A decorative border of musical notes, including eighth, quarter, and sixteenth notes, surrounds the text.

# WORKSHOP

Northern Virginia Shag Club

WELCOMES FROM THE  
VIRGINIA BEACH SHAG CLUB

FRAN HARRIS  
AND  
PETER JONES

Saturday, April 9, 1994

10 a.m.-3 p.m.

\$10 per person

Beginning, Intermediate and Male Leads

Hallmark Towers  
Hallmark Party Room  
200 N. Pickett Street  
Alexandria, VA 22304

Sign up with  
Donna Harrington - 356-6035  
or  
Larry Camp (823-0282-hm; 620-4880 wk)

Checks payable at Door to Dave Rapson, Treasurer

THE CAROLINA SHAG with CHARLIE & JACKIE

9-TIME NATIONAL SHAG CHAMPIONS  
SHAG COUPLE OF THE DECADE  
MEMBERS OF THE SHAGGERS HALL OF FAME



All of the Shag Basics plus mirror patterns, together steps, male lead & championship dances are offered on the following videos:

**BASICS PLUS**

- |                              |                                  |
|------------------------------|----------------------------------|
| Basic                        | Breakaway                        |
| Crossover Basic              | Belly Roll                       |
| Female Under Arm Turn        | Kickback with Lean               |
| Female Double Under Arm Turn | Double Kickback                  |
| Male Under Arm Turn          | Triple Basic                     |
| Male Double Under Arm Turn   | Triple Basic with Female Turning |
| Side Pass                    | Boogie Walk                      |
| Start                        | Side Boogie Walk                 |
| Pivot                        | Funky Applejack                  |

**MIRROR PATTERNS & MALE LEAD (TAPE 1)**

Mirror Patterns

- Pause Walk-up
- Arch
- Side Step
- Tuck
- Barrel
- Ducks

Male Leads

- Pause Walk-up with Boogie Walk
- Arch with Male Turn
- Backwalk with Pivot
- Side Spread
- Side Spread with Boogie Walk
- Arm up Pivot

**BEST OF CHARLIE & JACKIE**

60 Minutes of Championship Dances and Personal Interviews

**TO ORDER** Please make check or Money Order payable to:  
CHARLIE & JACKIE 1206 DUNWOODY WALK, DUNWOODY, GA 30338

Name _____	BASICS PLUS	24.95 _____
Street _____	TAPE 1	24.95 _____
Apt No. _____	BEST OF...	19.95 _____
City _____	ALL THREE TAPES	65.00 _____
State _____ Zip _____	Shipping and Handling	_____
Phone (____) _____	\$3.00 for first tape PLUS	_____
	\$1.00 for each additional tape	_____
	Georgia Residents add 5%	_____
	Sales Tax	_____
	<b>TOTAL</b>	_____



