

QUICK REFERENCE

Video links and full written instructions are available at nvshag.org under Shag Dance, Line Dances and through various links in the body of the Home page.

The Capital Classic Line Dance

Music: In the Room Next to the Room / Charles Wilson

Sailor Steps (4x)
Kick Ball Change (2x)
Walk ups or Prissy Steps – 4 steps forward
Basic with Boogie walk (2x) (*Up-Up-Back, Back-Together-Kick & Boogie Boogie*)
Pivot 4 count (*step turn step turn*)
Grapevine 4 count one direction then 4 count other direction
Pivot 4 count
Step, Step
Cha Cha Cha – Cross, Rock, cha cha cha, Cross, ¼ Turn, cha cha cha (2x)

Tush Push

Music: Last Night / Chris Anderson

Sailor steps (4x) (start w/Right behind)
Kicks / Brushes 3x & Hitch or Tap RLRR
Hip Bumps (2 doubles, 4 singles)
Cha Cha Cha Rock Replace (forward) RLR LR
Cha Cha Cha Rock Replace (back) LRL RL
Cha Cha Cha, step (forward) w/½ turn to R
Cha Cha Cha, step (forward) w/½ turn to L
¼ turn to L, step together

Uptown Funky

Music: Uptown Funk / Mark Ronson (feat. Bruno Mars)

Touch out R, In, step side, slide
Touch out L, In, step side, slide
Shuffle forward - RLR w/¼ turn to left
Shuffle forward - LRL
Box step (out, out, in, *Touch*) – RLRL
Vine step Left, R behind L, side L – LRL
step R in Front of L – R
4 count slow rotation (*unwind to left ending with weight on R*)
Rock back L, Recover R, Stomp L, Stomp R
Hip Bumps (x4) (*mix it up! – taught as 2R 2L, but could alternate RLRL or hip rolls. Make it yours!*)

El Paso

Music: Neon Moon / Brooks & Dunn

Right Heel, Cross - RR
Cha Cha Cha forward, Rock Step – RLR LR
Cha Cha Cha back, Rock Step – LRL RL
Cha Cha Cha forward - RLR
Step w/½ turn Cha Cha Cha – LR LRL
Step R w/¼ turn to left – R
Sways / Side Rocks – LR
¼ turn to L on L – L
Shuffle forward (x4) – RLR LRL RLR LRL